

Beecher Road School In-House Drug Abuse Prevention

Collaboratively designed by Arianne Buzzard and Vincent Lynch

Timeline: January-May

Lessons: approx. 15-18, 30-minute lessons (one per 6-day cycle) Pacing to allow for in-depth student discussion as needed and relevant material to Woodbridge students

Resources: [The Great Body Shop](#), Staff Created Resources, [FBS SOS Course](#), [National Institute on Drug Abuse Resources](#) (Not an exclusive list)

Topics Covered	Description
Identifying types of pressures during adolescence	
Drug Addiction	3 Drug Classifications: -Depressants -Stimulants -Hallucinogens
Types of Addiction	Psychological and Physical Addiction
Legal Doesn't Mean Safe	-Alcohol -Marijuana -Medicine -Vaping
Withdrawal	-Symptoms
Using strong values to resist social pressure	
Importance of self-worth	-Assets, values and goals -Feeling Good about Me
Communication and refusal skills	The Best Person to Be
Internet Safety	-Social Media -FBI Safe Online Surfing Course
Student Culminating Project	Student choice of presenting one concept that they have learned -Individual or Group -Format is student choice: Google Slides, Skits, Posters, Essay etc
Drug Prevention Program Celebration	State Police Water Safety Unit Yale Bomb Squad Hamden K9 Drug Detection Dog Woodbridge Animal Control

National Health Education Standards Addressed through the Beecher Road School Program

CC/Standard 1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.

INF/Standard 2: Students will analyze the influences of family, peers, culture, media, technology and other factors on health behaviors

AI/Standard 3: Students will demonstrate the ability to access valid information and products and services to enhance health

IC/Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce risks

DM/Standard 4: Students will demonstrate the ability to use decision-making skills to enhance health

GS/Standard 6: Students will demonstrate the ability to use goal setting to enhance health

SM/Standard 7: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce risks

ADV/Standard 8: Students will demonstrate the ability to advocate for personal, family and community health

DRG B D.A.R.E. Usage 12/2024

DRG B Schools	Using DARE Program	Alternative Program Used
Avon	No	Use a Health and Wellness Program created in house.
Brookfield	No	Not using anything
Cheshire	No	Use a curriculum written by teachers
Fairfield	No	S.H.A.P.E. with Police Department
Farmington	No	Do not use anything
Glastonbury	No	"TEAM" (Teach, Empower And Mentor) SRO facilitates.
Granby	No	Do not use anything in 5th grade or elementary level. (Separate Schools)
Greenwich	No	Second Step Curriculum
Guilford	Yes (As a Club)	DARE is an after School Club. Voluntary-Fall, Winter and Spring Sessions
Madison	No	Topics covered in Health classes
Monroe	No	Topics covered in Health classes
New Fairfield	No	Topics covered in Health classes
Newtown	No	Health Curriculum only
Orange	No	S.O.A.R. (Students of Orange Acting Responsibly) created in house
Simsbury	No	Topics covered in Health classes
South Windsor	No	Topics covered in Health classes
Trumbull	No	Topics covered in Health classes
West Hartford	No	Topics covered in Health classes
Woodbridge	No	Heath Teacher and Armed Security Officer Created
District No. 15	Yes	2 DARE Officers Teach the Program
Bethany	No	Want to use DARE again- cost/need trained officer available to teach