

Board Report

Neah-Kah-Nie Middle School

February 8, 2021

Healthy Teen Survey - Preliminary Summary Results

Participation:

6th Grade - 83.3%

8th Grade - 76%

Areas to Improve:

1. Sexual Health: "Have you been taught at school about healthy and respectful relationships?"
 - a. 6th Grade: Yes - 38.9%, No - 22.2%, Not Sure - 38.9%
 - b. 8th Grade: Yes - 41.7%, No - 52.8%, Not Sure - 5.6%
2. Mental Health: Self Harm
 - a. 6th Grade: 1 or more times - 23.5%
 - b. 8th Grade: 1 or more times - 13.9%
3. Mental Health: Suicidal Ideation
 - a. 6th Grade: 5.7%
 - b. 8th Grade: 17.1%
4. Mental Health: Anxiety
 - a. 8th Grade: Several days, More than half the days, Nearly every day - 55.6%

Areas to Celebrate:

1. School Climate: Respect: Adults in my school respect people from different backgrounds (for example, people of different races, ethnicity, cultures, religions, genders, social orientations, or disabilities).
 - a. 6th Grade: Strongly Agree, Agree - 97.1%
 - b. 8th Grade: Strongly Agree, Agree - 94.6%
2. School Climate: Been bullied, Past 30 days
 - a. 6th Grade: Yes - 8.3%, No - 91.7%
 - b. 8th Grade: Yes - 8.3%, No - 91.7%
3. Substance Abuse: Cigarette and Alcohol use, Past 30 days
 - a. 6th Grade: 0 Days - 100%
 - b. 8th Grade: 0 days - 100% (Cigarettes), 1 or more days- 10 %, 0 Days - 90% (Alcohol)

CHANGES AT THE MIDDLE SCHOOL THAT WILL HELP US IMPROVE

Jo McCoy, our school counselor, has been an amazing addition to the middle school. She meets with students on a regular basis either via Zoom or in LIP to address the mental health needs of our students. She also teaches a Personal Development class to all students 6-8 as an exploratory and creates weekly lessons for our advisory classes that focuses on building healthy and respectful relationships.

Another great addition is Ashley Atwood, NKN SD Drug and Alcohol Counselor. Ashley worked with our PE teachers to incorporate Drug and Alcohol lessons into our health curriculum.

I predict, with these additions, future surveys will show improvements.

NEW AND IMPROVED LIMITED IN PERSON

1. Two cohorts attending school Monday through Thursday.
Focus is on students who struggle with CDL
 - a. Cohort A attends from 9:00-11:00
 - i. 14 students attend every day, M-Th
 - b. Cohort B attends from 2:00-4:00 (new time as of February 1)
 - i. 23 students attend every day, M-Th
 - ii. Students have access to teachers during their office hours.
 - iii. All teachers have students in their classrooms during office hours.
2. Moving Forward
 - a. Increase LIP students to students who would benefit from social interaction with peers and teachers.
 - b. Create two cohorts within this cohort: Cohort 1 would attend on M, W and Cohort 2 would attend T, Th with up to 20 students in each cohort.