## Beeville ISD School Health Advisory Council Meeting Friday, February 7, 2014 Minutes

The third SHAC meeting for the 2013-14 school year was held Friday, February 7, 2014 from 12:00 pm to 1:00 pm. Those in attendance were Karen Harvey TJES PE teacher, Denise Fenner BISD RN, Adriana McKinnon of Women's Shelter of South Texas, Carrie Morin HMD representative and parent, Debra Velasco of Texas Health Steps STAR / STAR + Plus, Magaly Reyna of CHRISTUS Health Plan Community Outreach, and Cindy Clendennen Co-chair.

Items on the agenda included:

**Child Nutrition Policy Change**- Texas Public School Nutrition Policy (TPSNP) will no longer be in effect after June 30, 2014. Beginning July 1, 2014 Smart Snacks in Schools, which is part of the Child Nutrition Reauthorization Act otherwise known as Healthy, Hunger-Free Kids Act of 2010, will begin changing nutritional limits on serving guidelines for students in public schools. Since Healthy, Hunger-Free Kids Act is a federal policy, Texas Department of Agriculture will follow federal rules and regulations. This means during the 2014-15 school year, there will be changes to the district feeding program. Jeff Atkinson, Food Service Director will keep BISD staff updated as he receives information.

**Requirements for Instruction in CPR**- House Bill 897 is new legislation that requires students in grades 7 – 12 to receive instruction in Cardiopulmonary Resuscitation (CPR) at least once before graduation from high school. Instruction may be provided as a part of any course and is not required to lead to certification by the student. Instruction must include training that has been developed by the American Heart Association or the American Red Cross or using nationally recognized, evidence-based guidelines for emergency cardiovascular care and incorporating psychomotor skills to support the instruction. The SHAC discussed possibilities of how this instruction can occur for Beeville ISD students. District and campus administrators will make a final determination on how and when to implement CPR instruction to these students.

**Wellness Policy Evaluation**- Each school district is required to annually evaluate their district Wellness Policy and share results with the public. Cindy Clendennen presented an evaluation instrument called School and Community Actions for Nutrition (SCAN) Survey. Mrs. Clendennen compared SCAN predetermined criteria to the BISD Wellness Policy, but in order to complete the survey, she will solicit input from campus staff, Jeff Atkinson, Food Service Director and Traci Younts, ACE Director. Evaluation results will be shared to inform the public as required.

**Other-** Magaly Reyna, representative of CHRISTUS Health Plan Community Outreach shared information about presentations offered to schools dealing with health and hygiene. Healthy Henry and Hygiene Hannah are two characters who will provide presentations to students upon request. Cherokee Saldivar of CHRISTUS Spohn is the contact person to request a presentation.

Ms. Reyna and Debra Velasco provided information to assist school districts in holding a health fair if interested. Karen Harvey, TJES PE teacher expressed interest in this idea. It may be a project the district could host in the future.

Adriana McKinnon, representative from Women's Shelter of South Texas shared information on dating violence and bullying. Jerry Dugan is the contact person at Women's Shelter who can provide additional information about curriculum or presentations for students.

The remaining SHAC meeting is scheduled for April  $4^{\rm th}.$ 

Without further discussion, the meeting adjourned at approximately 1:00 pm.

Submitted by Cindy Clendennen, Co-chair