

**CLUBS, ACTIVITIES,  
INTRAMURALS, AND  
ATHLETICS**



**AT  
PLEASANTDALE MIDDLE SCHOOL  
2016-17**

## ACTIVITIES OFFERED AT PLEASANTDALE MIDDLE SCHOOL

### **ATHLETICS**

#### **Boys Basketball**

Grade Level: 7<sup>th</sup> and 8<sup>th</sup> grade

Length of season: late-October – late January

Practices: 3:30 – 5:00 – M, T, Th, F

#### **Boys Softball**

Grade Level: 7<sup>th</sup> and 8<sup>th</sup> grade

Length of season: beginning of school year – early October

Practices: 3:30 – 5:00 – M, T, Th, F

#### **Boys Volleyball**

Grade level: 7<sup>th</sup> and 8<sup>th</sup> grade

Length of season: early April – late May

Practices: 3:30 – 5:00 – M, T, Th, F

#### **Cheerleading**

Grade Level: 7<sup>th</sup> and 8<sup>th</sup> grade

Length of season: early November – late January

Practices: 3:30 – 5:00 – M, T, Th, F

#### **Co-Ed Soccer**

Grade level: 7<sup>th</sup> and 8<sup>th</sup> grade

Length of season: early April – mid-May

Practices: 3:30 – 5:00 – M, T, Th, F

#### **Cross Country**

Grade Level: 5<sup>th</sup> – 8<sup>th</sup>

Length of season: beginning of school year – mid-October

Practices: 3:30 – 5:00 – M, T, Th, F

#### **Girls Basketball**

Grade Level: 7<sup>th</sup> and 8<sup>th</sup> grade

Length of season: beginning of school year – late October

Practices: 3:30 – 5:00 – M, T, Th, F

#### **Girls Softball**

Grade level: 7<sup>th</sup> and 8<sup>th</sup> grade

Length of season: early April – mid-May

Practices: 3:30 – 5:00 – M, T, Th, F

#### **Girls Volleyball**

Grade level: 7<sup>th</sup> and 8<sup>th</sup> grade

Length of season: late January – late March

Practices: 3:30 – 5:00 – M, T, Th, F



## **CLUBS AND ACTIVITIES**

**BAND and ORCHESTRA PROGRAM** offers students the opportunity to further their instrumental music skills in a performance-based arena. Pleasantdale has the following ensembles for students to learn and further their passion.

**Middle School Concert Band** is open to students in grades 6, 7 and 8 who play a band instrument. Activities include two concerts per year, workshops at LTHS, Solo & Ensemble Festival, and Great America Music Festival.

**Fifth Grade Band** is open to all students in fifth grade who play a band instrument. Activities include two concerts per year, Solo & Ensemble Festival, and an ice cream social with the 4<sup>th</sup> grade band.

**Jazz Band** is open to all current Concert Band members in grades 6, 7 and 8 who play the following instruments: Saxophone, Trumpet, Trombone, Piano, Bass, Drums and Guitar. Auditions may be necessary. Other instruments may be included in Jazz Band at the discretion of the director. Activities include two concerts per year and a workshop at LTHS.

**Middle School Orchestra** is open to students in grades 6, 7 and 8 who play a string instrument. Activities include two concerts, Great America Music Festival, Solo & Ensemble Festival, and workshops at LTHS.

**Fifth Grade Orchestra** is open to any fifth grader who plays a string instrument. Activities include two concerts per year, Solo & Ensemble Festival, and an ice cream social with the 4<sup>th</sup> grade orchestra.

**Fifth Grade Orchestra** is open to any fifth grader who plays a string instrument. Activities include two concerts per year, Solo & Ensemble Festival, and an ice cream social with the 4<sup>th</sup> grade orchestra.

**Grade level:** 5-6-7-8  
**Length of activity:** All Year  
**Lesson Times:** One pull-out lesson per week by instrument on a rotational basis.



### **Full Group Rehearsal Times:**

<b>Concert Band</b>	7:30a.m. – 8:15a.m. Tuesdays and Thursdays
<b>Jazz Band</b>	7:30a.m. – 8:15a.m. Fridays
<b>Middle School Orchestra</b>	7:30a.m. – 8:15a.m. Mondays and Wednesdays
<b>Fifth Grade Band</b>	3:30p.m. – 4:20p.m. Mondays and Thursdays
<b>Fifth Grade Orchestra</b>	3:30p.m. – 4:20p.m. Tuesdays

**Night and Saturday performances are involved**

**CHORUS encourages students to develop their musical interests and skills through performance activities. There are no auditions for the three distinct choral groups.**

**Low Key** is open to all boys in grades 5-8. We perform songs specifically for the male voice. Highlights include winter and spring concerts, 5<sup>th</sup> grade ice cream social, and 6<sup>th</sup>-8<sup>th</sup> grade Great America festival.

**One Voice** is open to all girls in grades 5-6. We perform unison songs, rounds, canons and part songs to develop the young female voice. Highlights include winter and spring concerts and the ice cream social music event.

**Treblemakers** is open to all girls in grades 7-8. We perform a wide variety of female repertoire in 2 and 3 part harmony. Highlights include the LTHS choral festival, winter and spring concerts, and Great America festival.



#### **Rehearsal Times**

<b>Low Key</b>	7:30a.m. – 8:15a.m. Mondays
<b>One Voice</b>	7:30a.m. – 8:15a.m. Tuesdays and Thursdays
<b>Treblemakers</b>	7:30a.m. – 8:15a.m. Wednesdays and Fridays

**Open Library enables students to collaborate, create, research and utilize the many resources in the IMC for completion of classroom assignments.**

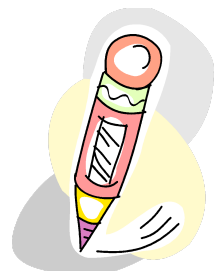
<b>Grade Level:</b>	5-6-7-8
<b>Length of activity:</b>	All Year
<b>Meeting times:</b>	3:25p.m.-4:30p.m. Mondays, Tuesdays and Thursdays



**MATH CLUB a math enrichment program for 6<sup>th</sup>-8<sup>th</sup> graders that builds math skills, promotes logical thinking and sharpens students' analytical abilities. Students will have opportunities to participate in a variety of math contests.**

<b>Grade Level:</b>	6-7-8
<b>Length of activity:</b>	November - April
<b>Meeting times:</b>	Thursday mornings

**PAW PRINTS –Students have the opportunity to write poetry and prose pieces throughout the year and then submit finished pieces (blind entry) to be considered for publication**





**PEER TUTORS** are volunteers who help tutor another student in the Tutor Room on a regular basis in a particular subject area. Peer tutors must exhibit strong leadership qualities.

**Grade Level:** 6-7-8  
**Length of activity:** All Year  
**Meeting times:** 3:25p.m.-4:30p.m. Mon, Tues, Thurs.

**RECYCLING CLUB** is a voluntary service organization where students make a yearlong commitment to helping the school in its recycling efforts. Students who volunteer will be assigned certain days to gather recycling during their rec time.



**Grade Level:** 6-7-8  
**Length of activity:** All Year  
**Meeting times:** TBA

**SCIENCE CLUB** - for 5<sup>th</sup> and 6<sup>th</sup> grade students.

**Grade Level:** 5-6  
**Length of activity:** All Year  
**Meeting times:** 3:25p.m. - 4:30p.m. One Tuesday/month



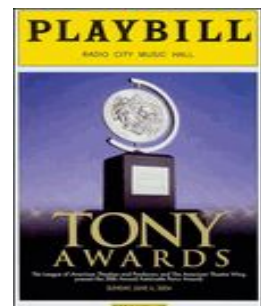
**SCHOLASTIC BOWL** is an academic extracurricular competition. Students participate in study activities and simulating competition during practice sessions.



**Grade Level:** 5-6-7-8  
**Length of activity:** January - April  
**Meeting times:** After School

**SPRING MUSICAL** provides an outlet for students to showcase their thespian talents. Auditions are held in January. Cast members have three months to learn the script, songs, and choreography.

**Grade Level:** 5-6-7-8  
**Length of activity:** January – Late April  
**Meeting times:** 3:25p.m. – 5p.m. daily  
**Night performances involved**



**STUDENT COUNCIL** *is a student-focused organization that works to enhance the school and community. Leadership and citizenship are qualities that define the organization. 4 Officers are elected by the student body, and all students are invited to join as advisory reps.*

**Grade Level:** 5-6-7-8  
**Length of activity:** All Year  
**Meeting times:** 7:30 a.m. – Wednesdays



**TEAM TIGERS** *provides all students the opportunity to participate in a wide-variety of team sports and activities throughout the course of the school year. Participation is open, and students can attend any or all sessions of each activity.*



**Grade Level:** 5-6-7-8  
**Length of activity:** All Year  
**Meeting times:** 3:25p.m. - 4:30p.m. Tuesdays, Thursdays

**TUTOR CLUB** – *enables students to have a quiet and supportive environment for completion of assignments and to have additional instruction in subject areas.*

**Grade Level:** 5-6-7-8  
**Length of activity:** All Year  
**Meeting times:** 3:25p.m. - 4:30p.m. Mondays, Tuesdays, Thursdays



**YEARBOOK** *encourages students to become involved in all aspects of capturing the memories of the school year.*

**Grade Level:** 8  
**Length of activity:** All Year  
**Meeting times:** 7:30a.m. Three days a week.

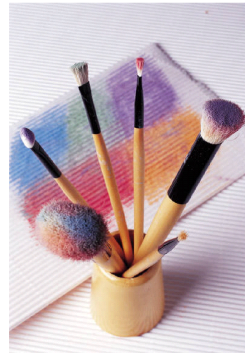
## **INTRAMURALS**

*The intramural program offers a variety of activities centered on students' interests. These offerings are scheduled monthly, are posted on the district website and on our school Intramural bulletin board. Students are encouraged to "drop-in" on any session.*

### **Anticipated choices:**

- **Team Tigers athletics – different activity each month, including:**
  - Volleyball**
  - Softball**
  - Floor Hockey**
  - Flag Football**
  - Ultimate Frisbee**
  - Badminton**
  - GaGa Ball**

- **Book Club**
- **Open Art (before/after school)**
- **Cooking Club**
- **Debate Club**
- **SAT Prep**
- **Gardening Club**
- **DIY Club**
- **Doodle Art**
- **Writer's Workshop**
- **Techie Tigers**
- **Fantasy Football**
- **3 M - Music, Math, & Munchies**
- **Girls Who Code**
- **Minecraft/Gaming**
- **Garden Club**
- **Board Games**
- **Fishing**
- **Nature Writing Walks**
- **Yoga**
- **Others to be determined**



**Grade Level:** 5-6-7-8  
**Length of activity:** All Year  
**Meeting times:** 3:25p.m.-4:30p.m. Mondays, Tuesdays and Thursdays  
or 7:30-8:15 a.m. on Monday - Friday

