

# *The Nehalem Nugget*

JANUARY 2023

*Be Safe . . . Be Respectful . . . Be Responsible*

## *Important Dates and Reminders*

- Monday, January 2, 2023 - New Years Day observed
- School Resumes - January 3, 2023
- No School - January 9, 2023 - Professional Development
- Board Meeting - January 9, 2023 - 6:30 p.m. @ the District Office
- NO School - January 16, 2023, Martin Luther King Jr. Holiday
- NES Winter Pajama Storytime Hour - January 19, 2023 (see details below)
- January 27, 2023 - No Preschool - Staff Professional Development



## **Swim Starts for 2/3 Classes**

- Honts - Tuesdays
- Christensen - Wednesdays

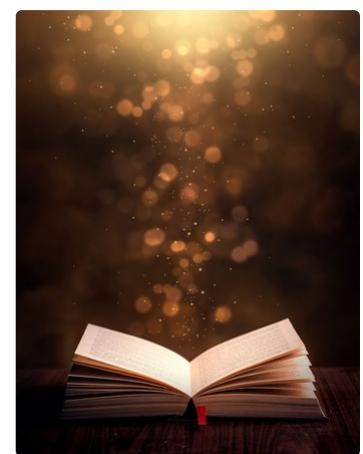
## *NES Winter Pajama Storytime Hour*

### **NES Winter Pajama Storytime Hour**

**January 19, 2023**

**6:00 p.m.-7:00 p.m.**

NES staff can't stop talking about the children's books they love! We have decided to share those books with our students and our families! For one night only, our own staff will be reading aloud some of their very, very favorite children's books in different areas around the school. Come cozy up in your pajamas and settle in to hear these wonderful stories and why the stories mean so much to the staff. Families will receive a program when they arrive so they can choose which stories they would like to hear and experience; we'll even have stories read in Spanish! Everyone will end up in the cafeteria for cocoa and a cookie at the end of the evening then head off home to bed. Please contact the office to RSVP.



**STATE TESTING INFORMATION**

Required state testing for grades 3-5 will be this spring. Specific dates will be in the newsletter when testing gets closer so that parents know the actual dates their children will test. State law requires parents be notified of their right to opt-out their child from state testing, even though NES, the Neah-Kah-Nie School District and the Oregon Department of Education recommends that all students test. Click on the red button below to access the Opt Out Form.

[Oregon State Testing Opt Out Form - English](#)

[Oregon State Testing Opt Out Form - Spanish](#)

*Please click on the link below to review the District's Delayed Start Plan*

[NKN Delayed Start Plan](#)

*Please sign up through the link below to receive Flash Alert messages when we have a school delay or closure.*

[Flash Alert Sign Up](#)



### *MISS JENNIFER*

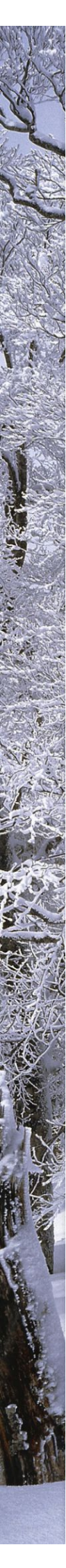
Happy New Year!

I hope you and your families had a restful winter break!

In January we will review problem solving and conflict resolution. As we return to school from break a little refresher goes a long way. We will also be covering our Child Protection Unit. Students will learn about safe, unsafe, and unwanted touches, and rules about touching private body parts. They'll also learn to say no to unsafe or unwanted touches, and to tell an adult if someone breaks rules about touching private body parts. You should have received an email with information about these lessons. If you have any questions or concerns please let me know.

Mindfulness will continue to be incorporated into our SEL lessons this year. Practicing mindfulness is a great way to train our brains to regain focus and calm...

I encourage you to practice this with your students at home. It was created by the Committee for Children who is the creator of Second



Step, the SEL curriculum used at NES. [Waterford.org](http://Waterford.org) is another great resource for kids and mindfulness as well.

If you have any questions or concerns about your student feel free to contact me. You can also fill out a [counseling form espanol](#) to request a meeting.

Ms. Jennifer  
503-355-3657

[jenniferh@nknsd.org](mailto:jenniferh@nknsd.org)

## *Mrs. Duer- PE*

It has been a busy but wonderful fall in PE! Students are enjoying having PE class on a daily basis. I am making the adjustment from classroom teaching to my new position in PE and have truly enjoyed getting to know all of the students in the school.

In the month of December, grades second and above have been working on floor hockey skills such as dribbling, passing, shooting, and offensive and defensive tactics. The last few days before winter break have been spent playing mini floor hockey games. In Kindergarten, we have been working on basic volleying and striking skills with balloons. The first graders have been working on a combination of volleying and striking with balloons and floor hockey skills.

In January all grades will be working on basketball skills such as dribbling, passing, and shooting. Grades second and above will also be playing basketball games during their PE time. In addition, we will be doing a stunts and tumbling unit near the end of January.

Have an active, healthy break!







## *NES Parent Council*

First of all I want to send a HUGE thank you to everyone that supported our raffle before the Winter Concert. We raised \$529 which helps continue our tradition of supplying school supplies for all students. We appreciate your support!

We wish everyone a safe and wonderful holiday break. Our next parent council meeting will be January 10, 2023 at 6pm in the cafeteria.



The NKN Student Health & Wellness Center provides services to all students regardless of the student's ability to pay.  
Located at the Neah-Kah-Nie High School.

Center opens Tuesday, August 9<sup>th</sup> for medical services (including sports physicals).

**Health & Wellness Center Hours**  
**Tuesday:**  
8:30 am – 12:00 pm  
1:00 pm – 5:00 pm (closed 12:00 pm – 1:00 pm)  
**Wednesday:**  
8:30 am – 12:30 pm  
1:30 pm – 5:00 pm (closed 12:30 pm – 1:30 pm)  
**Thursday:** Starting September 6th  
(Counseling appointments only)  
8:30 am – 12:00pm  
1:00 pm – 4:30 pm (Closed 12:00 pm – 1:00 pm)

**(503) 355-3500**

Visit the website for available services  
and resources: [nknhealth.org](http://nknhealth.org)  
*\*Parents have the right to opt out of services.*

*Click on the link below to see when and how long to keep students at home if they are ill.*

[Symptom Checker](#)

## NCRD

**Happy 2023!!! NCRD Youth wishes you had a fantastic holiday season!**

If you're in need of childcare visit [NCRD.org](http://NCRD.org) and follow the link to register (we are all online now!!!). On school days we pick up your students at Nehalem Elementary school at the end of each school day and are open until 5pm. Cost is \$6 a day per child, and this includes a nutritious snack and a host of enrichment activities (outdoor play/walks, gym time, crafts, music, science, and etc. We are closed for all national holiday's and on day's observing the holiday Jan. 2nd and Jan. 16th . Full days are \$20 per student and registration and prepayment is required, please visit [NCRD.org](http://NCRD.org) or the welcome center. This month's no school days are January 9th. We are hopeful and plan to be open all the dates listed above, however due to staffing shortages closures may be possible. Please keep an eye on the website and Facebook pages for updates, weather, and staff closures.

If you know of anyone looking for a part-time after school position, please apply in person at the welcome center. We are in need of a youth assistance approximately 3 - 30 hours a week.

Scholarship applications are available upon request. Scholarships for students are funded through the Friends of NCRD, who support families in need through various fundraisers throughout the year. Please let any NCRD staff or the welcome center know if you would like an application.

### **-Youth Sports-**

Basketball starts January 19th and runs through February 23rd . Registration is available online at NCRD.org. Registration is open to children in grades K - 3rd . If you are interested in coaching please reach out, no experience necessary. Do not hesitate to reach out with any questions or concerns. [angiet@ncrdnehalem.org](mailto:angiet@ncrdnehalem.org) [kileyk@ncrdnehalem.org](mailto:kileyk@ncrdnehalem.org)

## *NCRD Aquatics Center*

### **Friday Night Family Swim Continues In 2023!**

January 6th - First Friday - 6:00---7:30 p.m.

Adult(s) please accompany your children this Winter Season. It is not mandatory that adults must be in the pool for kiddos to participate.

- Students - \$2 per student \$18 for 10 X swim pass
- Adults - \$6 or \$50 for 10 X swim pass

Purchase @ the Pool. No reservations necessary!

### **Wednesday Water Play is Back!**

After School Swim Program Free choice water Fun\*\*\*\*\*Games and equipment available for students' grades 1-5. Parents are responsible for delivering and picking up children at the pool.

**Schedule 2023:** January 18, 25 February 1, 8, 15, 22 March 1, 8 15, 22

**Time:** 2:45 p.m.---4:00 p. m. Pick-up is 4:00 sharp. (Punctuality is truly appreciated!)

**Cost:** \$2 per session or use swim pass \$18 for 10 x swim pass Purchase @ the POOL!

If you have questions please call or email.

1-855-444-6273

[suedg@ncrdnehalem.org](mailto:suedg@ncrdnehalem.org)

## NKN District Job Openings

Click button to access and apply for open positions. The school district is also in need of qualified substitutes in all areas. See below for ESS link to become a substitute.

**SUPPORT OUR  
SCHOOLS!**

**Become an ESS  
Substitute**



*Every day counts.*



**SCAN  
ME TO  
GET  
STARTED!**

**Kristi Woika, Princip**

Nehalem Elementary Sch  
P.O. Box 190-Nehalem, OR 9  
PHONE: 503-355-31  
Fax: 503-368-1  
Toll Free #: 1-888-218-2  
kristiw@nksd

