

School Board Meeting:

March 11, 2013

Subject:

Physical Education
RESEARCH Report

Presenter:

Pam Miller and Physical
Education Instructors

SUGGESTED SCHOOL BOARD ACTION:

Report only.

DESCRIPTION:

The district's continuous improvement process includes seven different phases designed to assist all programs in developing and refining excellence for the students of BHM Schools. Those phases are REFLECT, RESEARCH, PILOT, IMPLEMENT, ADJUST, MONITOR, and EVALUATE.

Each phase of the process identifies specific desired outcomes and related tasks to achieve those outcomes for the program to be prepared to continue to the next phase of improvement. There are two opportunities within the Continuous Improvement Process (CIP) for the programs to prepare and present information to the school board either as reports or as recommendations for curriculum adoption proposals.

The K-12 Physical Education program is currently in the phase of RESEARCH. During this time, teachers examine program strengths and limitations and current research in the field, as well as revised state or national standards. This research of best practice, along with the examination of current strengths and program limitations, then helps to formulate a recommended program improvement action plan for the next phase of the continuous improvement process.

As background information, the BHM physical education instructors have prepared a presentation for you to preview prior to Monday's workshop. Information presented here includes: national obesity trends, learning readiness and brain learning, the National Association for Sports and Physical Education (NASPE) Standards, and BHM Physical Education school comparisons.

Please review the presentation by clicking on this link:

[Pre-Board Presentation](#)

At Monday's board workshop, physical education instructors will be sharing current BHM Physical Education activities, current research, BHM Phy Ed vs. other districts, and the look of the new NASPE standards in 2013. They will also be happy to answer any questions you have about the current status or potential future direction of physical education instruction in the district.

Assisting with the presentation by representing the BHM physical education instructors will be:

Marci Wills, Physical Education Instructor, Parkside and Northwinds Elementary

Jen Nichols, Physical Education Instructor, BCMS

Jason Karn, Physical Education Instructor, BHS