

UCISD New Course Request Form

Submit Completed form to the Curriculum and Instruction Department for the following course requests:

A) STATE-APPROVED COURSES NOT CURRENTLY IN THE UCISD COURSE LISTING (E.g., The course desired is not in the UCISD course deck but is approved for state credit in the CO22 PEIMS-TEDS)

B) Courses for LOCAL CREDIT ONLY (I.e., The course is to be offered as a local credit/course, not state or graduation credit.)

C) INNOVATIVE COURSES require special application with TEA unless they are on the current approved list for general use INNOVATIVE courses.

School Year: 2026-2027 Level: X High School Middle School

Campus/Campus ID: UHS 001

Name of Approving Administrator: Amy Graeber

CTE Pathway: (High School)

SB 25 (2025) requires every district with a high school program to provide an elective course in nutrition & wellness that qualifies for one-half elective credit. § 28.0115.

Section A:

Course Title: Lifetime Nutrition & Wellness

Abbreviation: LNURTWEL Grade Level: 9-12

Credit Requested: 0.05 State Local Projected Enrollment: 60

Service ID: 13024500 Course Units: SEM

Is this course eligible for High School Credit? X Yes No

Graded: X Yes No

Exclude from Gradebook: _____ Attendance _____ Grades _____ X _____ Neither

Self-Paced: _____ Yes X No Per Crtl: _____

Gender Restricted: _____ Yes X No Pop Servd: ALL

Weighted: Yes X No Class Type: ALL

HRoll Table: HRoll Weight: GA Table: GA Weight:

Include in UIL Eligibility? X Yes No

HS Total Credits: 0.05 AR Use: _____ SpcCons: _____ CTE Hours: _____

The following questions reference personnel and funding: Please provide an explanation and/or rationale for offering the course if answers are NO:

1. Is the current personnel allocation adequate? X Yes No

2. Has teacher certification been verified with HR?	Yes	No
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3. What are instructional materials needed for this course?

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Instructional materials will be requested from: X District IMA funds Campus funds

4. Are current facilities adequate? X Yes No

5. Will students enrolled in this course have opportunities to participate in extra-curricular activities governed by NoPass/NoPlay Rules? X Yes No

Rationale and explanations for questions 1-5 above with answers of 'No': _____

Section B: Course Description for Students and Parents/Course Catalog Description

Course Title: Lifetime Nutrition and Wellness

Credit Value: 0.5

Grade Level: 9-12

Prerequisite(s): none

Course Description: This is a comprehensive course of study of the concepts and skills that foster individual personal health and safety. Current and relevant topics such as environmental health, the influence of media on health consumerism, current health issues, and health care finances will be examined.

Approval/Denial:

Campus Principal:	Approved	Denied
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Program Director: _____ Approved _____ Denied _____

CIO:	Approved	Denied
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Trustees: _____ Approved _____ Denied _____

If Denied, please list reason here:

Approved Course Number Assigned: PEIMS Number:

Placed in District Course Deck by: _____ Date: _____