# The Pirate Press

Neah-Kah-Nie High School's Weekly Newsletter

# November 8, 2024

#### **Upcoming Dates: ■**

#### November:

- Nov 11: Veteran's Day, No School
- Nov 12: Senior SAFE Meeting, Board Meeting @ 6:30pm
- Nov 13: Parent Advisory Council Meeting @ 5:00(FYI this is a date change)
- Nov 14: After School Tutoring in Room 3 from 4-6, all are welcome
- Nov 17: Robotics Meet
- Nov 18-22: Food Drive
- Nov 19: Picture Retake Day

Thank you to our NKNHS Veterans-Russell Zaugg, Sami Brown, and Steve Overstreet



**VETERANS DAY | NOVEMBER 11** 



# When is Graduation?



Graduation will be held at 12:00pm on Saturday, May 31st at NKNHS. We moved the date this year due to the Track and Field state meet.

# Student Life **Student**

9th grade students won a popsicle party today for boasting the highest attendance in October at 93%!











# National Oceanic Science Bowl is Starting!

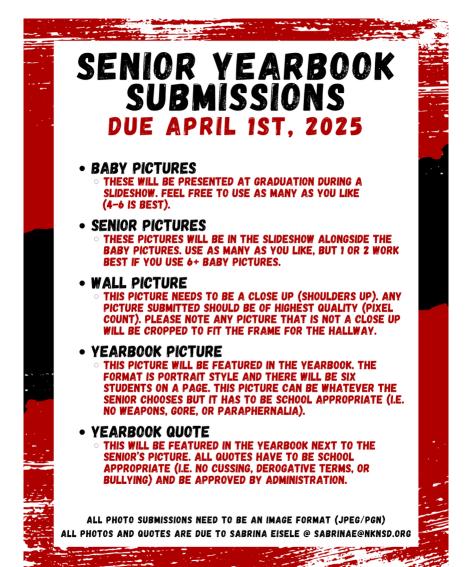
It's that time of the year again for National Ocean Sciences Bowl (NOSB)!! Our first NOSB practice will be after school next Tuesday 11/12 from 4-6pm in Mr. McLaughlin's room (RM16).

If you haven't participated in NOSB before and are interested in joining our amazing ocean science group, then come 'sea' what oppor-'tuna'-ties National Ocean Sciences Bowl has to offer! We're 'dolphin'-ately a fun 'group-er'!

NOSB is an academic competition and program that engages students in ocean science, preparing them for ocean science-related and other STEM careers, and helps them become knowledgeable community members and environmental stewards.

Our regional competition, the Salmon Bowl, is Friday and Saturday February 7-8, 2025 at Oregon State University. NOSB practice will be multiple days each week where we will be learning ocean-related trivia and practicing the academic competition game play.

Our NOSB team is also involved in a number of community science projects and beach surveys that are completed throughout the year. It's a terrific opportunity to get hands on scientific data collection experience.



# Finals Schedule (November 22nd and 25th)

We will be doing a finals schedule this trimester on November 22nd and 25th. This schedule is below for your review. You will see "Time and Opportunity" listed in the schedule. This time can be used for students to complete missing assignments or get tutoring support.

Additional Information That is Important to Note:

- Bus runs will remain unchanged: one run in the AM and one in the PM
- No students leave class early; TAs stay in class
- If a student finishes early, they will need to stay in class until the bell rings.
- Those who ride a bus will need to go into a teacher's classroom until the buses arrive.



#### Friday, November 22 (Periods 1, 3, and 5)

Time	Minutes	What
8:45-9:45	60 min	Time & Opportunity/Finals Make-ups
9:45-10:00	15 min	Breakfast
10:00- 11:20	80 min	1st Period Final
11:30-12:50	80 min	3rd Period Final
12:50-1:30	40 min	Lunch
1:35- 2:55	80 min	5th Period Final
3:00- 4:00	60 min	Time & Opportunity/Finals Make-ups

#### Monday, November 25 (Periods 4 and 6)

Time	Minutes	What
8:45-9:45	60 min	Time & Opportunity/Finals Make-ups
9:45-10:00	15 min	Breakfast
10:00- 11:20	80 min	4th Period Final
11:30-12:50	80 min	6th Period Final
12:50-1:30	40 min	Lunch
1:35- 4:00	80 min	Time & Opportunity/Finals Make-ups

#### IMPORTANT INFORMATION FOR STUDENTS AND FAMILIES

- Bus runs will remain unchanged: one run in the AM and one in the PM
- No students leave class early; TAs stay in class
- . If a student finishes early, they will need to stay in class until the bell rings.
- . SPED staff need copies of finals from Reg Ed teachers early to make modifications
- . Those who ride a bus will need to go into a teacher's classroom until the buses arrive.

#### Costa Rica Exchange Opportunity

Mudd Nick is sponsoring two Neah-Kah-Nie Spanish Language students for the experience of a lifetime. Mudd Nick will award two scholarships for students who are selected by the Partners of America Costa Rica Exchange Program. Scholarship applications are now being accepted and are due by Dec. 6, 2024. For more information or to get a copy of the application, contact Mudd Nick program coordinator James Johansen at <a href="mailto:jamesj@nknsd.org">jamesj@nknsd.org</a> or follow this link: <a href="mailto:Mudd Nick">Mudd Nick</a> <a href="mailto:Partners">Partners of America Scholarship Application</a>

# **Click Here for Application**

# COSTA RICA HIGH SCHOOL EXCHANGE



# Europe Trip Anyone?

Have you ever wanted to travel to Europe? Your chance to travel to Ireland, Scotland, England, and France in the summer of 2026 is coming up! This last summer 18 students from NKN traveled to Germany, Italy, and Switzerland, and now it is your turn. There will be an informational meeting for students and parents on Wednesday at 6 pm in the Library. Check your school email for more information!

# After School Tutoring in Room 3

Stephanie Gomez and Shawn Lehr offer after school tutoring on Thursdays in room 3 from 4:00-6:00. Students needing to access the activity bus can do so at the end. Students can sign up with Amy in the main office.

# Help is Available!

Scan the QR Code to view and access resources relating to:

Mental Health

- Suicide
- LBGTQ+
- Sexual Assault, dating violent, domestic violence, and abuse
- · Student and school safety
- Food pantries
- Housing and shelter
- · Childcare and parenting



# Winter Sports

Winter Sports will be here before we know it. Practices for Winter Sports start Nov. 18th. Don't be left out because of expired physicals or Athletic Code/Permission slips not completed. Check out the QR Code board outside of Mary's office for the Athletic Code/Permission Slips to complete online or Amy in the office IF YOU HAVE NOT ALREADY FOR THE SCHOOL YEAR '24-25. If you played fall sports, you are good to go for the permission slips.

#### **Athletic Code/Permission Form:**

English-https://forms.gle/u57zsMxVSG2sNCig7 Spanish-https://forms.gle/diB5JwNXGAgjQsER6

Information that is helpful to know: Student Wellness Center is Open!



#### AT NEAH-KAH-NIE HIGH SCHOOL

#### HOURS:

#### **Tuesdays**

Wednesdays Counseling appointments only

Thursdays

8:30 am - 12:00 pm / 1:00 - 4:30 pm (Closed for lunch 12:00 - 1:00 pm)

8:30 am - 12:30 pm / 1:30 - 4:30 pm (Closed for lunch 12:30 - 1:30 pm)

8:30 am - 12:00 pm / 1:00 - 4:30 pm (Closed for lunch 12:00 - 1:00 pm)

#### **SERVICES AVAILABLE:**

NKN Student Health & Wellness Center offers various medical services, including:

Regular check-ups
Sports physicals
Care for illness and injury
Immunizations
Routine lab tests
Prescription medications
Age-appropriate reproductive health
Vision screenings

Dental screenings
Blood-pressure screenings
Health education
Counseling
Wellness opportunities
Referrals for other medical services
(Dental, X-rays, MRIs, Specialty)

#### Learn more at: NKNHealth.org

NKN Student Health & Wellness Center | Telephone: 503-355-3500 | Fax: 844-720-1901

#### Student Illness and Absence

Call or Email the Main Office to Let Us Know

Our phone number is 503-355-2772.

The email is <a href="mailto:amya@nknsd.org">amya@nknsd.org</a>

It is important to let us know that your child will not be attending so we do not worry about them. If your child is not at school, and we haven't heard from you, then you will receive an automated phone call notifying you of your child's absence.'

How long does my child need to wait to return to school after an illness?

The answer to this question depends on their symptoms. Our school has to follow the directives from the Oregon Health Authority (OHA) regarding when students may be readmitted to school after an illness. Please review the provided info from OHA. Please also note that the period of exclusion often requires 24 hours away from school (this is not a rule that the school developed, but one we have to follow).

#### PLEASE KEEP STUDENTS WITH SYMPTOMS OUT OF SCHOOL

This list is school instructions, not medical advice. Please contact your health care provider with health concerns.

instruction in structions, not include during	. Please contact your health care provider with health concerns.
SYMPTOMS OF ILLNESS	THE STUDENT MAY RETURN AFTER *The list below tells the shortest time to stay home. A student may need to stay home longer for some illnesses.
Fever: temperature of 100.4°F (38°C) or greater	*Fever-free for 24 hours without taking fever-reducing medicine.
New cough illness	* Symptoms improving for 24 hours (no cough or cough is well-controlled).
New difficulty breathing	* Symptoms improving for 24 hours (breathing comfortably). Urgent medical care may be needed.
Diarrhea: 3 loose or watery stools in a day OR not able to control bowel movements	*Symptoms improving for 24 hours (no more than two bowel movements more than normal and no longer having accidents) <b>OR</b> with orders from doctor to school nurse.
Vomiting: one or more episode that is unexplained	*Symptom-free for 24 hours OR with orders from doctor to school nurse.
Headache with stiff neck and fever	*Symptom-free OR with orders from doctor to school nurse. Follow fever instructions above. <i>Urgent</i> medical care may be needed.
Skin rash or open sores	*Symptom free, which means rash is gone OR sores are dry or can be completely covered by a bandage OR with orders from doctor to school nurse.
Red eyes with colored drainage	*Symptom-free, which means redness and drainage are gone OR with orders from doctor to school nurse.
Jaundice: new yellow color in eyes or skin	*After the school has orders from doctor or local public health authority to school nurse.
Acting differently without a reason: unusually sleepy, grumpy, or confused.	*Symptom-free, which means return to normal behavior OR with orders from doctor to school nurse.
Major health event, like an illness lasting 2 or more weeks OR a hospital stay, OR health condition requires more care than school staff can safely provide.	*After the school has orders from doctor to school nurse AND after measures are in place for the student's safety. Please work with school staff to address special health-care needs so the student may attend safely.
-Cealth	OREG DEPARTME EDUCAT

# Medication

All prescription and over-the-counter (OTC) medication must be administered at the office by trained personnel.

Medication that you want your child to take during the school day has to be brought to the office in the original container (or we cannot take possession of the medication). Parents must complete the medicine administration form before trained personnel can dispense medication to a child. ALL OTC medications must be handled through the office (this includes cough drops). If you have any questions about medication administration and school, please contact our main office.

