

**Rockford High School Gymnastics
Team Bonding Night!
Saturday, January 4, 2025**

*University of Minnesota Women's Gymnastics Meet
Dinner at Northern Taphouse (connected to hotel)
Team overnight at Country Inn & Suites
210 Carlson Parkway, Plymouth, MN*

Saturday, January 4, 2025

2:30 pm – Gymnasts arrive at Rockford Middle School

2:40 pm – Team carpools with parent volunteers to the Maturi Pavilion

4:00 pm – Team watches the Gophers vs Michigan Gymnastics Meet

Approx. 6:00 pm – Team carpools with parent volunteers to Country Inn & Suites

Approx. 7:00 pm – Dinner at Northern Taphouse (*connected to hotel*)

Approx. 8:30 pm – Back to the hotel. Pool/Hot tub time.

11:00 pm – Lights Out

Sunday, January 5, 2025

8:30 am – Breakfast at hotel

By 11:00am – Parent pick up!