



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



<< July 2021 >>

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[See All Month's Events](#)

HERE FOR YOU, FOR A BETTER US

THE YMCA AFTER-SCHOOL SIGNATURE PROGRAM FOR D90 STUDENTS: A SAFE, ENRICHING, AND SUPPORTIVE ENVIRONMENT

We are pleased to be partnering once again with District 90 students and families through our newest collaboration, the YMCA After-School Signature Program for elementary students. The program provides a seamless transition from the school day to the after-school signature program. Participating scholars will be supervised and experience daily dosages of academic supports such as homework assistance and tutoring, as well as enrichment activities such as Art, STEM, engage in daily physical activity and social- emotional development activities, and have an after-school snack. Overall, our YMCA program seeks to support the whole child, focused on social emotional, cognitive, and physical development of each scholar through a sense of belonging, achievement, and building positive relationships.

Tell Us What You Think

[\(forms/welcome-to-our-member-survey/\)](#)

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Sign Up

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clientuploads/pdf/d90asp_2021_v4.pdf



clientuploads/pdf/d90asp_weeklyschedule.pdf

<mailto:d90asp@westcookymca.org>



IMPORTANT PARENT INFORMATION

AGES SERVED: 1st-4th grade

PROGRAM DAYS: Monday-Friday | End of school day- 6:00 pm | Half day and early releases are included; No program when there is no school or school is cancelled

PROGRAM COST: \$600/month

ENROLLMENT CAPACITY: 30 scholars per school

PROGRAM LOCATIONS: Lincoln Elementary and Willard Elementary

MEALS PROVIDED: Snack is provided

HEALTH & SAFETY: Children showing cold or flu like symptoms like coughing, runny noses, sneezing or above normal temperatures are not permitted into the program. If during the program, a child begins showing flu or cold like symptoms, staff will escort that child to a designated care center where they can be further assessed, under staff supervision and care until the parent can be notified.

QUESTIONS? Email our team at d90asp@westcookymca.org (<mailto:d90asp@westcookymca.org>). We will be responding to inquiries on Mondays, Wednesdays, and Fridays.

PICK UP DETAILS:

Coming Soon

PROGRAM OVERVIEW-

In partnership with the River Forest School District 90, the YMCA After-School Signature Program is curated so that it aligns with the District 90 school day learning to strengthen the academic growth of each scholar by providing opportunities to guide exploratory hands-on lessons to build trust, communication, decision-making, and leadership. The program design also provides some flexibility for your scholar to participate in other after-school enrichment and clubs offered at your child's home school, allowing for smooth transitions to and from other on-site school programs.

The Y ensures all scholars are welcomed as an individual, where they are each valued and recognized as a unique person, where scholars feel a sense of belonging, can make new friends, and achieve goals that will help them succeed at home, in school, and in life. The West Cook YMCA has been partnering with River Forest School District 90 to support our scholars and families since 2018.

DAILY ACTIVITIES

Cognitive Development: Providing academic support with homework help, math and literacy enrichment, and small group tutoring

Social-Emotional Development: Focus on understanding and controlling feelings to build strong relationships

Enrichment: Engaging activities that focus on science, engineering, art, drama, and literacy

Gross Motor Activities: Physical activities that include sports, music and movement, and fitness

SAMPLE DAY AT THE AFTER-SCHOOL SIGNATURE PROGRAM

Students will receive a wide range of activities each month throughout the school year to intentionally foster a whole child centered approach to development.

3:10-3:25 pm	3:25-3:45 pm	3:45-4:15 pm	4:15-4:45 pm	4:45-5:15 pm	5:15-6:00 pm
Movement Game Choice: Ro-Sham-Bo- Sham Relay Run If... Table Craft/ Game Choice: Decorate a Banner	Snack: Goldfish Community/ SEL Activity: Introduction to Mood Rings (SEL Understanding and Sharing Emotions)	Physical Activity: BOKS Week 1 Planks, Tag, and Alphabet Food Game	Homework Help and Stations: Color by Number Math Equation Squares	Math/Literacy Enrichment: KIDSLit Small Group Game Choice	STEAM Enrichment: Window Art Family Portrait