

The background features a large, vibrant red oval shape on the right side, partially overlapping a dark grey, curved, crescent-like shape on the left. The entire composition is set against a white background with faint, light grey concentric circles and dashed lines, creating a sense of depth and movement.

ECISD Mental Health Report

Recommendations

Programs

Outcomes

Recommendations

School Health Advisory Council

SHAC

2013-14 SHAC Board Recommendations

Suicide Prevention

- Nancy Vanley updated the council on ECISD's Suicide Prevention measures. Beginning in 2013-2014, all ECISD personnel were given suicide awareness training through the Safe Schools online program.

2014-15 SHAC Board Recommendations

Bullying and Abuse

- Because most bullying and abuse incidence are reported by District employees, SHAC recommends increasing the “Darkness to Light” training to include all administrators, teachers and support staff. SHAC also recommends continued District trainings that address anti Bullying.

2016-17 SHAC Board
Recommendations

**Non
Conventional**

- **Mental Health Tele-Medicine – Dr Jain TTUHSC**

2017-18 SHAC Board Recommendation

Safe and Supportive Learning Environment

- **Trauma Informed Schools**
 - Counselors are trained.
 - Two trainer of trainers for entire district.
 - Training for all staff was requested by a few principals (3 Middle Schools, 2 Elementaries, CTE teachers, Teachers' University elected sessions).
- **Making Schools Safe for LGBT Students**

2018-19 SHAC Board
Recommendations

**School Safety
Theme**

- **Trauma Informed Schools - Faculty**
2019 January SHAC Meeting - Vanley



Trauma-Informed Schools

TRAUMA INFORMED SCHOOLS

Research findings – *focusing on social and emotional learning does not distract from academic performance, and actually increases' performance on standardized tests and grades*

Improved:

- academic achievement and test scores
- school climate
- teacher sense of satisfaction and retention
- graduation rates

Reduction:

- student behavioral out-bursts and referrals
- stress for staff and students
- absences, detentions, and suspensions
- student bullying, harassment and fights
- need for special education services/classes
- drop-outs

2017-18 Suicide Prevention

- All school and SAS counselors are trained in procedures and suicide pre-assessments
- All staff are required to complete safeschoolsonline.
- Some principals allow counselors to speak to staff during PD days.
- Elementary campuses – Guidance lessons
- More than Sad
 - Presented to all staff at all schools
 - Presented to students in grades 9th - 12th
 - Middle School students received appropriate portions of the program

2018-19 Suicide Prevention

- **Staff**

- Safe Schools online for staff
- Short Power Point Presentations by counselors to staff – includes reminders of our procedures, dating violence, David's Law, Safe Space, CPS reporting, mental health information.

- **Students**

- More than Sad will be presented to all 9th graders.
- Short presentations to remaining secondary grade levels to remind of when and how to get help.

Mental Health Education for Counselors

- **Interagency collaboration with mental health education**
- **Permian Basin Counselors Association**
- **Out in West Texas – LGBT and safe space**
- **Human Trafficking**
- **Midland Conference for Mental Health**
- **Region 18**
- **Counseling Skills**

Crisis Response

In the event of the death of a student, faculty member or other crisis:

- All secondary campuses have a crisis plan. Processes are in place at elementary.
- SAS and some school counselors are trained in CISD (Critical Incident Stress Debriefing)
- Crisis response team provides additional support and resources for staff, students and parents.

Darkness to Light (Child Abuse)

- All new staff are required to train.
- Anyone who will be in contact with students must be trained – Substitutes, VIPS, Bus Drivers, Cafeteria workers, office staff.