

Browning Public Schools Trauma Informed/School Climate team is using a standardized approach to promote a healthy learning environment. The team will support each building in promoting a safe and supportive learning environment. Some of the areas that the team would like to focus on include:

- Support for new or struggling teachers
- No Yelling in Schools
- Training all staff
- Self-Care and Secondary Trauma
- Alternatives to suspension and ISS

Using the National Center on Safe and Supportive Learning Environments training model we hope to create a common language and universal supports for our students.

In October of this year all School Principals and Vice-principals received the first level of training: ***Building Trauma Sensitive Schools*** and are able to present that training to their staff along with handouts and scenarios. The idea is to create a knowledge base within the school leadership and not to have to rely on outside training consistently.

Schools play a significant role in supporting the health and well-being of children and youth, including those affected by traumatic experiences. In a trauma-sensitive school, all aspects of the educational environment—from workforce training to engagement with students and families to procedures and policies—are grounded in an understanding of trauma and its impact and are designed to promote resilience for all.

The *Trauma-Sensitive Schools Training Package* offers school and district administrators and staff a framework and roadmap for adopting a trauma-sensitive approach school- or districtwide. The Training Package includes a variety of resources for educating school staff about trauma and trauma-sensitive practices and for providing school leaders with a step-by-step process for implementing a universal, trauma-informed approach using package materials. School and district leaders are encouraged to begin by reviewing the Implementation Guide for an overview of the package components and their intended use

The *Trauma-Sensitive Schools Training Package* offers school and district administrators and staff a roadmap and tools for adopting a school- or districtwide approach to addressing trauma and promoting resilience for everyone in the learning environment. This training package supports school and district administrators and staff to do the following:

- Understand trauma in a broad and inclusive way;
- Recognize the effects of trauma on students, families, school administrators and staff, and communities;
- Learn a process for implementing a schoolwide trauma-sensitive approach; and
- Integrate trauma-sensitive practices into their daily operations.

Working with Everett Armstrong we have also provided training for District Coaches. To date we have offered this class 3 times to all High School coaches. Our next step is to provide the same for middle school and Napi elementary.

We have created a Trauma Informed coaching workshop entitled: **What makes a good Coach:** In addition to basic Trauma Informed principals the following topics are discussed.

- FERPA
- Mandatory Reporting
- Elements of Youth Mental Health First Aid
- Positive Coaching and Role Modeling
- Community Service
- Suicide awareness
- Bullying/Hazing prevention
- Recognizing signs of possible substance abuse and avenues of support.