



Robstown ISD School Health Advisory Council

Annual Progress Report To the Board of Trustees

June 13, 2022



Melissa R. Chavez, BSN, RN

Director of Health Services





What is a SHAC?

A SHAC (Student Health Advisory Council) is a group of individuals representing segments of the community and school district who provide advice to the district on coordinated school health (CSH) programming and its impact on student health and learning.





RISD SHAC Members 2021-2022



-
- Mr. Ricardo Bosquez, Chairman
 - Mrs. Gloria Hernandez (Child attends San Pedro)
 - Mrs. Kristy Elizondo (Child attends San Pedro)
 - Mrs. Melissa Ramon (Child attends San Pedro)
 - Mrs. Roberta Aguilar (Children attend Lotspeich & San Pedro)
 - Mrs. Lorraine Ordonez (Child attends Lotspeich)
 - Mrs. Erika Ramon (Child attends Robert Driscoll Elem.)
 - Mrs. Paula Rocha (Child attends San Pedro)
 - Mrs. Lori Aguilar (Children attend Robert Driscoll Elem.)
 - Mrs. Gina Rodriguez (Child attends San Pedro)

 - Melissa R. Chavez BSN, RN- Director of Health Services
 - Physician Liaison-Doctor Eric Baggerman (Amistad Clinic)
 - RISD Nursing Department
 - Physical Education- Coach Rosalinda Lira
 - Academics-Lorena Ceballos, Executive Director of Teaching, Learning, & School Leadership
 - Director of College and Career Readiness-Maricela Pena
 - Principal-Anissa Chavera
 - Food Service-Chris Teager
 - Counseling Services- Nataline Hall, LCSW, & Christian De Leon, LMSW
 - Parent Involvement Director-Michelle De La Pena

State Legislated SHAC Requirements



- A minimum of five members must be appointed to serve on the SHAC by the Board of Trustees
- Majority of members must be parents who are not employees of the district
- A parent must serve as the chair or co-chair
- SHAC must meet at least 4 times a year
- SHAC must deliver an annual report to the Board of Trustees
- SHAC is required to submit recommendations regarding the districts' health education curriculum
- HB 1525 and SB 9 in the 2021, 87th Legislative Session

Texas Education Code, Chapter 28, Section 28.004

2021, 87th Legislative Session, Regular Session HB 1525

- Amended Section 28.004 of the TEC to local SHAC in recommending human sexuality instruction (defined as instruction including reproductive health) curriculum.
- Changes in SHAC public meeting requirements, including meeting posting and recording.



2021, 87th Legislative Session, 2nd Special Session SB 9



Amended Section 28.004 of the TEC to update the duties of each school district's local SHAC in recommending child abuse, family violence, dating violence, and sex trafficking curriculum.



2020-2021 SHAC Meeting Dates

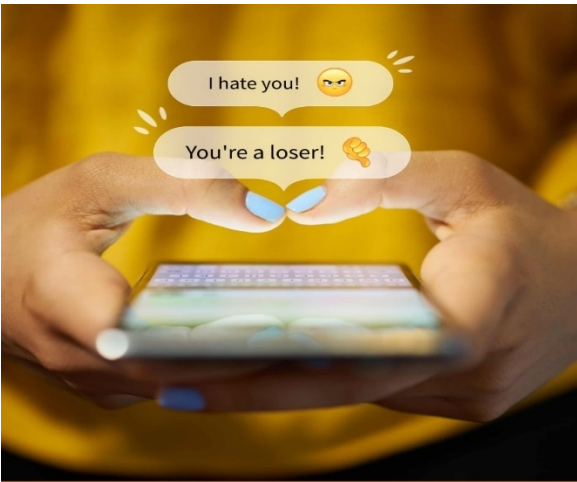
- October 13, 2021
- December 8, 2021
- February 23, 2022
- April 6, 2022
 - ❖ April 20, 2022
 - ❖ April 27, 2022

SHAC is required to meet at least 4 times a year. (There were 4 meetings and 2 follow up meetings to our 4th meeting).

Topics of Discussion during SHAC Meetings

- Review of House Bill 1525 Requirements for SHAC
- Covid-19 Updates (CDC/State/Local)
- Breast Cancer Awareness
- Domestic Violence
- Anxiety and Depression
- Nutrition and Emotional Wellness
- Smart Snacks in schools/healthy choice updates
- Physical Activities/after school programs
- Mental Health/services/resources
- AHA-Healthy Hearts/Nutrition
- New Health Curriculum in Schools
- Supplemental/coordinated programs





THURSDAY, OCTOBER 28TH, 1:00 PM TO 2:30 PM
 ORTIZ INTERMEDIATE SCHOOL

Join District Social Workers for a training on Bullying, David's Law, and how to utilize Robstown ISD's My Voice reporting system. For more information, contact District Social Workers at (361) 461-3144

STOP BULLYING!

WE STAND UP AGAINST BULLYING
 LET'S JOIN HAND IN HAND TO STOP BULLYING AT SCHOOL

Guest Speaker Fabien Ramirez

ROBSTOWN MILE CLUB

JOIN OUR CLUB!
 K-6TH GRADE RISD STUDENTS

MONDAYS & WEDNESDAYS AT 6PM AT ROBSTOWN COUNTY PARK. FAMILIES ARE ENCOURAGED TO RUN/WALK WITH THEIR CHILD.

Registration will be held at 5:30pm on Monday March 21st at Robstown County Park

ALL CLUB MEMBERS WILL BE INTRODUCED AND HAVE THE OPPORTUNITY TO RUN A LAP DURING THE ROBSTOWN HIGH SCHOOL TRI-MEET ON APRIL 6TH!

For more information please contact:
 Coach Adolfo Gonzalez
 361-460-4159
 Coach Rosalinda Lira
 361-244-3367

Mental Health *Acceptance*



Special Guest, Dr. Diane Herrero, from Amistad Community Health Center will discuss "Supporting Your Family's Mental Health"



Friday, May 13, 2022
9:00 am to 10:00 am
Ortiz Cafeteria



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ATTENTION JOIN THE FUN ROBSTOWN -I.S.D. SUMMER TRACK



WHO: All Robstown Students 6 years to 18 years.

WHERE: Robstown High School Track Stadium

WHEN: Starts: Monday, May 23, 2022 (Practice Starts)
Ends: Thursday, June 30, 2022

REGISTRATION: All Registrations Must Be Submitted To Track Coaches:

TRAINING: (Incoming 1st Grade to Incoming 6th Grade)
6 to 11 years old - (Born between 2016-2011) Workout from 5:00PM to 6:00PM (Mon./ Tues.)
Track meets held on (Thursday) for ages 6 to 11 years old (Meets with Banquete League).
THURSDAY, JUNE 2ND @ BANQUETE @ 5:00PM
THURSDAY, JUNE 9TH @ BANQUETE @ 5:00PM
THURSDAY, JUNE 16TH @ BISHOP @ 5:00PM
THURSDAY, JUNE 23RD @ FREMONT @ 5:00PM
THURSDAY, JUNE 30TH @ (?) TBA @ 5:00PM

TRAINING: (Incoming 7th Grade to Incoming 12th Grade)
12 to 18 years old - (Born between 2010-2004) Workouts from 6:00PM to 7:00PM (Mon./ Tues./ Wed.)
Track meets held on (Friday) for ages 12-18 years old (Meets with Corpus Christi League).

NOTE: (CORPUS CHRISTI MEETS WILL BEGIN @ 6:00PM AT CARAMISS ATHLETIC COMPLEX)

AGES DIVISIONS:

Tots - 2016 (age 6)	Tiny - 2015 (age 7)
Primary - 2014 (age 8)	Sub-Bantam - 2013 (age 9)
Bantam - 2012 (age 10)	Sub-Midget - 2011 (age 11)
Midget - 2010 (age 12)	Sub-Youth - 2009 (age 13)
Youth - 2008 (age 14)	Intermediate - 2008-2007 (ages 15-16)
	Young Men/Women-2004-2005 (age 17-18)

PLEASE PRINT

Name of Student: _____ D.O.B. _____ Age: _____
Parent Cell: _____ Parent Cell #2 _____ (If Needed)
In Case of Emergency, Please Contact: _____
T-Shirt Size: ADULT: S M LG XL XXL Youth: S M LG XL
Circle One:



SUMMER EATS

FREE MEALS FOR KIDS & TEENS



FIND A LOCATION NEAR YOU:

CALL

"211"

TEXT

"FOOD" to 304-304

VISIT

SummerFood.org

Who's Eligible To Receive Summer Meals?

- * Children and teens ages 18 and younger.
- * Enrolled students with disabilities up to 21 years old.

This institution is an equal opportunity provider

Summer Feeding Sites at Robstown ISD and Serving Dates:

Robert Driscoll Elementary:

June: 6th-9th, 13th-16th, 20th-23rd
July: 11th-15th, 18th-22nd, 25th-29th
Breakfast: 8:00am-8:30am
Lunch: 11:00am-12:30pm

Seale Jr. High:

June: 6th-9th, 13th-16th, 20th-23rd
Breakfast: 8:00am-8:30am
Lunch: 11:30am-12:15pm

Robstown Early College High School:

June: 6th-9th, 13th-16th, 20th-23rd
Breakfast: 8:00am-8:30am
Lunch: 12:00pm-12:30pm

** Currently, TDA only allows meals to be picked up and eaten in the cafeteria. If this changes, additional communication will follow. **





TEXAS

Department of
State Health Services

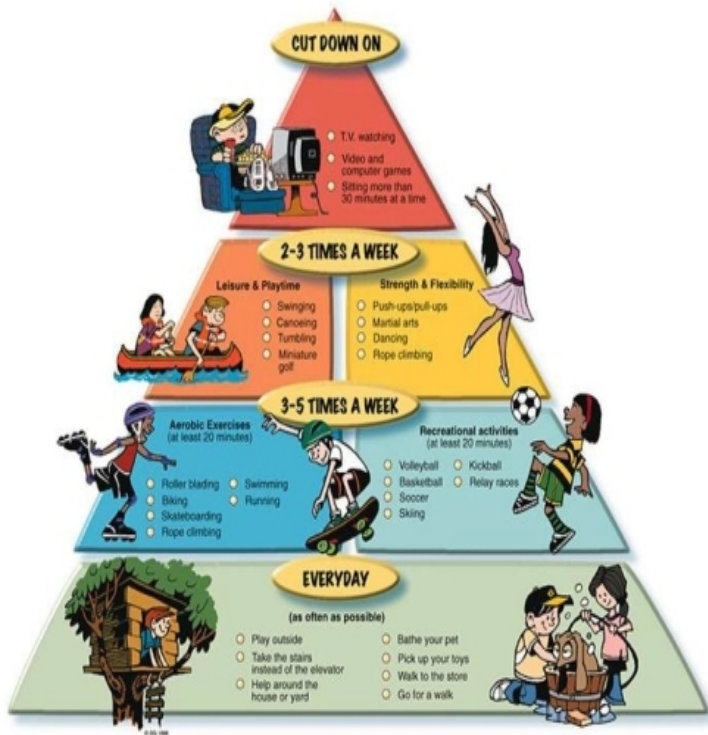
Coordinated School Health

All Texas schools are required by law to implement a Coordinated School Health program in grades K-8.



*Texas Education Code
Title 3, Chapter 38, Section 38.013*

What is Coordinated School Health?



Coordinated School Health is a systematic approach of advancing student academic performance by promoting, practicing, and coordinating school health education and services for the benefit and well-being of students in establishing healthy behaviors designed to last a lifetime.

TEA State Approved Coordinated School Health Programs

- CATCH – Coordinated Approach to Child Health
- Bienestar
- The Great Body Shop



SHAC Recommendation for Coordinated School Health Program

- After reviewing the 3 TEA Approved Coordinated School Health Programs: Bienestar, CATCH and The Great Body Shop, the SHAC Committee recommends: CATCH
- Supplementals to cover 4-8 Reproductive and Sexual Health TEKS
 - District Created Lessons for grades 4-5
 - G/W Health Book Lessons for grades 6-8



Robstown ISD SHAC Information



SHAC information can be found on the Robstown ISD website by going to Departments, Health Services, and then School Health Advisory Council or follow the link below:

[School Health Advisory Council – Health Services – Robstown Independent School District \(robstownisd.org\)](http://robstownisd.org/School-Health-Advisory-Council-Health-Services)