

The Howler

Garibaldi Grade School | Newsletter



November 2023

We have made it through the first two months of school as well as Parent/Teacher Conferences -- time is flying by!

With the holiday breaks coming up, please make sure to let the office and your child's teacher know if your child(ren) will be gone. Just a reminder we will be closed on Friday, November 10th as well as November 22nd-25th for Thanksgiving Break.

Important Upcoming Dates

- Sun, November 5, Daylight Savings ends - set clocks back one hour
- Fri, November 10, Veteran's Day, No School
- Mon, November 13, School Board Meeting
- Tues, November 14, GGS Parent Group Meeting
- Wed-Fri, November 22-24, Thanksgiving Holiday, No School



Morning Drop Off

Parents, please remember the bus drop off zone in the a.m. is directly in front of the stairwell where Mrs. Nugent is standing. Buses drop off students between 7:35-7:45 a.m. and it is important for parents dropping off students in their vehicles to pull up **before** this area or behind the pedestrian crosswalk. If you have questions, please just ask!



Sign up for FlashAlert!

As we move into the stormy weather months, you can receive FlashAlert messages from NKN School District updating you on any delays or closures. To do this you go to <https://www.flashalert.net/>, manage your messenger subscription, and make sure you are signed up for Neah-Kah-Nie School District.

November Characteristic is Responsibility

Each month, GGS focuses on a personal characteristic and teaches it to our students. Our focus for the month of November is responsibility. Students who demonstrate being responsible are responsible for their actions and words. They clean up after themselves, keep trying and always try their best. They think before they act and consider the consequences.



At the end of the month we will be handing out three awards in each class, two for students who were demonstrating Being Responsible, and one Pride of the Pack award focused on perseverance. Please talk with your child(ren) around the conversations they are having at school on being responsible.

GG'S Book Fair is Coming!

Looking ahead, the Scholastic Book Fair is coming December 4-8. The Book Fair will be held in the **GG'S Library**, during students' regular library days and during the Winter Concert on December 7th.

Mrs. Manzer, in the library would appreciate any adult volunteer to help with putting on the book fair. This includes helping with set-up, during school day and after school/evening hours shopping and clean-up. To volunteer you would need an approved volunteer form on file. Please contact the Library by calling 503-322-0311 or by emailing theresam@nknisd.org, should you have any questions or would like to help.

Mark Your Calendars - GG'S's Winter Concert!

Join us for GG'S's Winter Concert on December 7th at 6pm. More information to come!

Every Day Matters and We're Here to Help!

Students miss school for many reasons. Some are related to transportation or basic needs, and others are connected to emotional or academic challenges. No matter what the reason, it's important to address the root cause before a student falls behind. If your child or a child you care about regularly misses school, you can find support.



GG'S wants your child to succeed and is focused on helping smooth the way to regular attendance. Share your challenges so the staff can help. We have many resources and staff to help, you are not alone!

We had 80+ students present at school for 90% of the month of October! Students who were here for 90% or more for that month will be getting a sweet treat in the coming week! Due to November and December having fewer school days, we are combining those two months for the attendance recognition. Students who are present for those two months 90% or more will be able to have hot chocolate with Ms. Hasenoehrl!

Ms. H's Counseling Corner

This month my classroom social skills lessons have been focusing on using our Tools to be safe. The three Tools that we learned about this month include our Words Tool, Personal Space Tool, and Garbage Can Tool. By using Wise Wolf Way #2, we first determine the size of the problem, and then match our reaction to the size of the problem. We talked about how the small problems can trick our brain because of the strong emotions we might be feeling. This strong emotion makes small problems feel like a big problem. This is where we use our Breathing Tool to give us a 3 to 5 second pause to help us respond instead of react.



We also learned about our 8 Never Never Rules to help us stay safe. We first Recognize if something is safe, then we use our Words Tool to Refuse, and then we Report to an adult. Ask your student's about these rules and have them practice the 3 R's with you at home.



Garbage Can Tool - "I let the little things go."

We have learned that we carry our imaginary garbage can with us and we can use it whenever we need to throw out small irritations. We don't need to react to the negative words and actions of others. We just put them in our garbage can and forget about them.

However, some behaviors are not possible to walk away from and we need to get help from an adult when we have a big problem. The students learned that if a problem is dangerous or makes us scared that it is a big problem that needs adult attention right away. This is where our Wise Wolf Way #3 helps us. Student's named 5 adults they could go to with a big problem.

Personal Space Tool- "I have the right to my space and so do you."

With the introduction of our personal space tool, we talked about understanding our body boundary and the importance of respecting others boundaries as well. We talked about how our personal space can change depending on who we are with and our location. If someone is too close we can let them know by using our Words Tool. We practiced several different ways to use our words to let people know they are in our space.



Words Tool - "I use the right words, in the right way, at the right time and for the right reason."

We have been practicing using our words tool to "talk to our brain," and to talk to others in a strong respectful voice. By using this tool, we can use our positive self-talk to help us remain calm, and to let people know how we are feeling to help us solve our problems. If you have any questions, please feel free to contact me at cherieh@nknsd.org.

Join the GGS Parent Group!

GGG Parent Group meeting: Tuesday, November 14 at 6PM on Zoom.

In an effort to boost attendance and better accommodate dinner/bedtime schedules, we are moving the monthly Parent Group meeting online for November. Find the link on our FaceBook page. **New members are especially welcome!**



Follow us on FaceBook: <https://www.facebook.com/GaribaldiParentGroup>

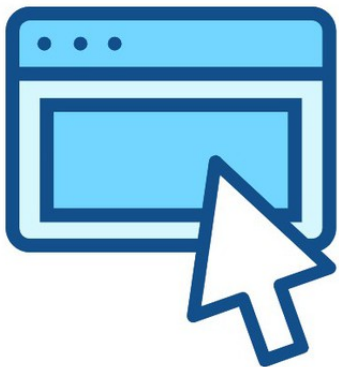
Email: garibaldiparentgroup@gmail.com

NKN School Board Meetings

Next Meeting is Monday, November 13, 6:30pm

This is a monthly meeting of our School Board. The meeting takes place at our District Office or through Zoom. You can access this meeting through our district website (www.nknsd.org) under "School Board" and then "Board Meetings".

GGG information online



How to Find GGS Information Online!

Besides our monthly Howler Newsletter, you can find school information online! Our district has an informative website at www.nknsd.org and Garibaldi Grade School has a page with all sorts of great information for our families. You can find this monthly newsletter, student handbook and even a parent page with information on busing, school lunches, wellness and more!

Be a Substitute at Garibaldi Grade School!

Sign up to be an Instructional Assistant (classified) or Teacher (certified) substitute at any of our schools. Neah-Kah-Nie School District has contracted with ESS for our substitute services. To become a substitute for the District please go to ESS.com, click on the Job Seeker tab and type in Neah-Kah-Nie School District to begin the application process. If you have questions about the application process, or becoming a substitute, please contact 866-208-7454 x1 or email:

applicationswest@ess.com.

Neah-Kah-Nie Employment Opportunities







Come work for the School District!

We currently have part and full time jobs available within the school district! Full Benefit and Job Descriptions are listed on our website: <https://nknsd.org/departments/human-resources/> If you have any questions, contact Kathie Sellars at our District office, 503-355-3506 or kathies@nknsd.org.

Please Keep Students With Symptoms Out of School:

PLEASE KEEP STUDENTS WITH SYMPTOMS OUT OF SCHOOL

This list is school instructions, not medical advice. Please contact your health care provider with health concerns.

SYMPTOMS OF ILLNESS	THE STUDENT MAY RETURN AFTER... *The list below tells the shortest time to stay home. A student may need to stay home longer for some illnesses.
 Fever: temperature of 100.4°F (38°C) or greater	* Fever-free for 24 hours without taking fever-reducing medicine.
 New cough illness	* Symptoms improving for 24 hours (no cough or cough is well-controlled).
 New difficulty breathing	* Symptoms improving for 24 hours (breathing comfortably). <i>Urgent medical care may be needed.</i>
 Diarrhea: 3 loose or watery stools in a day OR not able to control bowel movements	* Symptom-free for 48 hours OR with orders from doctor to school nurse.
 Vomiting: one or more episode that is unexplained	* Symptom-free for 48 hours OR with orders from doctor to school nurse.
 Headache with stiff neck and fever	* Symptom-free OR with orders from doctor to school nurse. Follow fever instructions above. <i>Urgent medical care may be needed.</i>
Skin rash or open sores	* Symptom free , which means rash is gone OR sores are dry or can be completely covered by a bandage OR with orders from doctor to school nurse.
Red eyes with colored drainage	* Symptom-free , which means redness and drainage are gone OR with orders from doctor to school nurse.
Jaundice: new yellow color in eyes or skin	* After the school has orders from doctor or local public health authority to school nurse.
Acting differently without a reason: unusually sleepy, grumpy, or confused.	* Symptom-free , which means return to normal behavior OR with orders from doctor to school nurse.
Major health event, like an illness lasting 2 or more weeks OR a hospital stay, OR health condition requires more care than school staff can safely provide.	* After the school has orders from doctor to school nurse AND after measures are in place for the student's safety. Please work with school staff to address special health-care needs so the student may attend safely.



NKN

**STUDENT HEALTH
& WELLNESS CENTER**

AT NEAH-KAH-NIE HIGH SCHOOL

HOURS:

Tuesdays	8:30 am – 12:00 pm / 1:00 – 4:30 pm <i>(Closed for lunch 12:00 - 1:00 pm)</i>
Wednesdays	8:30 am – 12:30 pm / 1:30 – 4:30 pm <i>(Closed for lunch 12:30 - 1:30 pm)</i>
Thursdays <small>Counseling appointments only</small>	8:30 am – 12:00 pm / 1:00 – 4:30 pm <i>(Closed for lunch 12:00 - 1:00 pm)</i>

SERVICES AVAILABLE:

NKN Student Health & Wellness Center offers various medical services, including:

Regular check-ups	Dental screenings
Sports physicals	Blood-pressure screenings
Care for illness and injury	Health education
Immunizations	Counseling
Routine lab tests	Wellness opportunities
Prescription medications	Referrals for other medical services (Dental, X-rays, MRIs, Specialty)
Age-appropriate reproductive health	
Vision screenings	

Learn more at: NKNHealth.org

NKN Student Health & Wellness Center | Telephone: 503-355-3500 | Fax: 844-720-1901

NEED VACCINES?



COVID* and flu vaccines are available at NKN Student Health & Wellness Center.

Age 15 and older: Stop by the health center to schedule an appointment.

Younger than 14: Stop by the health center to pick up paperwork for your parent/guardian to sign.

* COVID vaccines for age 12+

503-355-3500 | NKNhealth.org

**JOIN US
FOR**

FIREFIGHTER STORYTIME



WITH THE GARIBALDI FIRE DEPARTMENT

Saturday, November 4

11:00 am

at the Garibaldi Branch Library

There will be stories read by real firefighters, an equipment show & tell, and the opportunity to look at a fire engine up close!

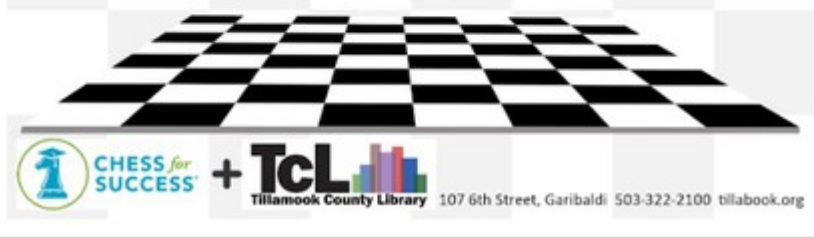


TcL
Tillamook County Library

Garibaldi Library
107 6th Street
Garibaldi, Oregon 97118 | 503-322-2100
tillabook.org



Come one, come all!
**OPEN PRACTICE
 CHESS TOURNAMENT**
Saturday, November 18
9:00 am
 at
 Garibaldi Community Hall



Garibaldi Grade School

📍 604 Cypress Avenue, Garibaldi, ... ✉️ lisas@nknsd.org
 ☎️ 503-322-0311 🌐 nknsd.org