



School Lunch Programs

Child Nutrition Department

School Participation

- Schools and institutions voluntarily participate in the program
- They must follow federal nutrition guidelines to receive reimbursements from the USDA

Meal Guidelines

- Meals must meet specific nutrition standards set by the USDA:
 - Limit on carbs, calories, sodium, and saturated fat
 - It must include fruits, vegetables, whole grains, lean protein, and low-fat milk
 - Students must take at least 3 out of 5 components offered (with one being fruit or vegetable) for the meal to be reimbursable

Eligibility for Free or Reduced-Price Lunch

- Based on household income:
 - Free lunch: Family income at or below 130% of the federal poverty level
 - Reduced-price lunch: Income between 130% and 185% of the poverty level
 - Students can also qualify automatically through federal programs like SNAP or Medicaid or if they're in foster care, homeless, or migrant

Reimbursements

- The USDA reimburses schools a set amount for each meal served
- Reimbursement rates vary based on whether the meal is free, reduced price, or paid
- Schools can also get commodity foods from the USDA

2024 Reimbursement per Meal

- Breakfast \$2.84
- Lunch \$4.45
- Snack \$1.21

2024 Meals Served:

- **Breakfast:**
 - 739,571 Meals
- **Lunch:**
 - 827,767 Meals
- **Snacks:**
 - 76,885 Meals

2024 Participation

- **Breakfast 74%**
- **Lunch 81%**

National School Lunch Program Meal Pattern

	Grades K-5	Grades 6-8	Grades 9-12
Food Components	Amount of Food ^a per Week		
	(minimum per day)		
Fruits (cups) ^b	2½ (½)	2½ (½)	5 (1)
Vegetables (cups) ^b	3¾ (¾)	3¾ (¾)	5 (1)
Dark green ^c	½	½	½
Red/Orange ^c	¾	¾	1¼
Beans and peas (legumes) ^c	½	½	½
Starchy ^c	½	½	½
Other ^{c d}	½	½	¾
Additional Vegetables to Reach Total ^e	1	1	1½
Grains (oz eq) ^f	8-9 (1)	8-10 (1)	10-12 (2)
Meats/Meat Alternates (oz eq)	8-10 (1)	9-10 (1)	10-12 (2)
Fluid milk (cups) ^g	5 (1)	5 (1)	5 (1)
Other Specifications: Daily Amount Based on the Average for a 5-Day Week			
Min-max calories (kcal) ^h	550-650	600-700	750-850
Saturated fat (% of total calories) ^h	<10	<10	<10
Sodium Interim Target 1 (mg) ^h	≤ 1,230	≤ 1,360	≤ 1,420
Sodium Interim Target 1A (mg) ^{h i}	≤ 1,110	≤ 1,225	≤ 1,280

School Breakfast Program Meal Pattern

	Grades K-5	Grades 6-8	Grades 9-12
Food Components	Amount of Food ^a per Week		
	(minimum per day)		
Fruits (cups) ^{b c}	5 (1)	5 (1)	5 (1)
Vegetables (cups) ^{b c}	0	0	0
Dark green	0	0	0
Red/Orange	0	0	0
Beans and peas (legumes)	0	0	0
Starchy	0	0	0
Other	0	0	0
Grains (oz eq) ^d	7-10 (1)	8-10 (1)	9-10 (1)
Meats/Meat Alternates (oz eq) ^e	0	0	0
Fluid milk ^f (cups)	5 (1)	5 (1)	5 (1)
Other Specifications: Daily Amount Based on the Average for a 5-Day Week			
Min-max calories (kcal) ^{g h}	350-500	400-550	450-600
Saturated fat (% of total calories) ^h	<10	<10	<10
Sodium Target 1 (mg)	≤ 540	≤ 600	≤ 640
<i>Trans</i> fat ^h	Nutrition label or manufacturer specifications must indicate zero grams of <i>trans</i> fat per serving.		

K-5TH

August

2025



BACK

Menu Subject to Change
Fresh Fruit & Milk Served Daily



SCHOOL

Monday

Tuesday

Wednesday

Thursday

Friday

FOOD & NUTRITIONAL DIVISION

TEXAS DEPARTMENT OF AGRICULTURE

**CEREAL/
CEREAL BAR** **4**
GREEN CHILE BURGER
SMILEY FACE FRIES
BURGER SALAD

CHOCOLATE MUFFIN **5**
PICADILLO
W/TOSTADAS
REFRIED PINTO BEANS
CHOPPED SALAD

BLUEBERRY BAR **6**
PIZZA
CUCUMBERS
CARROTS & CELERY
STICKS

WHOLE GRAIN CONCH **7**
BEEF FINGERS
MASHED POTATOES
W/GRAVY
STEAMED VEGGIES

BREAKFAST WRAP **8**
MAC N CHEESE W/ROLL
SEASONED CORN
SWEET POTATO FRIES

**CEREAL/
CEREAL BAR** **11**
HOT DOG
TATER TOTS
CUCUMBERS

CHICKEN SAUSAGE **12**
PANCAKE SANDWICH
CHEESE NACHOS
PINTO BEANS
SHREDDED SALAD

MINI WAFFLES **13**
BEEFARONI W/GARLIC
BREADSTICK
STEAMED CARROTS
CHOPPED SALAD

WHOLE GRAIN **14**
MARRANITO
CHICKEN TENDERS W/ROLL
SEASONED CORN
SWEET POTATO FRIES

FRESH BANANA **15**
BREAD
ASIAN PLATE
STEAMED VEGGIES
JICAMA

**CEREAL/
CEREAL BAR** **18**
CHEESEBURGER
POTATO WEDGES

BREAKFAST **19**
PIZZA
TACOS
REFRIED PINTO BEANS
SHREDDED SALAD

WHOLE GRAIN **20**
CINNAMON BAR
SPAGHETTI W/MEAT &
GARLIC BREAD STICK
SEASONED CORN
CARROTS & CELERY STICKS

MINI PANCAKES **21**
BAKED CHICKEN
W/ROLL
EMOJI FRIES
CUCUMBERS

FALL SPICE BAR **22**
POPCORN CHICKEN W/ROLL
MASHED POTATOES
W/GRAVY
PEAS & CARROTS

**CEREAL/
CEREAL BAR** **25**
CORNDOGS
STEAMED CARROTS
TATER TOTS

WHOLE GRAIN **26**
TARTS
CHICKEN TAMALES
REFRIED PINTO BEANS
CHOPPED SALAD

FRENCH TOAST **27**
CHICKEN ALFREDO PASTA
W/GARLIC BREADSTICK
SEASONED CORN
STEAMED BROCCOLI

APPLE BREAKFAST **28**
BITES
CHICKEN NUGGETS
MASHED POTATOES
W/GRAVY
CUCUMBERS

FRESH CINNAMON **29**
ROLL
PIZZA CRUNCHERS
FRESH BROCCOLI
CELERY STICKS





Alternative Menu

*Monday - Thursday
Served Daily*

DAILY SIDE SALAD

DAILY SANDWICH

Welcome Back to School!

Let's conquer this 2025-2026 school year.

6TH - 8TH



August

2025



BACK TO SCHOOL

Menu Subject to Change
Fresh Fruit & Milk Served Daily



Monday

Tuesday

Wednesday

Thursday

Friday

NATIONAL SCHOOL BREAKFAST & LUNCH PROGRAMS

FOOD & NUTRITIONAL DIVISION

TEXAS DEPARTMENT OF AGRICULTURE

CEREAL/
CEREAL BAR 4
GREEN CHILE BURGER
SMILEY FACE FRIES
BURGER SALAD

CHOCOLATE MUFFIN 5
PICADILLO
W/TOSTADAS
REFRIED PINTO BEANS
CHOPPED SALAD

BLUEBERRY BAR 6
PIZZA
CUCUMBERS
CARROTS & CELERY
STICKS

WHOLE GRAIN CONCH 7
BEEF FINGERS W/ROLL
MASHED POTATOES
W/GRAVY
STEAMED VEGGIES

BREAKFAST WRAP 8
SPICY CHICKEN
SANDWICH
SEASONED CORN
SWEET POTATO FRIES

CEREAL/
CEREAL BAR 11
BACON WRAPPED HOTDOG
TATER TOTS
CUCUMBERS

CHICKEN SAUSAGE 12
PANCAKE SANDWICH
SUPREME NACHOS
PINTO BEANS
SHREDDED SALAD

MINI WAFFLES 13
BEEFARONI W/GARLIC
BREADSTICK
STEAMED CARROTS
CHOPPED SALAD

WHOLE GRAIN 14
MARRANITO
CHICKEN TENDERS W/ROLL
SEASONED CORN
SWEET POTATO FRIES

FRESH BANANA 15
BREAD
ASIAN PLATE
STEAMED VEGGIES
JICAMA

CEREAL/
CEREAL BAR 18
BACON CHEESEBURGER
POTATO WEDGES
BURGER SALAD

BREAKFAST 19
PIZZA
TACOS
REFRIED PINTO BEANS
SHREDDED SALAD

WHOLE GRAIN 20
CINNAMON BAR
SPAGHETTI W/MEAT &
GARLIC BREAD STICK
SEASON CORN
CARROTS & CELERY STICKS

MINI PANCAKES 21
BAKED CHICKEN
W/ROLL
EMOJI FRIES
CUCUMBERS

FALL SPICE BAR 22
POPCORN CHICKEN W/ROLL
MASHED POTATOES
W/GRAVY
PEAS & CARROTS

CEREAL/
CEREAL BAR 25
CORNDOGS
STEAMED CARROTS
FRIES

WHOLE GRAIN 26
TARTS
CHICKEN TAMALE
REFRIED PINTO BEANS
CHOPPED SALAD

FRENCH TOAST 27
CHICKEN ALFREDO PASTA
W/GARLIC BREADSTICK
SEASONED CORN
STEAMED BROCCOLI

APPLE BREAKFAST 28
BITES
BONELESS CHICKEN
WINGS
TATER TOTS
CUCUMBERS

FRESH CINNAMON 29
ROLL
PIZZA CRUNCHERS
FRESH BROCCOLI
CELERY STICKS



Alternative Menu

*Monday - Thursday
Served Daily*

DAILY SIDE SALAD

DAILY SANDWICH

Welcome Back to School!

Let's conquer this 2025-2026 school year.



9-12

August 2025

BACK TO SCHOOL

Menu Subject to Change
Fresh Fruit & Milk Served Daily



Monday

Tuesday

Wednesday

Thursday

Friday

CEREAL/CEREAL BAR ⁴

GREEN CHILE BURGER
SMILEY FRIES
CUCUMBERS

CHOCOLATE MUFFIN ⁵

ASADO W/TOSTADAS
SPANISH RICE
REFRIED PINTO BEANS
SHREDDED SALAD

BLUEBERRY BAR ⁶

CHICKEN PARMESAN
W/SPAGHETTI
GARLIC TOAST
CHOPPED SALAD
MIX VEGGIES

WHOLE GRAIN CONCHA ⁷

BONELESS CHICKEN WINGS
SWEET POTATO FRIES
CARROTS & CELERY STICKS
WHOLE GRAIN COOKIE

BREAKFAST WRAP ⁸

SPICY CHICKEN
SANDWICH
SMILEY FRIES
BURGER SALAD

CEREAL/CEREAL BAR ¹¹

BACON WRAPPED HOTDOG
TATER TOTS
CARROTS & CELERY STICKS

CHICKEN SAUSAGE PANCAKE SANDWICH ¹²

NACHOS SUPREME
PINTO BEANS
SHREDDED SALAD
OATMEAL COOKIE

CRUMB BREAD ¹³

BEEFARONI
GARLIC TOAST
STEAMED CARROTS
CHOPPED SALAD

WHOLE GRAIN MARRANITO ¹⁴

CHICKEN & WAFFLES
WAFFLE FRIES
PEAS & CARROTS

BANANA BREAD ¹⁵

ASIAN PLATE
W/ EGG ROLLS
MIXED VEGGIES
JICAMA

CEREAL/CEREAL BAR ¹⁸

BACON CHEESEBURGER
POTATO WEDGES
BURGER SALAD

BREAKFAST PIZZA ¹⁹

CHUCO TACOS
CRINKLE FRIES
SHREDDED SALAD

WHOLE GRAIN CINNAMON BAR ²⁰

LASAGNA W/MEAT
GARLIC TOAST
STEAMED CARROTS
CUCUMBERS

MINI WAFFLES or MINI PANCAKES ²¹

PAPA ASADA BOAT
CHARRO BEANS CUCUMBERS
WHOLE GRAIN ELEPHANT EAR

FALL SPICE BAR ²²

KENTUCKY BOWL
MASHED POTATOES W/GRAVY
SEASONED CORN
CARROT BITES
OATMEAL COOKIE

CEREAL/CEREAL BAR ²⁵

CORNDOGS
SWEET POTATO FRIES
CUCUMBERS

WHOLE GRAIN TART ²⁶

CHICKEN TAMALES
W/SPANISH RICE
REFRIED PINTO BEANS
CHOPPED SALAD

FRENCH TOAST ²⁷

CHICKEN ALFREDO PASTA
GARLIC TOAST
CHOPPED SALAD
SEASONED CORN
STEAMED BROCCOLI

APPLE BREAKFAST BITES ²⁸

LOADED POTATO BOAT
JICAMA
CUCUMBERS
WHOLE GRAIN CHURROS
CHIPS

CINNAMON ROLL ²⁹

PIZZA DOG
BABY CARROTS
CELERY STICKS

9-12

August Alternative Menu

Salads, Wraps, & Sandwiches

2025

MONDAY

SPICY BUFFALO RANCH
CHICKEN SALAD
ITALIAN COLD CUT SUB
SANDWICH

TUESDAY

CRISPY ORIENTAL
SALAD
SPICY CHICKEN
BUFFALO WRAP

WEDNESDAY

GRILLED CHICKEN CAESAR
SALAD
TURKEY BACON
WRAP

THURSDAY

MEXI-RANCH CHICKEN
SALAD
DELI SANDWICH



Pizza Bar

MONDAYS

WK1 Buffalo Pizza
WK2 Buffalo Pizza
WK3 Buffalo Pizza
WK4 Cheese Pizza

TUESDAYS

Pepperoni Pizza
Meat Lovers
Pepperoni Pizza
Pepperoni Pizza

WEDNESDAYS

Cheese Pizza
Pepperoni Pizza
Meat Lovers
Cheese Pizza

THURSDAYS

Pepperoni Pizza
Cheese Pizza
Cheese Pizza
Meat Lovers

FRIDAYS

Meat Lovers
Buffalo Pizza
Buffalo Pizza
No School

Yogurt-Fruit Parfaits

MONDAYS - THURSDAYS

Peach Parfait OR Berry Parfait

