

# **SCHOOL HEALTH ADVISORY COUNCIL**

**Aledo ISD  
2020-2021**

# PURPOSE AND REQUIREMENTS OF THE SCHOOL HEALTH ADVISORY COUNCIL

- From TEC 28.004[a]:

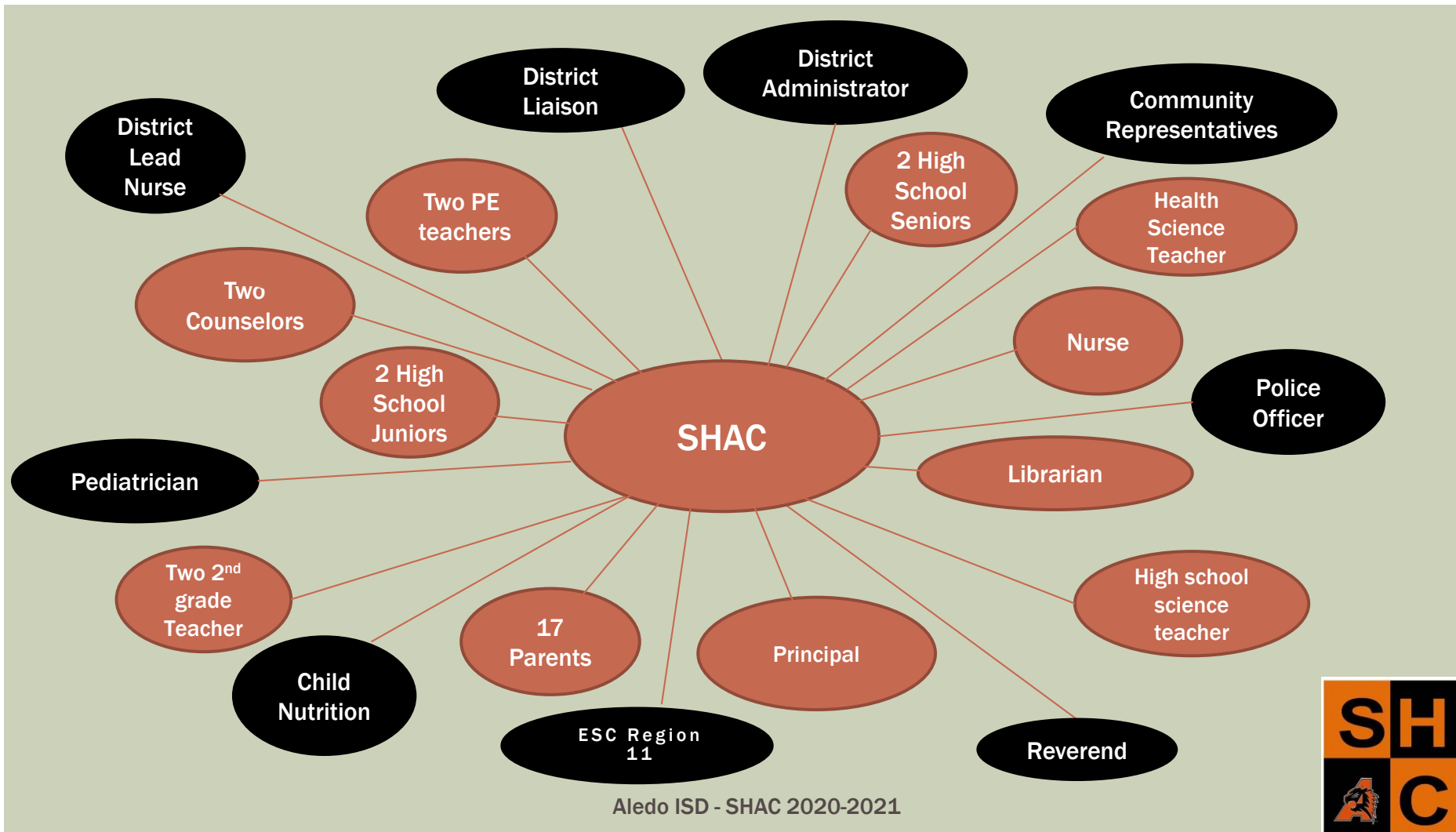
The purpose of the School Health Advisory Council (SHAC) is, *“...to assist the District in ensuring that local community values are reflected in the District’s health education instruction.”*

- From TEC 28.004[m]:

The School Health Advisory Council (SHAC) shall, at least annually *“...submit a report to the Board on the activities of the SHAC during the period between the date of the current report and the last prior report.”*



# SHAC MEMBERSHIP



# MEETING DATES

## Full SHAC:

- October 5, 2020
- November 2, 2020
- January 25, 2021
- March 1, 2021
- May 4, 2021



# COVID-19 UPDATES

- Each SHAC meeting included an update on COVID-19 cases, changes, status
- Dr. Jenica Rose-Stine, Cook Children's pediatrician, AISD parent, and at-large SHAC member, also shared perspective from her practice
- Answered questions, listened to feedback, engaged in discussion



# SOCIAL EMOTIONAL LEARNING

- Review of SEL standards and practices were shared, especially related to COVID and remote learning during 2020-2021 school year
- Aledo ISD SEL website with activities and resources for teachers and parents was reviewed
- Review of an SEL data collection program was reviewed and evaluated
- Faculty and staff SEL support program *Elevating Greatness* was explained



# CHARACTER STRONG

- SEL program discussed with the SHAC
- Statutory requirement for character education program K-12
- Program focus is to foster development of the whole with SEL competencies and character side-by-side
- SEL competencies include: Self-Awareness, Self-Management, Social Awareness, Relationship Skills, Responsible Decision-Making
- Character traits include: Patience, Kindness, Honesty, Respect, Selflessness, Forgiveness, Commitment, Humility



# WELLNESS PLAN

- Under policy FFA (Legal) and FFA (Local), any school district participating in the National School lunch program is required to maintain and review every three years a local Wellness Plan
- Special thanks to Patty Willhite, CN Director and Joceyln Karbo, AISD parent and ESC 11 consultant
- Reviewed goals and objectives for this plan and took suggestions from the group for inclusion in the plan
- Targeted areas in plan include Nutritional Promotion, Physical Activity, and School-based Activities





# CHILD NUTRITION

- **Patty Willhite, Child Nutrition Director, provided information on Child Nutrition department including**
  - **USDA/TDA laws that govern menus**
  - **Menu options**
  - **Promotional activities**
  - **Training on safety standards and procedures provided to Child Nutrition staff**



# RANDOM STUDENT DRUG TESTING

- Discussion took place to consider support for possible expansion of Random Student Drug Testing to middle school level
- Possible changes to program prompted many questions from SHAC members, like:
  - Why are all students not tested?
  - What percent of students test positive?
  - What happens if students are randomly selected but are not present?
- All feedback from SHAC was favorable to expansion of RSDT program to middle school level



# FITNESSGRAM REVIEW

- §38.101 of TEC states that school districts must annually assess the physical fitness level of students in grades 3-12
- Following school closures due to COVID-19, FitnessGram reporting was suspended for 2019-2020 school year
- FitnessGram assessments were administered in January – March, 2021
- TEA contracting for inputting of FG data expired, solution offered and deadline extended
- Data review of FitnessGram results will take place asap in fall, 2021

# REVIEW OF PARENTAL CONSENT LETTERS

- Regular review of consent letters seen by parents for SHAC-approve programs like:
  - Lifelines and SOS suicide prevention programs;
  - REAL Essentials Human Sexuality program

# COMMUNITY OF CONNECTEDNESS

- Dr. Bohn and a Board Working Group joined the SHAC to engage in discussion about connectedness within the Aledo ISD school community
- Input from SHAC members was requested around the strengths and challenges for our school district; outcomes and expectations; as well as what suggestions members had or commitments they felt they could make



# QUESTIONS

