

Nutrition Service Update

December 2009

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Food Service Program Results

November was a good month for participation in the Food Service program. We were right at budget for both breakfasts and lunches. Snacks continue to exceed budget and we continue to look for opportunities for additional serving sites. We are currently setting up a snack program at Williams Elementary which will start in January. We also continue to look for opportunities to increase revenue by promoting our program to outside sources.



Inside this Issue:

Table of Contents

| | |
|------------------------------|----------|
| Program Results | 1 |
| High School Challenge | |
| Upcoming Events | 2 |
| Produce of the Month | |
| Staff Birthdays | |
| BWTP | 3 |
| Cans | 4 |
| Health Inspections | |
| Safety | |

High School Challenge

The High School Challenge was great success in the month of November. Healthy choice options were plentiful with all three high schools reporting increased participation of these healthy choices. Although the final results are not in yet, as of week two, Illinois Valley and North Valley were in the running in the smaller school bracket. Hidden Valley was right in the middle of the competition but competes against much larger schools in the state.



Lift-Off!
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Nutritional
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Upcoming Events

December Holiday Meal — December 17, at all our schools.

We invited all students, families and staff to join us for lunch and which features Turkey Gravy, mashed potatoes and all the fixings. Come join us!

December — Toy's For Tots — On November 10, we will be started our annual collection of toys at all our school sites. These toys will be distributed to needy families throughout Josephine County for distribution on December 19th at the Merlin Alternative Center.

January — Breakfast with the Principal, January date to be determined at Madrona Elementary



Produce of the Month

We continue to provide healthy choices for our students with the Produce of the Month promotion. This month we are offering raisins at our variety bar. Often known as nature's candy, they are counted amongst the most nutritious dried fruits in the whole world. Raisins are cholesterol-free, low in sodium, high in fiber and totally fat-free. Apart from that, they contain a lot of vitamins and minerals, making their nutritional value very high. Raisins are the best source of quick energy, as they contain 70 percent pure fructose, which gets digested by the body easily and gives instant energy.

Staff Birthdays

December

Ronda Sheldon— Madrona Elementary
Mindy Fate— Lincoln Savage Middle School

HAPPY BIRTHDAY!!!



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Breakfast with the Principal

Madrona Elementary was the host of Breakfast with the Principal in December. This promotion encourages students to eat a nutritious breakfast each and every morning to start their day off right. Students had the opportunity to enjoy made to order pancakes, sausage, fruit and milk with Mrs. Van Brunt and a few of their classmates.



You are Invited !!!



- Who:** All Students at Madrona Elementary
What: Placemat Art Contest
Where: Anyplace that you can color, draw or create your own work of art.
When: Starts - September 21, 2009
Ends - October 16, 2009
Why: 50 placemats will be chosen from all entries. Winning placemat entries will be laminated and used at "Breakfast with the Principal" each month.

HOW: Using your best creative talents, you can color, draw, stencil, clip or stamp and design a placemat using a sheet of 8 1/2" x 14" piece of paper. Please remember to put your name and grade somewhere on the entry. Winners will be selected by the kitchen staff on October 19th, 2009 and an announcement will be posted on the cafeteria bulletin board.



GET CREATIVE !!!

This month, all students were invited to enter a placemat coloring contest developed by Janet Schenhoff, Madrona Elementary Kitchen Manager. Students were encouraged to design a placemat on an 8.5" x 14" piece of paper and using their creative talent to color, draw, stencil, clip or stamp to create their work of art.. All placemats entered were laminated with 12 selected as winners for the December breakfast promotion.

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Congratulations to Janet for continuing to provide outstanding service to all the students at Madrona Elementary. WAY TO GO JANET!



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No Cans?



The Food and Nutrition program is starting a District wide tin can recycling program. We will be placing a recycling barrel at each school location where all cans will be collected. Containers will be picked up every two weeks by SPARC recycling in Grants Pass at no cost to the District. With a few details left to iron out, we hope to have the program up and running not later than January 2010. As food product continues to be packaged in tin cans, we are doing our part to limit what goes into the landfill, reduce our garbage costs and make a change for better tomorrow.

Health Inspections

With nearly 3/4 of the Health Department inspection complete, our scores have been nearly perfect. There have been a few minor infractions at a few sites but we are working diligently to address and correct them. Congratulations to all the kitchen staff for keeping their operations clean, sanitary and providing safe, properly prepared food for all our students!



Safety

As a continued focus on Safety, Food Service Staff reviews 5 minutes safety topics each month. Below are the topics for December:

Preventing Slips, Trips and Falls - Do's and don'ts to prevent falling in the workplace.

Cooking Temperatures - Guidelines for ensuring food is heated to required minimal temperatures.

MSDS - Important things you need to know about Material Safety Data Sheets and the chemicals in our kitchens.

We will continue this school year with staff awareness, increased focus and informative safety training throughout the school year. Food and Nutrition Services continues to provide a safe working environment in all our schools as well as incorporating safe work place practices district wide by keeping SAFETY top of mind!

