

Nutrition Service Update

December 2010



Food Service Program Results

November was a good month for participation in the Food Service program. We were right at budget for breakfasts, lunches and snacks. Supper has been exceeding budget with the Illinois Valley, Lorna Byrne, Evergreen and Grants Pass Boys and Girls Clubs showing increased attendance and participation. We are currently working on a supper program at Williams Elementary which should start in January. We also continue to look for opportunities to increase revenue by promoting our program to outside sources.

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High School Challenge

The High School Challenge was great success in the month of November. Healthy choice options were plentiful with all three high schools reporting increased participation of these healthy choices. Although the final results are not in yet, as of week two, Illinois Valley and North Valley were in the running in the smaller school bracket. Hidden Valley was right in the middle of the competition but competes against much larger schools in the state.



Lift-Off!
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Nutritional
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Upcoming Events

December Holiday Meal – December 7th, at all our schools.

We invited all students, families and staff to join us for lunch and which features Turkey Gravy, mashed potatoes and all the fixings. Come join us!

December – Toy's For Tots – On November 16th, we started our annual collection of toys at all our school sites. These toys will be distributed to needy families throughout Josephine County for distribution on December 18th at the Merlin Alternative Center.



Produce of the Month

We continue to provide healthy choices for our students with the Produce of the Month promotion. This month we are offering turnips at our variety bar. Turnips are a good low calorie source of vitamin C and fiber. Turnip greens contain large amounts of vitamin A and especially large amounts of lutein, which has been shown to help prevent cataracts and cardiovascular disease.

Staff Birthdays

December

Ronda Sheldon— Madrona Elementary
Mindy Fate— Lincoln Savage Middle School
Robert Campbell—Manzanita Elementary

HAPPY BIRTHDAY!!!



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No Cans?



The Food and Nutrition program continues its efforts with our recycling efforts by adding Jerome Prairie Elementary to the program. They are now recycling glass, tin, cardboard, plastic and paper in our effort to reduce waste and move towards a greener environment. With our efforts we continue to look for opportunities to implement recycling at all our schools. Currently we have all schools recycling cardboard and tin cans but hope to implement the co-mingling recycling program throughout the district.

Health Inspections

With nearly all of the Health Department inspections complete, our scores have been nearly perfect. There have been a few minor infractions at a few sites but we are working diligently to address and correct them. Congratulations to all the kitchen staff for keeping their operations clean, sanitary and providing safe, properly prepared food for all our students!



Safety

As a continued focus on Safety, Food Service Staff reviews 5 minutes safety topics each month. Below are the topics for December:

Preventing Slips, Trips and Falls - Do's and don'ts to prevent falling in the workplace.

Cooking Temperatures - Guidelines for ensuring food is heated to required minimal temperatures.

MSDS - Important things you need to know about Material Safety Data Sheets and the chemicals in our kitchens.

We will continue this school year with staff awareness, increased focus and informative safety training throughout the school year. Food and Nutrition Services continues to provide a safe working environment in all our schools as well as incorporating safe work place practices district wide by keeping SAFETY top of mind!

