



WEST COOK YMCA



HERE FOR YOU, FOR A BETTER US

THE YMCA AFTER-SCHOOL SIGNATURE PROGRAM: A Safe, Enriching, and Supportive Environment

We are pleased to be partnering once again with District 90 students and families through our newest collaboration, the YMCA After-School Signature Program for elementary students. The program provides a seamless transition from the school day to the after-school signature program. Participating scholars will be supervised and experience daily dosages of academic supports such as homework assistance and tutoring, as well as enrichment activities such as Art, STEM, engage in daily physical activity social-emotional development activities, and have an after-school snack. Overall, our YMCA program seeks to support the whole child, focused on social emotional, cognitive, and physical development of each scholar through a sense of belonging, achievement, and building positive relationships.

RIVER FOREST SCHOOL DISTRICT 90 1ST-4TH GRADE STUDENTS

Monday-Friday
End of School Day- 6:00 pm
Half Day/Early Releases Included; No Program when there is no school or school is cancelled

PROGRAM COST:
\$600/month

ENROLLMENT CAPACITY:
30 scholars per school

PROGRAM LOCATIONS:
Lincoln Elementary and Willard Elementary

REGISTER TODAY!
westcookymca.org/d90asp

QUESTIONS?
d90asp@westcookymca.org

PROGRAM FOCUS



COGNITIVE DEVELOPMENT

Provide academic support with homework help, math/literacy enrichment, small group tutoring



PHYSICAL DEVELOPMENT

Promote physical activity with daily moderate to rigorous physical activity



SOCIAL AND EMOTIONAL DEVELOPMENT

Implement social-emotional learning strategies to develop SEL skills which we assess twice a year



IN PARTNERSHIP WITH RIVER FOREST SCHOOL DISTRICT 90

The YMCA After-School Signature Program is curated so that it aligns with the District 90 school day learning to strengthen the academic growth of each scholar by providing opportunities to guide exploratory hands-on lessons to build trust, communication, decision-making, and leadership. The program design also provides some flexibility for your scholar to participate in other afterschool enrichment and clubs offered at your child’s home school, allowing for smooth transitions to and from other on-site school programs.

WHY CHOOSE THE WEST COOK YMCA

The Y ensures all scholars are welcomed as an individual, where they are each valued and recognized as a unique person, where scholars feel a sense of belonging, can make new friends, and achieve goals that will help them succeed at home, in school, and in life. The West Cook YMCA has been partnering with River Forest School District 90 to support our scholars and families since 2018.

SAMPLE DAY AT THE AFTER-SCHOOL SIGNATURE PROGRAM

Students will receive a wide range of activities each month throughout the school year to intentionally foster a whole child centered approach to development.

3:10-3:25pm	3:25-3:45pm	3:45-4:15pm	4:15-4:45pm	4:45-5:15pm	5:15-6:00pm
Movement Game Choice Ro-Sham-Bo-Sham Relay Run If... Table Craft/ Game Choice Decorate a Banner	Snack Goldfish Community/ SEL Activity Introduction to Mood Rings (SEL Understanding and Sharing Emotions)	Physical Activity BOKS Week 1 Planks, Tag, and Alphabet Food Game	Homework Help and Stations Color by Number Math Equation Squares	Math/Literacy Enrichment KIDSLit Small Group Game Choice	STEAM Enrichment Window Art Family Portrait