

Puberty:

the
Wonder Years

Grade
6



Goal: Promote appreciation and respect for the amazing changes experienced by self and others.

Lesson 6-2: How My Body Works



Guidelines for Discussion

Treat the subject seriously.

Use humor appropriately.

Use the dictionary terms for body parts and functions.

Respect other people and their ideas.

Avoid personal questions and stories.

Ask questions; questions are good.

Avoid gossiping.

Talk to trusted adults.



Lesson 6-2: How My Body Works

Today we will...

- ➔ Describe physical changes that occur during puberty.
- ➔ Name ways puberty may vary among individuals.



Exit Ticket and Question Box



What questions did you have about the last lesson?

Let's Watch A Video!



Remember: Many people have a reproductive system as described in this video. Because each person is unique, some people will have reproductive systems that are not like this. This video will describe patterns, but not set rules, for people's bodies.



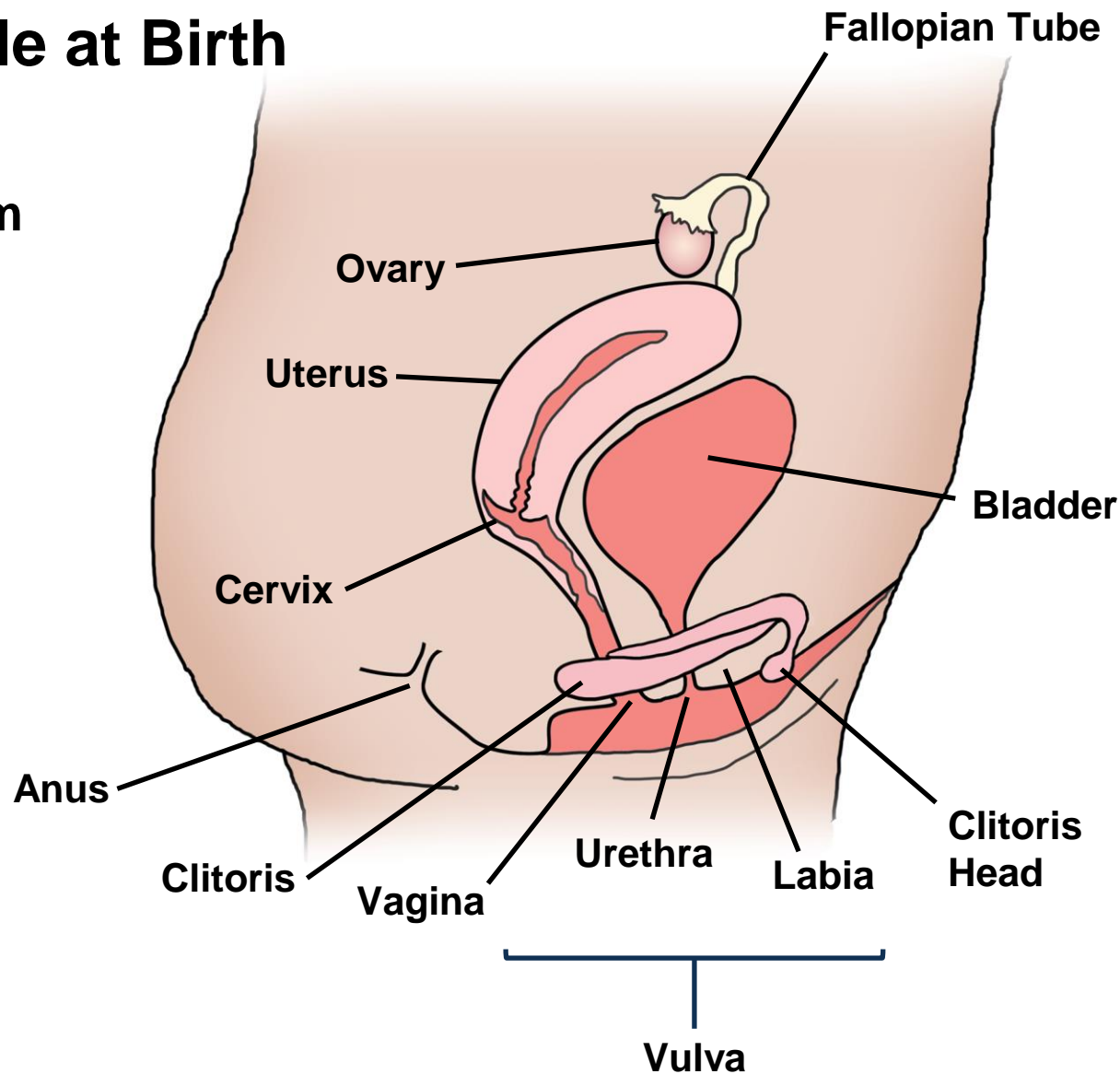
Let's Talk About the Video!



Remember: Many people have a reproductive system as described in this video. Because each person is unique, some people will have reproductive systems that are not like this. This video will describe patterns, but not set rules, for people's bodies.

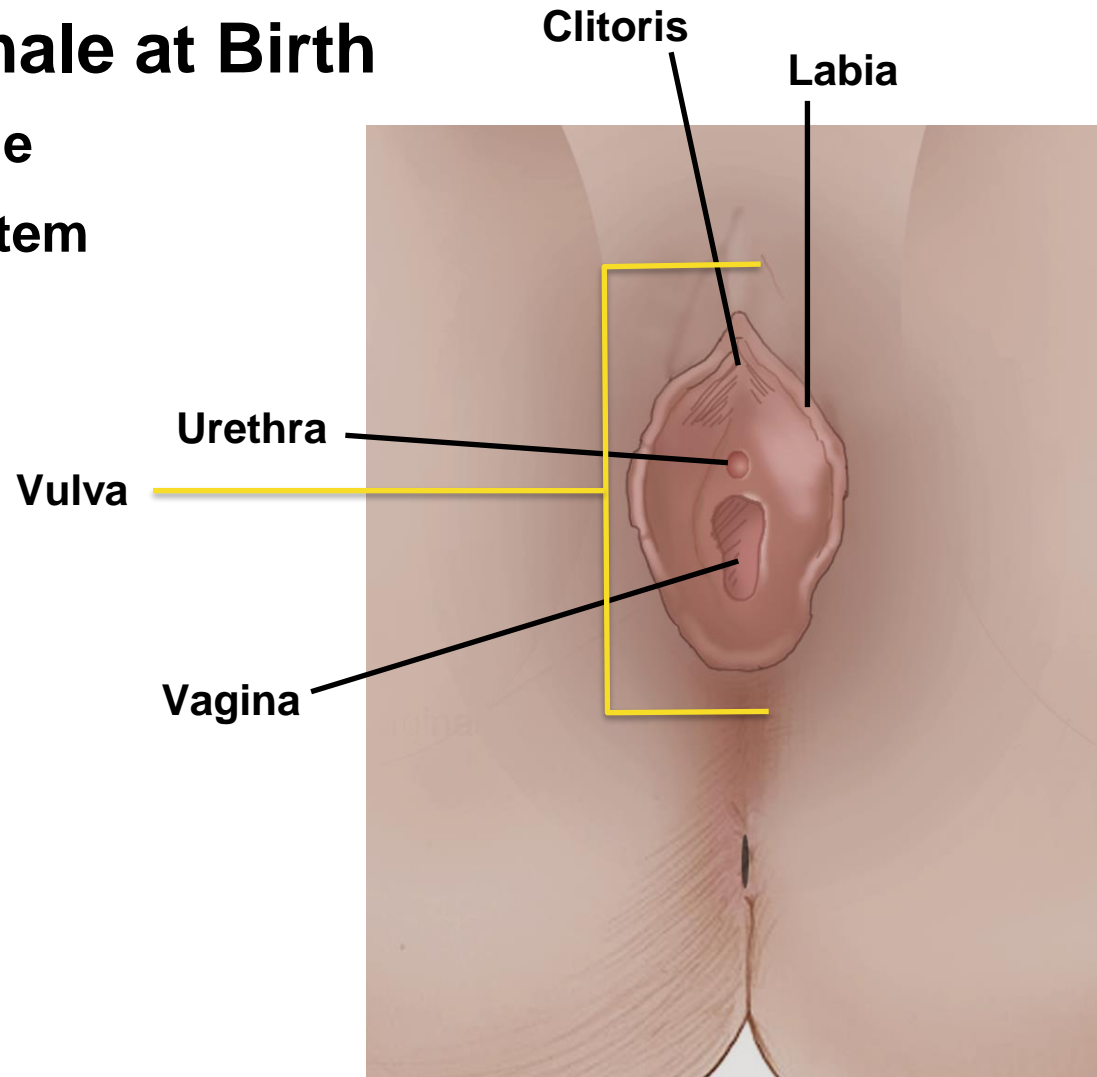
Assigned Female at Birth

-also called Female
Reproductive System
(internal, side view)



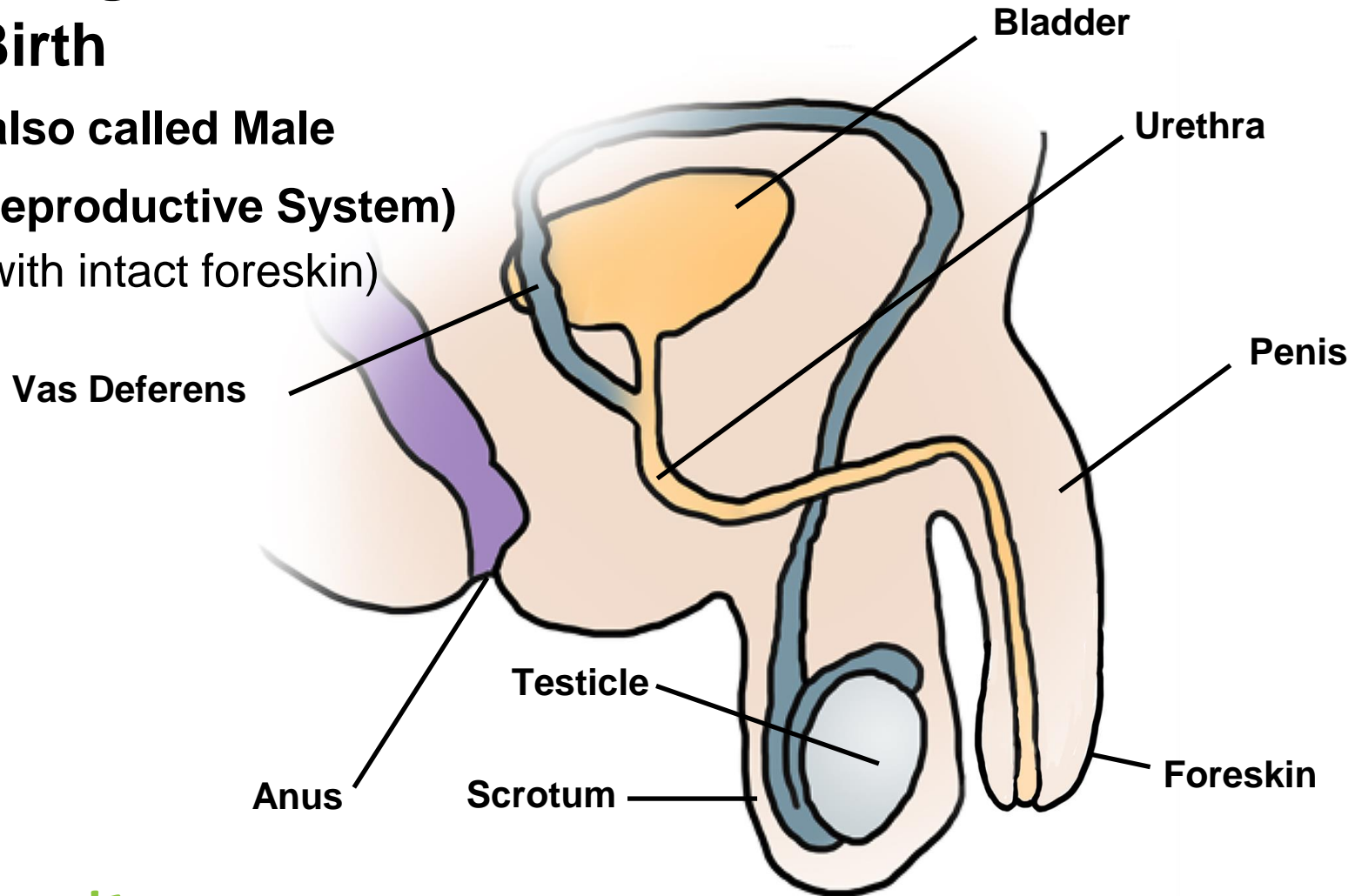
Assigned Female at Birth

-also called Female
Reproductive System
(external)



Assigned Male at Birth

(also called Male Reproductive System)
(with intact foreskin)

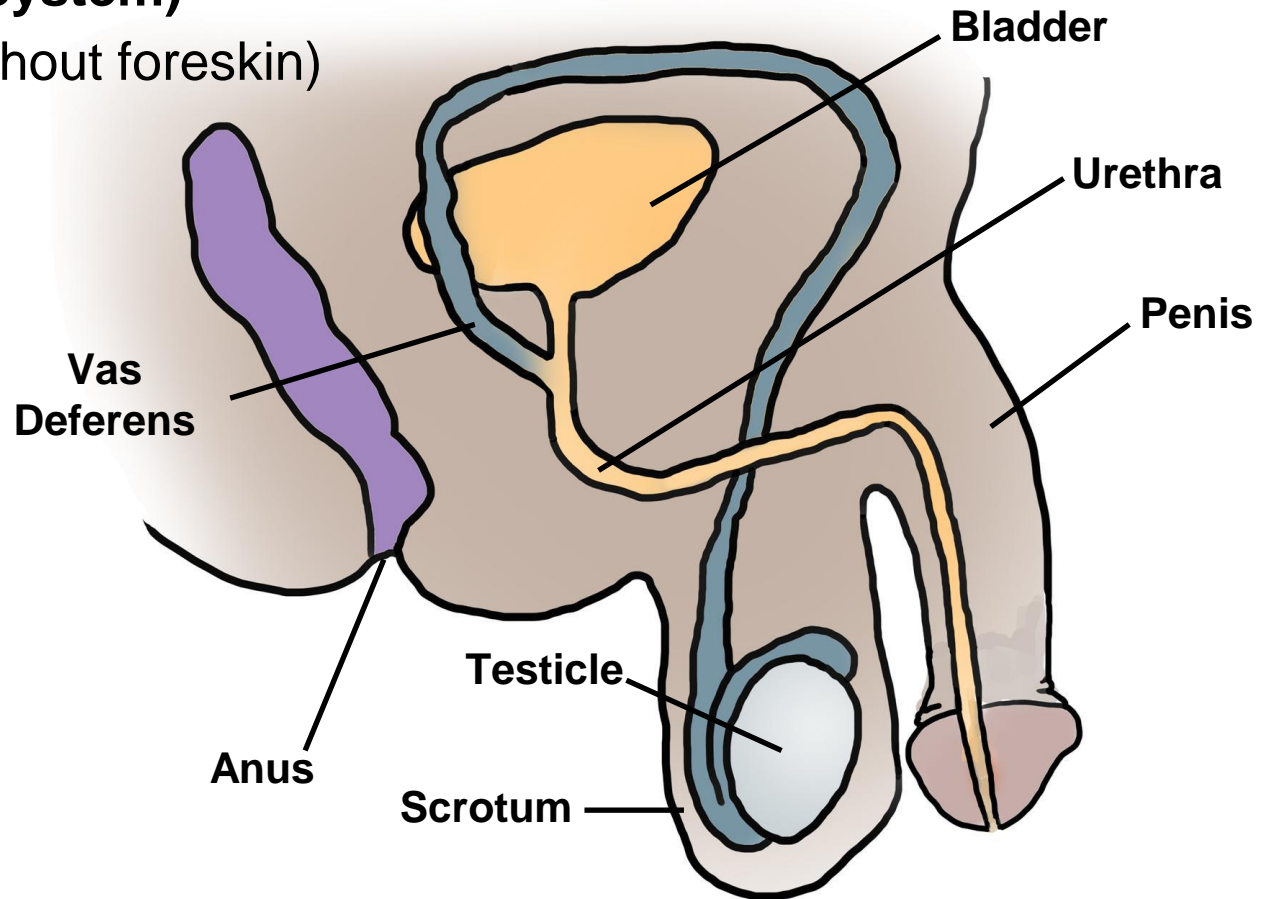


Assigned Male at Birth

(also called Male

Reproductive System)

(circumcised without foreskin)





**Patterns...
Not Rules**






Some of the Many Ways People Naturally Vary During Puberty

- ➔ Some start puberty earlier; others start later.
- ➔ Some people finish puberty younger; others finish puberty older.
- ➔ People come in different sizes, shapes, colors, and body types.
- ➔ Genitals come in different sizes, shapes, and colors.
- ➔ Some people have nighttime erections; some don't.
- ➔ Some people have female reproductive organs. Some have male reproductive systems. Some have a combination of reproductive organs; this is called intersex.



Remember...

-  We all have different colored hair, eyes, and skin.
-  Being intersex is just another way of being a person.
-  Our differences are what make us all unique, and we should continue to celebrate them.





Lesson 6-2: How My Body Works

Today we...

- ➔ Described physical changes that occur during puberty.
- ➔ Named ways puberty may vary among individuals.





Exit Ticket and Question Box



Open your devices.

Go to the Google Classroom for this class

- Write down a question you have about today's lesson or
- Something you learned today.