# A Novel Practice Guideline to Promote Access to Treatment for Opioid Use Disorder

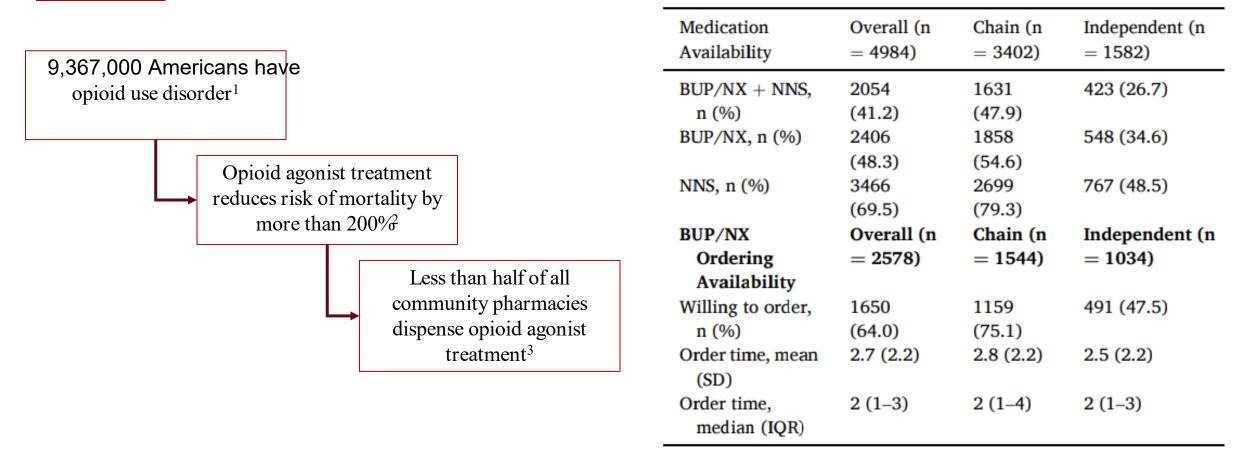
Tyler J. Varisco, PharmD, PhD

Assistant Professor | Department of Pharmaceutical Health Outcomes and Policy Assistant Director | Prescription Drug Misuse Education and Research Center University of Houston College of Pharmacy





### The Need:



- 1. Dowell D. CDC clinical practice guideline for prescribing opioids for pain—United States, 2022. MMWR Recommendations and reports. 2022;71
- 2. Cornish R, Macleod J, Strang J, Vickerman P, Hickman M. Risk of death during and after opiate substitution treatment in primary care: prospective observational study in UK General Practice Research Database. *BMJ* (*Clinical research ed*). 2010;341:c5475-c5475. doi:10.1136/bmj.c5475
- 3. Hill LG, Loera LJ, Torrez SB, et al. Availability of buprenorphine/naloxone films and naloxone nasal spray in community pharmacies in 11 U.S. states. *Drug and alcohol dependence*. 2022/08/01/ 2022;237:109518. doi:https://doi.org/10.1016/j.drugalcdep.2022.109518



Wholesale Restrictions

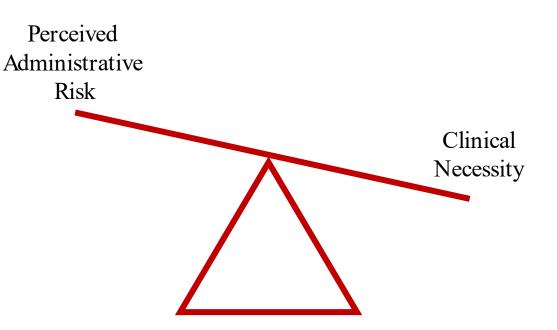
# Why wouldn't pharmacies stock medication?

#### <u>Stigma</u>:

"Nobody will sell insulin needles unless you have an injectable prescription at that pharmacy, and there's no law against it. The problem is that at the first pharmacy that does it, there will be people going to get needles ay the did girl will be ringing up all these people unknow and so nobody wants that businless would the community perception be?"

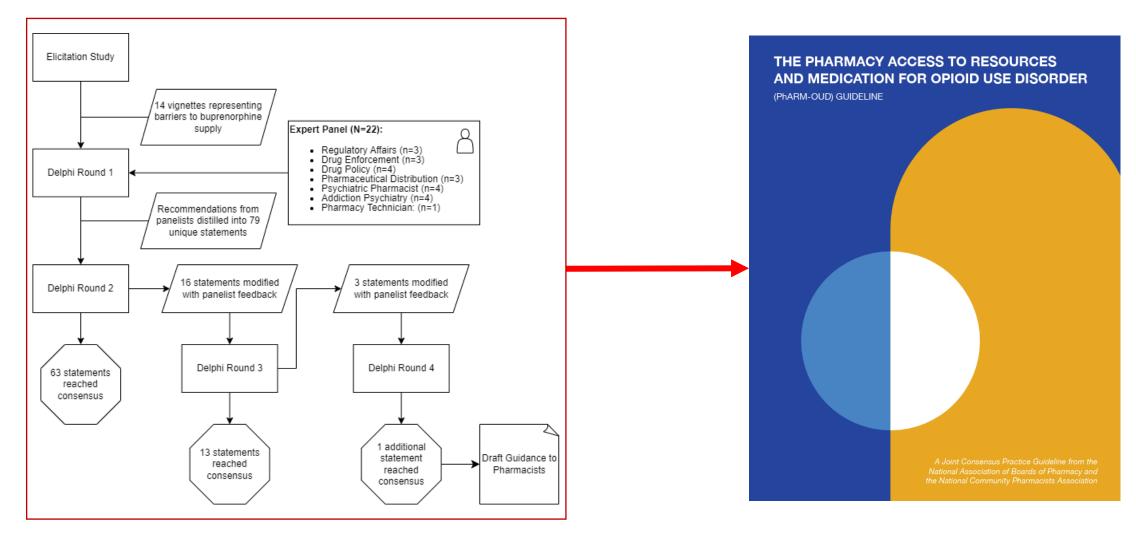
#### Enforcement:

"You know recently had a visit from the DEA just a random inspection, and that [buprenorphine] was one of the key drugs they that quota, game over user interested in looking at" (If we dispense a hundred prescriptions, 20 of them can be controlled substances hit them can be controlled substances hit you want. They won't ship anything."





## What we did about it:





## **Pharmacy Recommendations:**

The Pharmacy Access to Resources and Medication for Opioid Use Disorder (PhARM-OUD) Guideline outlines steps pharmacists can take to ease access to buprenorphine

Maintain a sufficient supply of buprenorphine

- Recognize that opioid use disorder is a chronic disease with adverse outcomes that can be prevented by treatment
- Use prescription drug monitoring programs to supplement rather than substitute for clinical judgment when making dispensing decisions
- Don't assume that because a person had to travel to fill a prescription or is paying cash that the person is misusing or diverting buprenorphine
- Review telehealth prescriptions and prescriptions from in-person encounters with the same criteria
- Recognize reasons providers may elect to prescribe buprenorphine monotherapy
- Consider dispensing a minimal partial quantity of the prescription if there is a delay in communicating with prescribers
- Treat people living with OUD with empathy, compassion, and support









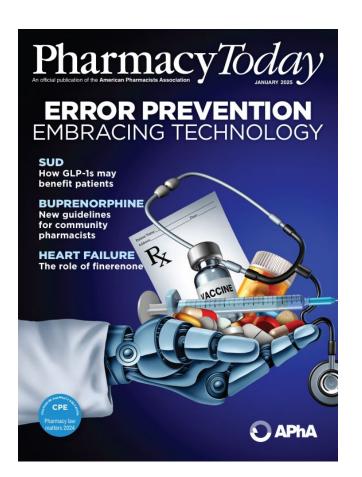








## **Dissemination and Next Steps:**



Foundation <i>for</i> Opioid Response Efforts	About Us

**News & Updates — Grantee Spotlight** 

Engaging Community Pharmacists in Improving Treatment Outcomes for Patients with Opioid Use Disorder

**September 24, 2024** 

PhARM-OUD Guideline

**UH Grantee Page** 

Today, the Natic Community Pho kind practice gi part of an ambit treatment for op percent of pharr at risk of treatme Resources and I is designed to ec to buprenorphin clinical barriers t assistant profess the FORE-fundec hopes it will acco

**Our Grantmaking** 

Activities:	Туре
Harnessing the Evidence: Implementing NCPA and NABP's PhARM-OUD Guidelines to Improve Access to Buprenorphine in your Pharmacy	
Harnessing the Evidence: Implementing NCPA and NABP's PhARM-OUD Guidelines to Improve Access to Buprenorphine in your Pharmacy - Pre-Test	NCPA Pre- Test
Harnessing the Evidence: Implementing NCPA and NABP's PhARM-OUD Guidelines to Improve Access to Buprenorphine in your Pharmacy - Video	NCPA Video
Harnessing the Evidence: Implementing NCPA and NABP's PhARM-OUD Guidelines to Improve Access to Buprenorphine in your Pharmacy - Final Assessment	NCPA Post- Test

NCPA is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy edu of continuing pharmacy education credit.

Activities:	Туре
Promoting the Ethical Care of Persons with Opioid Use Disorder: Considerations to maintain patient privacy and autonomy - Pre-test	NCPA Pre- Test
Promoting the Ethical Care of Persons with Opioid Use Disorder: Considerations to maintain patient privacy and autonomy - Video	NCPA Video
Promoting the Ethical Care of Persons with Opioid Use Disorder: Considerations to maintain patient privacy and autonomy - Final Assessment	NCPA Post- Test



Æ

NCPA is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Thi of continuing pharmacy education credit.



# Thank you!



Prescription Drug Misuse Education and Research (PREMIER) Center

**College of Pharmacy**