



June 24, 2019

Dr. John Thomas, Superintendent  
Harvey School District  
16001 Lincoln Avenue  
Harvey, Illinois 60426

Hello Dr. Thomas,

Per our discussion please find my proposal to conduct a four (4) hour workshop with your leadership team on August 1, 2019. Trust is so critical in the 21<sup>st</sup> century for teams to perform at their maximum capacity. M.R. Covey says, "trust is the capital of the 21<sup>st</sup> century". Without high trust organizations and teams typically languish on the line of good, often frustrating themselves and their customers/stakeholders. Research also proves the in K-12 education trust is positively correlated to student performance – the higher the levels of trust, the higher levels student achievement.

During the workshop we will explore the following concepts:

- High Trust
- Trust's impact on student achievement
- High Trust's impact on the team's performance
- Create team agreements

The cost for the workshop is \$1,500 (**printing cost not included**). Dr. Breuning and I will provide up to 4 hours of facilitated workshop services on August 1, 2019.

Dr. Thomas, once you and the Board make a final decision I will setup a planning meeting with you. I look forward to hearing from you soon. Let's finalize the date as soon as possible. Once again it was great to meet with you and look forward to hearing from you soon to finalize the next steps.

Best regards,

Jeffery D. Cohn  
Educational Consultant

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# LORETTA GRAZIANO BREUNING, PhD

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## EDUCATION

Ph.D. Tufts University, The Fletcher School of Law and Diplomacy 1983  
B.S. Cornell University, School of Industrial & Labor Relations 1975

## MAJOR PUBLICATIONS

- ◆ **Habits of a Happy Brain:** 2015  
**Retrain Your Brain to Boost Your Serotonin, Dopamine, Oxytocin, Endorphin**  
Translated into Spanish, Russian, Chinese, Arabic, French, Turkish, German
- ◆ **The Science of Positivity:** 2016  
**Stop Negative Thought Patterns By Changing Your Brain Chemistry**  
Adams Media/Simon & Schuster
- ◆ **Tame Your Anxiety** 2019  
Rowman & Littlefield
- ◆ **Your Neurochemical Self** 2011 - present  
PsychologyToday.com Blog

## EXPERIENCE

- ◆ **Founder, Inner Mammal Institute** 2012 - present  
Helping people build power over their mammalian brain chemistry naturally, with books, videos, social media, podcasts, and a training program
- ◆ **Professor (Emerita), California State University, East Bay** 1983 - 2005  
Taught International Management to MBAs and seniors  
International Option Advisor for MBA and Undergraduate program  
Taught ethics, satellite link classes, non-native English speakers  
Project Director for Internationalizing the Curriculum Grant
- ◆ **Osher Lifelong Learning Institute (OLLI), short brain science classes** 2010 - present
- ◆ **Docent, Oakland Zoo** lead tours on animal brain for children and adults 2010 - 2016
- ◆ **United Nations Volunteers, Central African Republic and Borkina Faso** 1976-77

Married, two children, Spanish and French speaker

More information on publications, speaking experience, and media coverage at:

InnerMammalInstitute.org