

## **Perham Preseason Travel Itinerary – Friday August, 28<sup>th</sup> – Saturday August 29<sup>th</sup>**

### **Friday, August 28<sup>th</sup>**

9:45am Team Breakfast in RCC/RHS Grounds

10:30am Transportation Departure from RHS/RCC

12:30pm Lunch/Stretch Stop in Little Falls, MN

1:15pm Transportation Departure from Little Falls, MN to Detroit Lakes

3:00pm Arrive in Detroit Lakes for Team Accommodations

5:30-6:15pm Team Dinner

6:30 – 9:00pm Team Building + Dessert

10:00pm Bed Check

### **Saturday, August 29<sup>th</sup> Meet/Race Day at Arvig Park (Perham, MN)**

6:30am Wake-up Call and Breakfast

7:15am Transportation Departure from Detroit Lakes to Arvig Park (Perham)

7:45am Arrive at Course and Set-up Camp

#### **9:00 – 12:30pm Junior High, Varsity, Junior Varsity Races**

1:30 Transportation Departure from Perham

3:00-3:30pm Stop in Little Falls (Stretch/Restroom)

5:00pm Arrive at RHS