Spookinaapi (Good Health) Project

Project
- ➢ 5-year SAMHSA grant
- ➢ (3) Tier socio-cultural-ecological approach
- ➢ Target Areas
  - ▪ Under-Age Drinking
  - ▪ Marijuana use
  - ▪ Prescription pain Killers (Opioids)
  - ▪ Suicide
- ➢ Target population
  - ▪ Grades 2-12

Update on Goals

Goal 1. Provide Prevention education, activities and awareness for the schools and community.
Spookinaapi team made the initial introduction into the class rooms, met with the administrators to schedule time in the classrooms to introduce prevention strategies

Goal 2. Continue to serve caseload in each building and provide access to Mental Health services.
Spookinaapi team will continue serving their case load and provide Mental Health Services.

Goal 3. Establish a mentoring program for each building and target at-risk students.
The Spookinaapi team will develop a mentoring program in each building to target at-risk students.

Current Projects:
Each Spookinaapi Specialist developed a google class room for their students to provide prevention services, they also contracted their case load of tier 2 students through email of phone calls. Their activities include simple exercises and games they can do at home. The

Spookinaapi coordinator and staff are registering and participating on prevention webinars. The coordinator is continuing entering data in the SPARS data base, participating in on-line zoom community meetings and google hang outs with staff. The Spokinaapi staff had the meeting with the epidemiologist and gave input on the assessment survey and monthly logs.
The Spookinaapi staff made final check-ins with students before school ended.

Spookinaapi Specialist

BMS: Jennifer Elhers-
Topics:
- Summer goals

- Coping skills
- Corona Virus prevention education
    - Wash hands
- Suicide hotline number & Lets talk app
  1-800-273-TALK
  (1-800-273-8255)
  Or text "MT" to 741 741

BES: Kimberly Tatsey-McKay- Grades 2nd & 3rd
Topics:
- Graditude Ativity
- Calming down and Feeling Poster
- Squish the fish yoga

Napi: Tessa Wells-
Activity Topics:
- Making Responsible decisions
- Control Wheel
- Mindfulness
- Summer goals

Lessons were created on Google Classroom for 4th, 5th, and 6th grade students. Lessons were also emailed to students Individually because some students had difficulty navigating google classroom. I also contacted students on Spookinaapi Case load once per week over the phone. Was able to keep in contact and maintain relationship with students that way.

BHS-Daniella-

- Virtual/phone calls
- Coping skills and information resources

  Shared information via google classroom in which a total of 296 students accepted the invite to the classroom. Teamed up with counselors to provide google hangout sessions for students should they need support. I had a work cell phone for students to call when in need of support. I called students on my caseload to check in. Shared information via google classroom in which a total of 296 students accepted the invite to the classroom. Teamed up with counselors to provide google hangout sessions for students should they need support. I had a work cell phone for students to call when in need of support. I called students on my caseload to check in.