



NOVEMBER & DECEMBER 2015

Jamie Ongman Principal

Tanner Smith, Assistant Principal

FROM THE PRINCIPAL'S DESK.....

SMARTER BALANCED ASSESSMENT COLLEGE AND CAREER READINESS

As many of you know, last spring our current seniors participated in a new state assessment called **Smarter Balance**. The students tested in English and Mathematics. The new assessment, which replaced Oregon's previous assessment (OAKS) in English and Mathematics, asks students to demonstrate and apply their knowledge and skills in the areas of critical thinking, analytical writing and problem solving.


In the past month, we have received the reporting data from these assessments. This data established a new baseline that aligned with Oregon's college-and career ready standards. These results should not be compared to previous statewide assessment results. Relative with change, there is a period of adjustment that teachers and students are experiencing as they are getting used to the new standards and assessments.

Your student's score (if they were in the the junior class last year), as well as the school and district averages, may look slightly lower this year. These new assessments are geared toward student success in college and career. They are measuring more complex, real-world skills such as critical thinking, writing, and problem-solving. With the increase in rigor, these scores can't be compared to previous baseline data, as it would not be compatible. Instead they are setting a new, more accurate baseline from which student progress can be measured and monitored as they move forward.

As we move into year two of the new assessment, teachers and students are preparing for the ultimate goal that all students are set-up for success in college and beyond. You can partner with the school and with the district in student success in the following ways:

1. **Encourage the participation of your student in the assessments.**
 - a. These assessments provide critical information to parents, teachers and administration who want to assist students in improvement, furthermore this information provides necessary data for teachers to differentiate instruction to meet the needs of all students.
 - b. Not having accurate information on our students' academic progress hinders our ability to identify where students are struggling, where they are excelling, and whether we are fulfilling the goal of narrowing achievement gaps.
2. **Offer Valuable Feedback**
 - a. The assessment score shouldn't discourage parents, teachers or students. Results will focus on the needs of the student and support schools and teachers in their work.
 - b. Students that earn a 3 or 4 on the tests may use this to fulfill the Essential Skills requirement of the Oregon High School Diploma.

In the coming months, have discussions with your student on the importance of good attendance, a strong work ethic, and the will to succeed in the classroom. These are all elements that will lead to success on the new College and Career ready assessments, which in turn will open doors to their success in the future.


 IVHS Principal
 Go Cougars!!

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Three Rivers School District Board Meetings

At IVHS—11/17—6:00 PM

At DO—12/15—6:00 PM

11/6—CLERICAL DAY NO CLASSES

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11/10—ECMC College Nights  
Information about college planning for  
Parents & Students

~~~~~

11/ 18 & 19TH

1st Semester
Conferences

"Chili & a Chat"

~~~~~

### 11/23—11/25

District Closure Days

11/26

Thanksgiving Day

11/27

Vacation Day—No Classes

## THREE RIVERS SCHOOL DISTRICT

Illinois Valley High School § 625 E. River Street § Cave Junction, OR 97523

541-592-2116 § 541-592-4853 FAX § www.threerivers.k12.or.us

ECMC

# College Nights

**\$500 SCHOLARSHIPS**  
**FREE PIZZA & BEVERAGES**  
**COLLEGE PLANNING TIPS**



**Tuesday, November 10 | 6:00-8:00 p.m.**

Illinois Valley High School, Cafeteria

### Learn how:

- Going to college can change your life
- To choose the right college or academic program
- To find financial aid and make college affordable
- To search for scholarships and avoid scams

 [www.facebook.com/ecmcfab](http://www.facebook.com/ecmcfab)

 [www.twitter.com/ecmcfab](http://www.twitter.com/ecmcfab)

Visit **[www.collegenights.org](http://www.collegenights.org)** for more details



**Wednesday, November 18th 4:30pm - 7:30pm**

**(Dinner - starts @ 4:30pm - 7:00pm)**

**Thursday, November 19th 7:30am - 7:30pm**

**(Closed 12:00pm - 12:30pm & 4:00pm - 4:30pm)**

**Friday, November 20th ~NO SCHOOL~**

**Please be advised that Progress Reports WILL NOT be mailed home.**

**Progress reports NOT picked up at conferences will be given to your student to bring home.**

**Wednesday Drawing**

**(1) \$50.00 Gas Card**

**(1) \$50.00 Taylor's Gift Box**

*Must attend conferences  
to receive ticket.*



**Thursday Drawing**

**(1) \$50.00 Gas Card**

**(1) \$50.00 Taylor's Gift Box**

**We will have information available on: Parent Portal - Volunteer Program - 21st Century - ASPIRE**



# ILLINOIS VALLEY HIGH SCHOOL

## Students Of The MONTH

SEPTEMBER 2015



Lily Pyle  
Grade 9



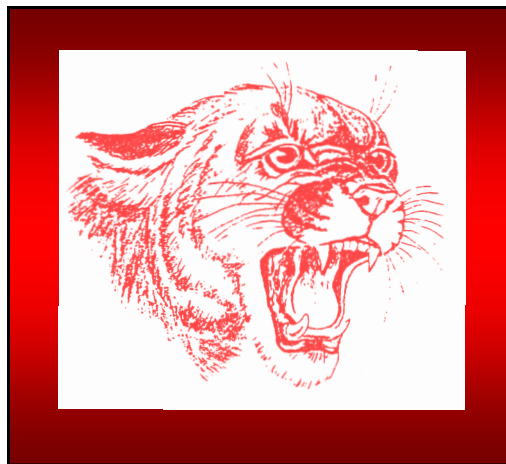
Nathon Massey  
Grade 10



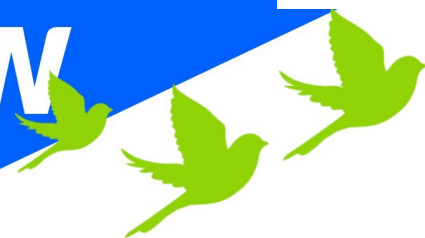
Ross Gaynor  
Grade 11



Mingjie Pan  
Grade 12



# meet our sparrow



## *Illinois Valley High School Sparrow* *Brooke Davis*

Roxy Davis was 20 weeks pregnant when she and her husband Jason were told that their unborn baby girl had hydrocephalus. Hydrocephalus is a condition where cerebrospinal fluid doesn't reabsorb properly in the brain, causing a harmful build-up. This extra amount of fluid greatly increases pressure inside the skull, can cause the head to be enlarged, and can lead to many other serious medical conditions as well.

Precious baby Brooke was born at 37 weeks on October 28<sup>th</sup>, 2014, and spent her first month of life in the NICU, due to problems with breathing and eating. Brooke underwent her first brain surgery to try and relieve fluid accumulation at only two months old. Since then, she has had three additional brain surgeries, for a total number of four...all before her first birthday. During her fourth surgery, doctors installed a shunt on the right side of her head in order to help with the ongoing need for fluid to drain from her brain into her spine, where it then reabsorbs into her body.

In addition to hydrocephalus, it was discovered that little Brooke was missing part of her brain called the corpus callosum (the band of white matter that connects the two hemispheres of the brain.) As a result, Brooke has experienced some delays in development. She does not yet crawl, but receives physical and occupational therapy twice a month.



Since January of 2015, Brooke has had to travel to Portland for hospital visits over 15 times, with many more trips likely to be in her future. Even with these challenges, Brooke has many good days. She likes to be outside, loves her bounce chair, and is adored by her 3-year-old big brother, Bentley.

Brooke will be adopted as a Sparrow to Illinois Valley High School in Cave Junction. Students at IVHS will work hard to raise money for Brooke through sponsored community service and fundraising projects.

Empowering kids to help kids in medical need

sparrowclubs<sup>USA</sup>





# 2015 - 2016 SPORTS & EVENTS

## NOVEMBER & DECEMBER

**Athletic Coordinator—Bruce Reese**  
**Athletic Secretary—Heather Merrill**

# FALL

# SPORTS

# AWARDS

**Thursday**  
**November 12, 2015**

### SPEECH & DEBATE EVENTS

|            |              |     |            |
|------------|--------------|-----|------------|
| 11/20/2015 | Varsity MEET | TBD | at Ashland |
| 11/21/2015 | Varsity MEET | TBD | at Ashland |
| 12/01/2015 | Varsity Game | TBD | TBA, TBA   |
| 12/02/2015 | Varsity MEET | TBD | at Phoenix |

### BOYS BASKETBALL

|            |                   |        |                       |
|------------|-------------------|--------|-----------------------|
| 12/02/2015 | Boys JV Game      | 4:30pm | at Hidden Valley      |
| 12/02/2015 | Boys Varsity Game | 7:30pm | at Hidden Valley      |
| 12/04/2015 | Boys JV Game      | 4:30pm | at Oakland            |
| 12/04/2015 | Boys Varsity Game | 7:30pm | at Oakland            |
| 12/05/2015 | Boys JV Game      | 3:00pm | Riddle                |
| 12/05/2015 | Boys Varsity Game | 6:00pm | Riddle                |
| 12/08/2015 | Boys Varsity Game | 7:00pm | Prospect              |
| 12/11/2015 | Boys JV Game      | 4:15pm | at Sweet Home         |
| 12/11/2015 | Boys Varsity Game | 5:45pm | at Sweet Home         |
| 12/15/2015 | Boys JV Game      | 4:30pm | at New Hope Christian |
| 12/15/2015 | Boys Varsity Game | 7:30pm | at New Hope Christian |
| 12/17/2015 | Boys Varsity Game | 7:00pm | RV Adventist          |
| 12/18/2015 | Boys Varsity Game | 7:30pm | at Phoenix            |
| 12/22/2015 | Boys JV Game      | 1:30pm | at Crow               |
| 12/22/2015 | Boys Varsity Game | 4:30pm | at Crow               |
| 12/29/2015 | Boys Varsity Game | 7:00pm | at Glendale           |

### GIRLS BASKETBALL

|            |                    |         |                       |
|------------|--------------------|---------|-----------------------|
| 12/02/2015 | Girls JV Game      | 4:30pm  | at Hidden Valley      |
| 12/02/2015 | Girls Varsity Game | 6:00pm  | at Hidden Valley      |
| 12/04/2015 | Girls JV Game      | 3:00pm  | at Oakland            |
| 12/04/2015 | Girls Varsity Game | 6:00pm  | at Oakland            |
| 12/05/2015 | Girls Varsity Game | 4:30pm  | Riddle                |
| 12/08/2015 | Girls JV Game      | 4:00pm  | Prospect              |
| 12/08/2015 | Girls Varsity Game | 5:30pm  | Prospect              |
| 12/10/2015 | Girls JV Game      | 4:00pm  | North Valley          |
| 12/10/2015 | Girls Varsity Game | 5:30pm  | North Valley          |
| 12/11/2015 | Girls JV Game      | 4:15pm  | at Sweet Home         |
| 12/11/2015 | Girls Varsity Game | 7:15pm  | at Sweet Home         |
| 12/15/2015 | Girls Varsity Game | 6:00pm  | at New Hope Christian |
| 12/17/2015 | Girls Varsity Game | 5:30pm  | RV Adventist          |
| 12/18/2015 | Girls Varsity Game | 5:30pm  | at Phoenix            |
| 12/22/2015 | Girls JV Game      | 12:00pm | at Crow               |
| 12/22/2015 | Girls Varsity Game | 3:00pm  | at Crow               |
| 12/23/2015 | Girls JV Game      | 5:30pm  | at North Valley       |
| 12/23/2015 | Girls Varsity Game | 7:00pm  | at North Valley       |
| 12/29/2015 | Girls Varsity Game | 5:30pm  | at Glendale           |

### WRESTLING

|            |                 |          |                     |
|------------|-----------------|----------|---------------------|
| 12/03/2015 | Varsity MEET    | TBD      | at Brookings Harbor |
| 12/04/2015 | Varsity MEET    | TBD      | at Phoenix          |
| 12/05/2015 | Varsity Tourney | TBD      | at Del Norte        |
| 12/11/2015 | Varsity Tourney | TBD      | at North Bend       |
| 12/12/2015 | Varsity Tourney | TBD      | at North Bend       |
| 12/18/2015 | Varsity Tourney | 11:00 am | at Glendale         |
| 12/19/2015 | Varsity Tourney | 10:00 am | at Glendale         |



# FOOD DELIVERY

## During School Hours



It is always our goal to help students learn, succeed, and thrive, and, as parents/guardians, you know that healthy eating is one tool that is beneficial.

We encourage our students to eat during the regularly scheduled breakfast and lunch times. We do understand that there may be times when this does not work as planned.

As a supplemental time, the school schedule provides a morning break, and, for most of the week, an afternoon break, which allows students to grab a quick snack or drink, should they choose to.

If you need to bring food/drink to the school for your student, please understand that there is a guideline in place that will not allow class time to be disrupted.

### The process of how food and/or drinks are delivered to students during regular class time hours will be as follows:

- ⇒ **ANY** food or drink brought to the school for a student will be delivered at a break time (morning or afternoon), or at the beginning of lunch.
- ⇒ Food/drinks left for student athletes, or, students going on a school-sponsored field trip, will be able to pick up **BETWEEN** classes, or, on their way out to the bus.
- ⇒ **NO** food or drink will be delivered to a student during **ANY** class time periods.
- ⇒ **Please pay close attention to the daily lunch time when delivering your student food. Allow enough time for him/her to eat what you have brought, without being tardy to the next class.**

If you have any questions or concerns, please do not hesitate to contact our office.

## Cell Phone Policy



## During School Hours

We encourage ALL parents/guardians and students to adhere to the Three Rivers School District/ Illinois Valley High School policy regarding the use of cell phones during school hours.

Students are allowed to carry their cell phones on their person while on school campus. While in class, however, students are asked to keep their phones in either their backpack or locker. Certain circumstances **MAY** allow the use of cell phones in the classroom with permission.

Students are **NOT** allowed to use their cell phones while in the office.

If you need to contact your student during school hours, please contact the school, we will get a message for him/her to call you as soon as the current class is done. If it is an urgent situation, or an emergency, we will get your student to the office at that time.

**The following is a brief guide for basic cell phone usage. Please refer to the student handbook for detailed information, or, contact the office.**

### Cell phones CAN be used:

- Before/After school
- During lunch time and morning/afternoon break
- Special classroom assignments **ONLY** where permission is granted.

### Cell phones CANNOT be used:

- **DURING CLASS TIME** (Including but not limited to texting, social media, internet surfing, photographing/recording).
- **IN THE OFFICE** (Students may use the office phone to call a parent for emergency purposes only).



# ILLINOIS VALLEY HIGH SCHOOL

## FACTS YOU SHOULD KNOW.....

### CALENDAR OF EVENTS

#### NOVEMBER 2015



|                                     |                                                                                            |                         |
|-------------------------------------|--------------------------------------------------------------------------------------------|-------------------------|
| 1 <sup>st</sup>                     | Daylight Savings Time Ends<br>Turn clocks BACK one hour ("Fall Back")                      |                         |
| 3 <sup>rd</sup>                     | IVHS Blood Drive                                                                           |                         |
| 5 <sup>th</sup>                     | SMILE – Family Math & Science Night<br>(At Evergreen Elementary School)                    | 5:30 PM                 |
| 6 <sup>th</sup>                     | CLERICAL DAY - NO-SCHOOL Day for ALL students                                              |                         |
| 10 <sup>th</sup>                    | IVHS Site Council Meeting<br>ECMC - Oregon College Application Event                       | 3:45 PM<br>6:00-8:00 PM |
| 11 <sup>th</sup>                    | Veteran's Day – Holiday – NO CLASSES                                                       |                         |
| 17 <sup>th</sup>                    | TRSD Board Meeting @ IVHS                                                                  | 6:00 PM                 |
| 18 <sup>th</sup>                    | Parent & Teacher Conferences<br>("Chili & a Chat" – Dinner Served 4:30 -7:00 PM)           | 4:00-7:30 PM            |
| 19 <sup>th</sup>                    | Parent & Teacher Conferences<br>NO CLASSES<br>(Closed 12:00 – 12:30 PM, & 4:00 – 4:30 PM ) | 7:30 AM-7:30 PM         |
| 23 <sup>rd</sup> – 25 <sup>th</sup> | District Closure Day – NO CLASSES                                                          |                         |
| 26 <sup>th</sup>                    | Thanksgiving Day – Holiday – NO CLASSES                                                    |                         |
| 27 <sup>th</sup>                    | Vacation Day – NO CLASSES                                                                  |                         |



#### DECEMBER 2015

|                  |                         |         |
|------------------|-------------------------|---------|
| 14 <sup>TH</sup> | IVHS Music Concert      | 7:00 PM |
| 15 <sup>th</sup> | TRSD Board Meeting @ DO | 6:00 PM |

#### Winter Break – NO CLASSES

12/21/2015 – 1/1/2016

Christmas Day (Holiday) – 12/25/2015

New Year's Day (Holiday) – 1/1/2016

CLASSES RESUME - 1/4/2016

# DECEMBER

Dear Parents and Community Members,

We are in the process of weeding our library of old and outdated books.

Our eventual goal is to be able to purchase new books that reflect current issues in our world, latest technologies, scientific discoveries, historical perspectives, and opposing viewpoints.

An expanded and up-to-date library will afford our students the opportunity to do research, read critically and write papers that will prepare them for the next step after graduation.

With this in mind, our students and all of the community are welcome to peruse and take books from the "weeded" shelves that we are no longer keeping.

Please feel free to stop in and take a look between the hours of 8:00 am and 3:00 pm. Students have already taken quite a few of the books and those not taken are still available.

Hope to see you within the next few weeks.

Sincerely,  
Trudy Stehelin, IVHS Library Manager

#### COMMUNICATIONS:

#### SYNVOICE—AUTOMATED VOICE MESSAGING & ATTENDANCE NOTIFICATIONS

We will use **Synvoice** to send out important messages about school closures and school events. When you get a call from the school using **Synvoice**, it is important that you say "Hello" as this triggers the message. If you have voicemail, it will leave a message. If you have email registered with the school, we will often send emails as well.



At this time, our Attendance Clerk, Tani Becker, personally follows up on absences on a daily basis. If your student missed all or part of school, please call the school by the next morning to clear your student's absences. The number is 541-592-2116; ask for the attendance office. You may also send Ms. Becker an email to verify or excuse an absence or tardy: [tani.becker@threerivers.k12.or.us](mailto:tani.becker@threerivers.k12.or.us). *It is very important for you and your student to have these absences cleared. Students end up doing lunch detentions for un-cleared absences.*





## Illinois Valley High School 21st Century Enrichment After School Programs

The following classes have been provided by a grant through the 21st Century Learning Center. Classes are open to I.V. High School students, Lorna Byrne Middle School Students, Home Schooled students at the level of 9th-12th grades, and students enrolled in a registered GED program. Parents and relatives of any of these eligible students are also welcome to participate

**All after school classes begin at 3:30 PM and end at 5:30 PM**

**Meal is provided for all after school classes.**

### **Before School Homework Help**

**Mondays—Thursday 7:00—7:30 AM**

#### **Tuesdays**

- ◆ Homework Help

#### **Wednesdays**

- ◆ Health Cooking
- ◆ Vocational Welding
- ◆ Wood Shop
- ◆ Art

#### **Mondays**

- ◆ Yoga for Athletes
- ◆ Vocational Welding
  - ◆ Wood Shop
  - ◆ Board Games
  - ◆ Sewing

#### **Thursdays**

- ◆ Homework Help
- ◆ Battle of the Books
- ◆ SAT/College Prep

All classes are held at **Illinois Valley High School**, 625 E. River Street, Cave Junction, OR 97523

Coordinator: **Sara Creek**, (sara.creek@threerivers.k12.or.us),

For more information, send an email or call, 541-592-2116.



# LIBRARY BOOKS FOR ILLINOIS VALLEY HIGH SCHOOL



Reading is the most important skill a child can learn. It is vital to every child's success and it is the door opener to the 21<sup>st</sup> century for all children. No matter how advanced technology becomes, reading will continue to be the key that helps kids master all others.

When kids get older they are easily distracted. Reading often takes a backseat to other pursuits and interests. However, the more a child reads, the more confident and skilled they become. Motivating a child to keep reading and to understand and think critically and creatively about what they have read are the end goals.

So, head to the library, the bookstore, the Goodwill, or any place where books are sold. Get more involved in reading, reading to each other and reading aloud. Together we can make a difference in kid's lives that will last a lifetime. We invite and encourage all the members of our community to READ! READ! READ!

With these thoughts in mind, our local Grants Pass bookstore, **Oregon Books & Games**, is a jewel.

- They will contribute **5%** of all purchases to **Illinois Valley High School**, if the customer requests **IVHS** to be the recipient of the contribution.
- The customer must request **IVHS** at the time of payment in order for our library to receive the gift certificate.
- In return, the library will use the money to purchase new books.
- As an added convenience, people may order online at [www.oregonbooks.com](http://www.oregonbooks.com) and pick up their purchases in the store.
- Don't forget to designate **IVHS** when paying. The bookstore does not have the ability to accept payments online but will accept credit card payments over the phone; remember to mention **IVHS**. They will mail your purchase for a fee if you are unable to pick up at the store.

**Oregon Books & Games** is a full-service community bookstore that has served our area for more than twenty years. They feature a full range of books for young children, teens and adults. Book choices include mystery and adventure novels, fantasy, romance, graphic novels, and the latest bestsellers from more than 100 publishers.

For more information, please contact the **IVHS Librarian, Trudy Stehelin**, or, you may contact Oregon Books Games directly at:

150 NE "E" Street  
Grants Pass, OR  
541-476-3132  
[www.oregonbooks.com](http://www.oregonbooks.com)





# THE ILLINOIS VALLEY HIGH SCHOOL

## PARENT & STUDENT RESOURCES

### YEAR-ROUND ON-LINE STUDY RESOURCES AVAILABLE

ON-LINE SUPPORT TO HELP YOUR STUDENT KEEP THE SKILLS LEARNED, IN SHAPE. LIKE EXERCISING YOUR MUSCLES ON A DAILY OR WEEKLY BASIS, SO TOO DOES THE BRAIN NEED ITS PHYSICAL ACTIVITY. THE FOLLOWING WEB SITES ARE PROVIDED TO ASSIST WITH THE "SUMMER BRAIN EXERCISE" ROUTINE.

#### My student doesn't understand their homework . . . now what?

We have all been in the situation where our students don't understand the homework and we are trying to dust off the files in our head to remember how to do that math problem or remember what happened in this historic battle. It can be frustrating for both the student and the parent to get through the homework. In today's world full of technology students have numerous resources available to help them re-learn the concepts. The following are just three of the many sites available.

**Khan Academy** – [www.khanacademy.org](http://www.khanacademy.org) This web-site has over 4,000 videos on subjects from geometry to chemistry to computer science. This is a great tool that actually reteaches the material step by step. Many times hearing the concept explained by someone else makes that light bulb turn on and the student understands. Interactive practice is also available to solidify the concepts.

**Sophia** – [www.sophia.org](http://www.sophia.org) Video clips are also available at Sophia, but there is also much more. Over 28,000 tutorials including slideshows and screencasts are available anytime. The site also tailors the information according to the student's learning style, which is determined through a short quiz.

**Quizlet** – [www.quizlet.com](http://www.quizlet.com) This is a great study tool. There are thousands of flash cards & quizzes on the site developed by students and teachers from around the world in nearly every subject you can think of. Students can use an already created tool or create one of their own to challenge themselves and others in their class. This is a great vocabulary tool.

We hope you will find these resources helpful. If you would like more information or other ideas how to help your child at home please do not hesitate to contact the office.

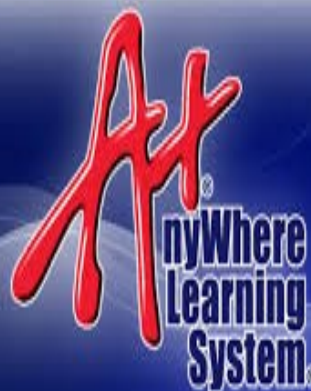


**ODYSSEYWARE** is an on-line academic website which provides innovative, 21st century learning opportunities for our students.

*Three Rivers School District/Illinois Valley High School* uses this program for students outside of the regular classroom setting, and for students that need to do make up classes (Credit Retrieval) to be eligible for graduation.

**ODYSSEYWARE (OW)** is web-based. If you have internet access, your student can access his/her assignments, which allows them the ability to complete the courses as fast as he/she needs to, whether they are in the classroom or at home.

To access the **ODYSSEYWARE** web site AFTER he/she is registered, your student will need to go to <https://3rivers.owschools.com>. From there, they will be able to login and access the courses that they are enrolled in.



# THE ILLINOIS VALLEY HIGH SCHOOL

## Parent & Student Resources, cont.

### Before & After School Homework Help & Guidelines

#### **MORNING Homework Help hours**

7:00—7:30 AM,

**MONDAY THROUGH THURSDAY**

#### **AFTERNOON Homework help hours:**

3:30—5:30 PM

#### **TUESDAYS & THURSDAYS**

The afterschool bus will transport students, **per the "Straight-Line" bus route**, Monday through Thursday. Students who are staying for after-school tutoring and are riding the bus are expected to stay in the classroom the entire time. Students who are walking, being picked up, or driving themselves may leave when they are finished working.

**Students may not leave the campus and return later.** Students are given a meal, provided by the 21st Century program, at 4:30 each session. There is no cost for this meal.

***No student will be allowed to ride the activity bus if they are not in an after school program or a sport.***

If this occurs, we will tell the bus drivers to transport the student home, but a referral will be written, followed by consequences.

Students are required to sign in and out. If you are assuming your child is coming to after-school activities, you may call the school the following day to check on his/her attendance. Many students could benefit from this extra help, so encourage your student to attend, especially if they need the extra help.

### SPORTS NEWS

[HTTP://WWW.SOUTHERNCASCADELEAGUE.ORG](http://www.southerncascadeleague.org)

**November 2015**

Bruce Reese, Athletic Coordinator

Heather Merrill, Athletic Secretary

#### **WINTER SPORTS 2015**

##### **FIRST PRACTICE—MONDAY, NOVEMBER 17TH**

For students interested in participating in winter sports that participated in fall sports, with parent/guardian permission, need to contact the Athletic Secretary to have their paperwork rolled over.

For students that **DID NOT** participate in fall sports, a completed sports packet needs to be submitted to the Athletic Secretary. A current sports physical **MUST** be included.

Sports fee payments or arrangements **MUST** be made in order to be eligible to compete. For more information, please contact our business department.

#### **IVHS STUDENT-BASED HEALTH CENTER NEWS**

##### **SPORTS PHYSICAL INFORMATION:**

**ALL SPORTS PHYSICALS WILL COST \$25. THIS PRICE IS GOOD ALL THE TIME, AND AVAILABLE AT ALL SISKIYOU COMMUNITY HEALTH CENTER SITES. THIS INCLUDES THE SCHOOL-BASED HEALTH CENTERS, THE CLINICS IN CAVE JUNCTION AND GRANTS PASS, AND SISKIYOU'S WALK-IN CLINIC IN GRANTS PASS.**

**PHYSICALS NEED TO BE COMPLETED OR UPDATED IN ORDER TO BE ELIGIBLE FOR SPORTS. CALL OR STOP BY THE HEALTH CENTER TO SCHEDULE AN APPOINTMENT!**





THREE RIVERS SCHOOL DISTRICT

ILLINOIS VALLEY HIGH SCHOOL  
625 E. RIVER STREET  
CAVE JUNCTION, OR 97523

**Or Current Resident**



WE'RE ON THE WEB  
[WWW.THREERIVERS.K12.OR.US](http://WWW.THREERIVERS.K12.OR.US)