

# Athletics Report

July

# End of Year/Summer

- The coaches and music department had an online presentation to recognize senior spring athletes and senior members of the music department
- Coaches will be able to begin conditioning with small groups of athletes
- The size of the groups will progress throughout the summer dependent upon any executive orders

# CIAC Updates

- Coaches may work on conditioning with athletes remotely but may no longer integrate skills or sport specific coaching
- Social distancing must be stressed
- Spring coaches have the opportunity to work with spring athletes through non-school affiliated programs
- Summer conditioning is considered out of season and is not mandatory for athletes
- CIAC has released guidelines for the return of sports. Coaches may no longer integrate skill work into the workouts.
- The athletic director will keep this information up to date through the DPS Operations Committee
- The length of time for valid sport physicals has been extended from 13 to 15 months for fall athletes