

ESTACADA SCHOOL DISTRICT  
BOARD AGENDA  
SUPPORTING DOCUMENT

Regular Meeting of April 9, 2025

**ITEM:** 2024-25 K-12 Health Instructional Materials Adoption

**PREPARED BY:** Jennifer Behrman

**TYPE OF ITEM:** Action

**BACKGROUND INFORMATION:**

Beginning in December of 2025, Jennifer Behrman (Director of Teaching and Learning) brought together a committee of 6-12 administrators, 6-12 teachers, and counselors to begin the work of curriculum adoption for Health 6-12. The adoption committee has worked diligently since then to review current research, elicit staff, parent, and community feedback, review a selection of health materials, and pilot instructional materials in the classroom. For K-5, there was one option for approved ODE materials, and we will be building it into our Language For All program. We looked at it with our ELL team and had teachers and counselors preview it to determine if this was the best option for Estacada.

Before looking at materials, members of the committee began by aligning their work to our district's mission, vision, and values as expressed in our strategic plan. We also had to align our work with the District's Comprehensive Sexual Education Plan.

The elementary school Health Curriculum Adoption Committee recommends ***The Great Body Shop and Second Steps*** for grades K-5 adoption.

The middle school Health Curriculum Adoption Committee recommends ***Live Well by Human Kinetics*** for grades 6-8 adoption.

The high school Health Curriculum Adoption Committee recommends ***Live Well by Human Kinetics*** for grades 9-12 adoption.

**FINANCIAL INFORMATION:**

Approximately \$58,451.05 for K-5 The Great Body Shop, \$494.00 for Second Steps, \$13,500.00 for 6-8 Live well, and \$9,936.00 for 9-12 Live well all 7-year subscriptions. For a total of **\$82,381.05**, with the possibility of an increase for student enrollment growth not to exceed \$10,000. There will also be the added cost of two counselors' time over the summer for up to 4 days to create the needed lessons to supplement.

**RECOMMENDATION:** To approve the committee's recommendation to purchase Health instructional materials K-12 and approve our use of ***The Great Body Shop and Second Steps*** for K-5 and ***Live Well by Human Kinetics*** for 6-12 as our adopted health instructional materials.