

WHAT

COACHES CARE PROJECT BY THE MAX FOUNDATION

WHEN

WEEK OF AUGUST 29-SEPT 2 (ONE HOUR TRAININGS AVAILABLE ON A FIRST COME FIRST SERVED BASIS) IF THIS WEEK OR TIME FRAME DOESN'T WORK WE WOULD BE HAPPY TO COORDINATE SOMETHING AT A LATER DATE.

WHERE

YOUR HIGH SCHOOL

WHY

MANY STUDENT ATHLETES ARE STRUGGLING WITH THEIR MENTAL HEALTH TODAY. THIS IMPACTS NOT ONLY THEIR ATHLETIC PERFORMANCE BUT ALSO THEIR SCHOOL PERFORMANCE. THE PRESSURE THEY FACE TO EXCEL AT THEIR SPORT AND THEIR ATHLETICS CAN BE SIGNIFICANT AND SOMETIMES OVERWHELMING. WE HAVE PARTNERED WITH TIM DENNEY, LOCAL MENTAL HEALTH TRAINER, TO OFFER OUR "COACHES CARE PROJECT". TIM WILL GIVE YOUR COACHES THE TOOLS THEY NEED SO THEY ARE PREPARED TO HANDLE THE STUDENT/ATHLETES AND THE CHALLENGES THEY FACE IN TODAYS DEMANDING WORLD.

WHO

THE MAX FOUNDATION IS A NON-PROFIT ORGANIZATION WHOSE MISSION IS TO RAISE FUNDS TO SUPPORT CHARITABLE PROGRAMS, PROJECTS AND ACTIVITIES THAT FACILITATE MENTAL WELLNESS AMONGST OUR YOUTH.

PLEASE VISIT OUR WEBSITE FOR MORE INFORMATION AT WWW.MAXMARVINFOUDNATION.ORG OR EMAIL US AT INFO@MAXMARVINFOUNDATION.ORG.

Testimonials from last year's Coaches Care pilot project:

- "My coaches were very thankful for Tim Denney coming in to speak about mental health."
- "A lot of coaches know that mental health is a hot topic, but didn't know some specifics."
- "They all agreed it was very helpful."
- "Tim does an excellent job connecting to student athletes"
- "His calming presence and expertise talking about mental health issues is great."
- "Tim makes it very clear that his door is always open for help and ears are always ready to listen!"

