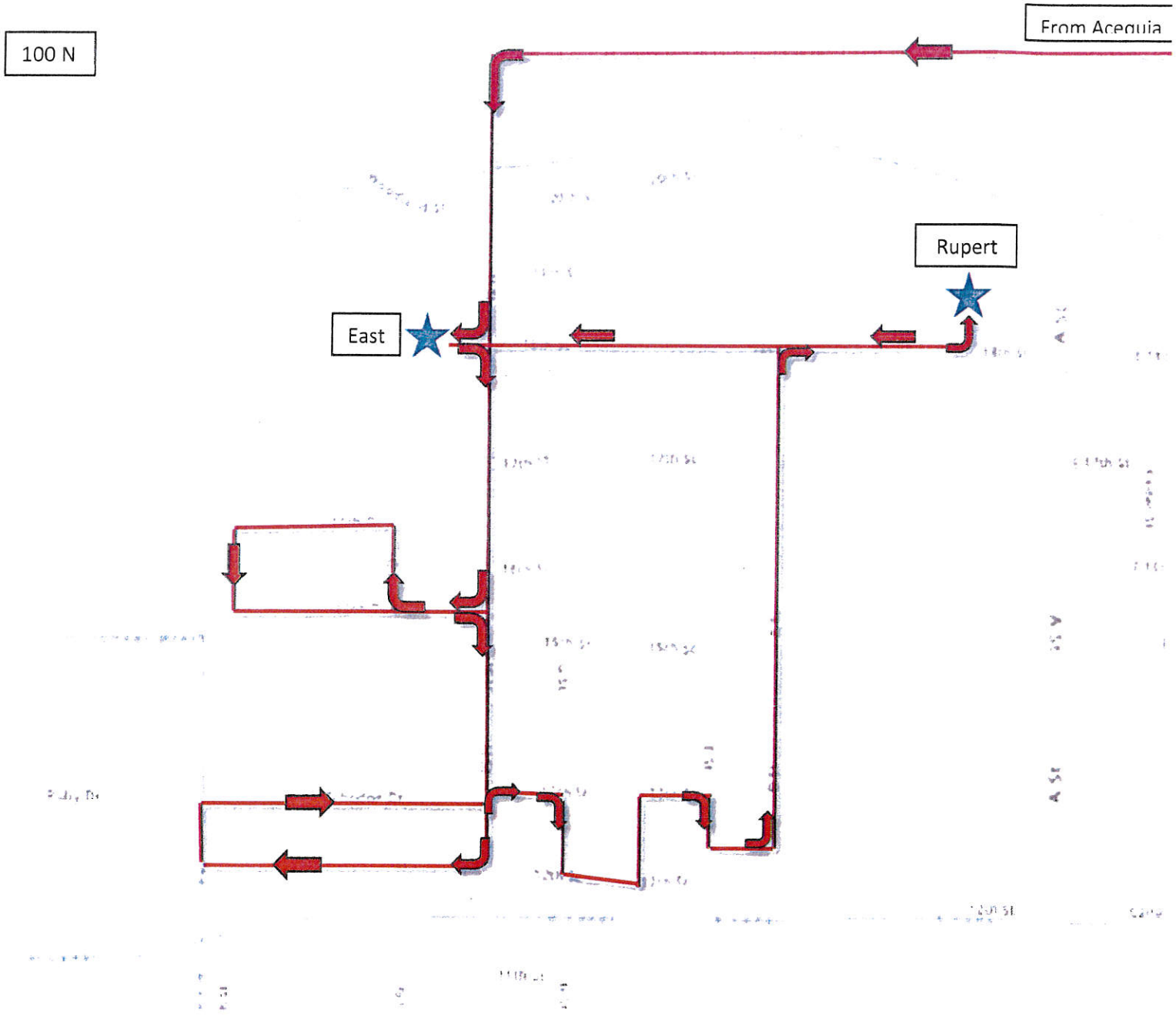Route 11 S am - to East/Rupert