POLICY TITLE: <u>Staff</u> Wellness Program

Minidoka County Joint School District # 331

Minidoka County Joint School District # 331 believes in supporting and encouraging the overall wellness of all staff members as it directly relates to increased job performance, reduced absenteeism, and improved job satisfaction. Therefore, the District will provide and fund a wellness program for classified and certificated employees annually. The guidelines for the implementation, administration, and effectiveness of this incentive will be reviewed annually in negotiations. The focus of the program may include encouraging and rewarding employees for regular exercise, good nutrition, increased activity levels, and other areas of wellness (physical/emotional/social/mental/spiritual).

The District will attempt to maintain the consistency in guidelines between certificated and classified personnel wellness plans by having classified, certificated, and board teams collaborate in establishing the guidelines. The <u>Insurance CommitteeNutrition</u>, <u>Health and Wellness</u> (with classified and certificated representatives from all buildings and departments) will be responsible for developing and directing the Wellness Program.

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LEGAL REFERENCE:

ADOPTED: August 21, 2000

AMENDED/REVISED: June 17, 2002, September 16, 2002, July 19, 2004