

WHILE THEY'RE OUT

SCRIPTED ROLEPLAY

Setting the Stage:

Your parents are out late. Your partner comes over, hoping to have sex with you. You have kissed each other in the past, but that is as far as you want to go. You don't want to take off any of your clothes. You don't want to have sex. You really just want your partner to stop harassing you.

Person 1: Why are you stopping now?

Person 2: Because I can't do this.

Person 1: Yes you can, it's easy. Let me help you unbutton your shirt, baby.

Person 2: No, don't. I really don't want to do this.

Person 1: Why not? Come on, I love you and I want to have sex with you.

Person 2: I know, but I don't want to have sex. This is serious. I'm not ready for this kind of commitment.

Person 1: What commitment? What are you talking about?

Person 2: I'm not ready. I don't want to have to worry about HIV and other STDs, or about pregnancy. I have other things to be concerned about, like my goals, school, and so on. But I need you to understand that "no" can't involve sex right now. It doesn't mean I never will, but I'm just not ready at this point in my life. There are lots of other things we can do to show we care about each other. I hope you can understand how I feel.

Person 1: I can. It makes sense.

They kiss and decide to go to the movies.

Making a Difference! STUDENT WORKBOOK

Handout/Student Workbook

WHILE THEY'RE OUT

UNSCRIPTED ROLEPLAY

Setting the Stage:

Your parents are out late. Your partner comes over, hoping to have sex with you. You have kissed each other in the past, but that is as far as you want to go. You don't want to take off any of your clothes. You don't want to have sex. You really just want your partner to stop harassing you.

Person 1: Why are you stopping now?

Person 2:

Person 1: Yes you can, it's easy. Let me help you unbutton your shirt, baby.

Person 2:

Person 1: Why not? Come on, I love you and I want to have sex with you.

Person 2:

Person 1: What are you talking about?

Person 2:

Person 1: I can. It makes sense.

They kiss and decide to go to the movies.

Making a Difference! STUDENT WORKBOOK

Handout/Student Workbook

8

MODULE

ROLEPLAYS: REFUSAL AND NEGOTIATION SKILLS

GOALS

The goals of this module are to:

- Increase participants' communication, negotiation and refusal skills regarding abstinence.
- Enhance participants' ability to resist situations that place them at risk for pregnancy, HIV and other STDs.
- Increase participants' sense of pride and responsibility in negotiating abstinence.

LEARNING OBJECTIVES

After completing this module, participants will be able to:

- Identify strategies for negotiating abstinence in romantic relationships.
- Identify and explain the characteristics of saying "NO" effectively.
- Identify and explain the body language needed for saying "NO" effectively.
- Express confidence in their ability to say "NO" in risky situations involving sexual behaviors.
- Demonstrate the ability to negotiate abstinence with a partner.
- Express pride in sticking to their decision to abstain from risky sexual behaviors.

MODULE PREVIEW

The eighth module: (1) increases participants' motivation to practice abstinence; (2) builds skills to negotiate abstinence; (3) allows participants to rehearse negotiation skills and receive feedback; and (4) reinforces participants' sense of pride in choosing abstinence.