



Cougar Nation News

Dec. 2024 / Jan. 2025

Yearbooks

Yearbooks are on sale now for \$50.00.

Spirit Week

Dec. 16~19

Monday ~ Holiday Headwear Day

Tuesday ~ Winter Wars Day
(Grade Level competition)

Seniors ~ Santa

Juniors ~ Snowman

Sophomores ~ Reindeer

Freshmen ~ Elves

Wednesday ~ Ugly Sweater Day

Thursday ~ Home for the Holiday Day
(wear your PJ's)

This basketball season we are having themes for home basketball games. If you dress up you get \$1.00 off your entry fee.

December 4 ~ Neon Glow

December 6 ~ Hawaiian

December 11 ~ Dispicable Me

December 17 ~ Candyland

December 18 ~ Ugly Sweater

HOLIDAY MEAL

The Holiday meal will be held on December 18th. The menu will consist of:
Roast Turkey with mashed potatoes and gravy or a Turkey & cheese sandwich
Green Beans
Cranberry Sauce
Salad bar with mixed greens, fruits and vegetables
Dessert

Please note that the above will be the ONLY selections for lunch that day



Dates to Remember

December 7.....FFA Can Drive
 December 16.....Spirit Week
 December 18.....Board Mtg @ IVHS
 December 19.....Music Concert 6pm
 December 23.....Winter Break
 January 6.....Return to school
 January 15.....Board Mtg @ D.O.
 January 20.....MLK Day (no school)
 January 23.....End of 2nd quarter

NEW Instagram Page
 Strength & Conditioning has a
 NEW Instagram Page @
 theden_ivcougs

Immunization Exclusion Day
 February 19, 2025

Please send updated information to
tara.thornhill@threerivers.k12.or.us
 or call 541-592-2116

Thank You!



Juniors and seniors who are interested in healthcare careers, are invited to attend a Healthcare Professions Demonstration Day at Rogue Community College, Table Rock Campus in White City.

The healthcare programs that will be participating include Emergency Medical Services, Phlebotomy, Medical Assistant, Dental, Pharmacy Technician, Massage Therapy, CNA, Physical Therapy Assistant, and others TBD.

This is a great opportunity for your student to get hands-on experience with RCC's healthcare programs. This will be 4-21-25 from 7:15am to 2:00pm

Please see Sara Creek If interested space is limited.

Are you interested in going to a 4-year university, RCC, another community college, or trade school?

We can help you apply for scholarships for any of these!

Starting December 3rd, we will meet with students to help them apply for scholarships through the Redwood Application. We will be available on the following days:

- *Every Tuesday after school in the college and career center*
- *The Following Fridays from 1-3 in the college and career center:*
- *December 13th*
- *January 10th*
- *January 24th*
- *Thursday, February 6th all day and after school in the college and career center*

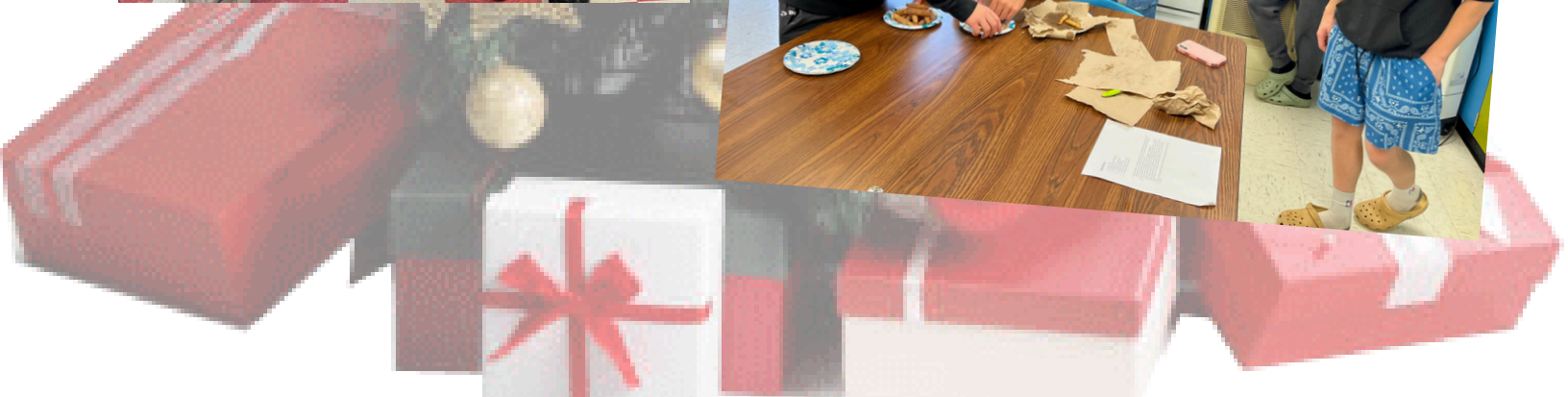
If you have any questions please talk to Ms. Creek in the career center or Ms. Welch in the counseling office.

*After school
tutoring is
available every
Wednesdays from
4:00pm ~ 5:30 in
room 15.*

*Yearbooks are on sale NOW for
\$50.00. Please see the bookkeeper
to make your purchase.*



Curtiss Heier
Cross Country
2024
STATE
CHAMPION





YOU ARE INVITED TO

Illinois Valley High Schools

HOLIDAY CONCERT

DECEMBER 19, 2024
6PM

Illinois Valley High School
Commons

RAFFLE TO CONDUCT "SLEIGH RIDE"





IVHS MUSIC SHOP SMART

fundraiser

Support IVHS Music and get your groceries at the Shop Smart in Cave Junction! Students will be bagging groceries to help earn money for travel and equipment.

See you there!

12-5PM

December 14, 2024

COFFEE TIN DONATIONS



We are looking for clean and empty coffee tin donations for LBMS and IVHS music. Please drop them off at the front office of either school, or contact Emily Warren at emily.warren@threerivers.k12.or.us to arrange a drop-off.