

## SHAC MEETING MINUTES

November 18, 2025

HISD BOARD ROOM

- Meeting called to order at 12:05 p.m. by Stephanie Gatlin.
- Welcomed all present
- No one signed up for Public Comments
- Recap of Previous Meetings
  - SHAC Overview and By-Laws
  - Reviewed the Health and Wellness Plan and the Food Allergy Management Plan
- Information Items:
  - HMS health fair will be held on February 20<sup>th</sup> at HMS during gym classes and Stephanie Gatlin will reach out to vendors soon (5 minutes at each booth):
    - Mrs. Brown with the Texas Say What program – Tobacco prevention/vaping
    - Child Nutrition – Dangers of energy drinks
    - Child Advocacy Center – Dating Violence
    - UT Health – first aid: things you can use and do at home until you get to the ER
    - Christus – health trivia, screen time, or healthy sleep patterns
    - CrossRoads – dental hygiene
    - AgriLife Extension office – healthy diet, blender bike
    - DSHS – mental health- stress management, self-esteem, seeking help, bullying
  - Parent Outreach addressing what drugs are seen in our community and what to look for at home including device safety. This event will be in the planning process soon and will be scheduled for some time in February.
  - Role of the school nurse – spotlight departments in the district that are incorporated in SHAC.
    - Discussed the roles and responsibilities of school nurses.
- Next meeting date and time: January 20, 2026, at 5:30 p.m.
  - Carey Weatherford will speak about STIs (Sexually Transmitted Infections) seen in our local UT Health ER
- Action Items:
  - Christal Burks made a motion to approve the minutes from the September 16, 2025 meeting as written with a second from Robert Helwig.
  - Motion to adjourn from Rachel Hale with a second from Kacy Kersh. Meeting adjourned at 12:32 p.m.