

BP 5131.63 PERFORMANCE ENHANCING DRUGS

The School Board recognizes that the use of performance enhancing drugs presents a serious health hazard to students. Performance enhancing drugs include anabolic steroids and any other natural or synthetic substance used to increase muscle mass, strength, endurance, speed or other athletic ability, excluding dietary and nutritional supplements such as vitamins, minerals, and proteins which can be lawfully purchased over-the-counter. The Superintendent or designee shall make every effort to ensure that students do not begin or continue the use of anabolic steroids or other performance enhancing drugs.

(cf. 5040 - Student Nutrition and Physical Activity)

Teachers of science, health, physical education and drug education shall include a lesson on this hazard in instruction programs for grades 7-12.

(cf. 6141 - Curriculum Development and Evaluation)

Extracurricular Activities

Participation in athletics and other extra-curricular activities is a privilege. Participants have a responsibility to themselves, their fellow students, their parents and their school to set positive examples of conduct, competition, sportsmanship, and training. Performance enhancing drugs are incompatible with this image and pose a health and safety risk to users and others.

(cf. 6145.2 – Interscholastic competition)

(cf. 6145.21 – Sportsmanship)

Students possessing, using, distributing, or selling anabolic steroids or other performance enhancing drugs will be removed from the extra-curricular activity for the remainder of the season/year and may be banned from future participation as determined appropriate by the Superintendent/Chief School Administrator or designee. Students who participate in athletics and other extra-curricular activities will be notified of this policy and will be informed of the dangers of performance enhancing drugs.

(cf. 6145 – Extracurricular and Cocurricular Activities)

Added 2/2011

Reviewed 2/2019

Reviewed 12/2021

Reviewed 3/2025