

Goals - Elementary

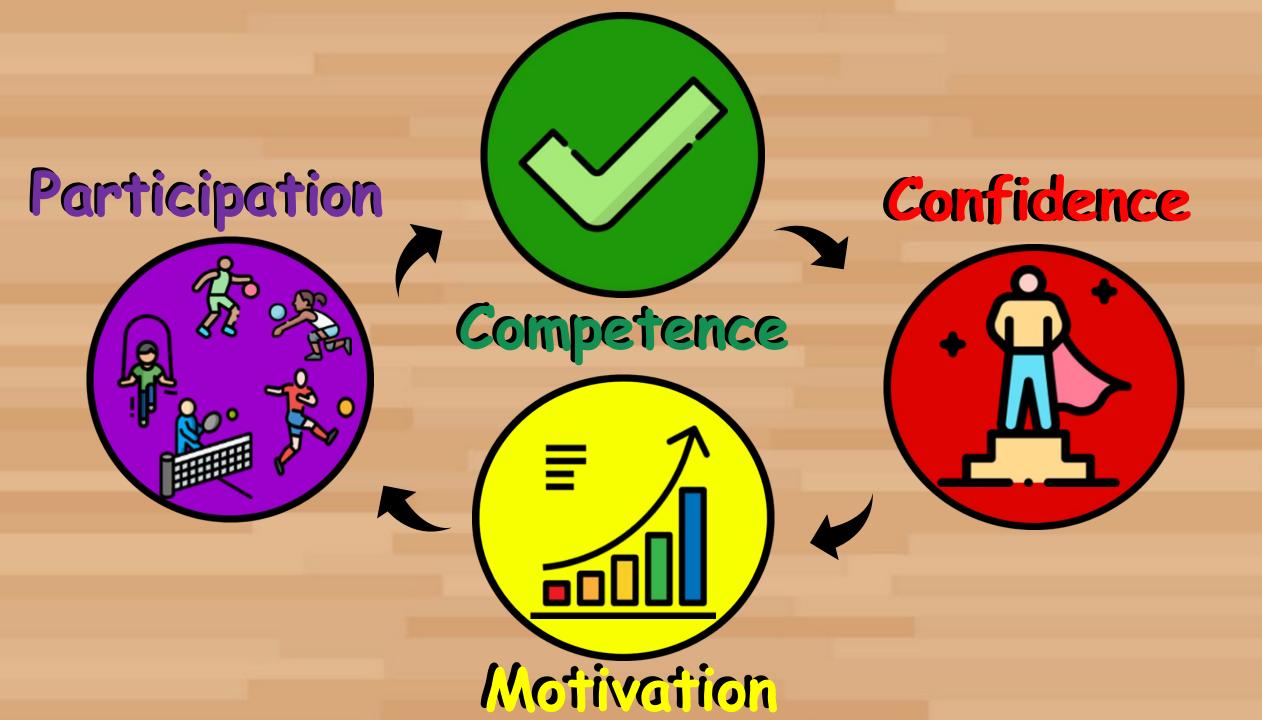
- Motor & Manipulative Skill Development
- Social Skills
- Health Awareness
- Fun & Engagement
- Develop Physical Literacy



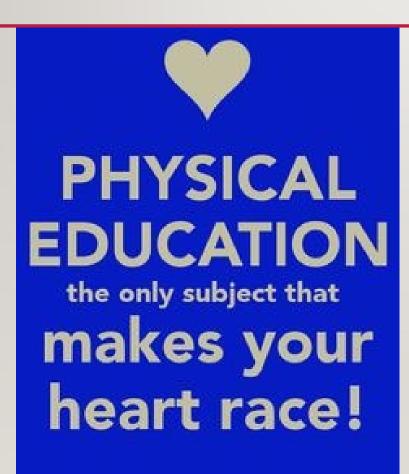


WHY...?

"Children who possess inadequate motor skills are often relegated to a life of exclusion from the organized and free play experiences of their peers, and subsequently, to a lifetime of inactivity because of their frustrations in early movement behavior."



GOALS-MIDDLE SCHOOL



- Why?
 - Middle school kids still need to move!
 - PE needs to be a positive experience
 - Working towards goal of well-rounded lifelong movers (physical, cognitive, social, emotional)

GOALS-MIDDLE SCHOOL

- Skill Refinement
- Sports Rules (PE Version)
- Teamwork & Strategy
- Personal Responsibility
- Intro to Health



Goals-High School

- Personalized Fitness
- Lifelong Activities
- Health & Wellness Literacy
- Leadership & Independence
- Decision-Making
- Student Choice









11/6/2025