

GUARANTEED INCOME: STRENGTHENING FAMILY RESILIENCE AND EARLY CHILDHOOD SUCCESS

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GUARANTEED INCOME OVERVIEW



First Statewide GI Pilot: CA Dept of Social Services

Goals

- Pilot & evaluate GI as economic model & intervention to improve life trajectories through transitional phases
- Randomized controlled trial design; wrap around services, financial coaching (randomized), benefits waivers secured

Pilot and Timeline

- Last GI payments of \$600/mo. scheduled March 2026
- Total 409 receiving GI; 132 in comparison group (\$20/month)
- Match funding requirement generously provided by First 5 Riverside County - Thank you!



GUARANTEED INCOME OVERVIEW



Theory of Change

Guaranteed Income serves as a temporary bridge, enabling long term success for pregnant people, their children, and families

Research Questions

- Does GI reduce stress, increase service navigation, improve health and wellbeing outcomes, and strengthen the economic stability of participants?
- Sample data indicators (quant & qual)
 - Mental and physical health, education,
 - Food & housing security, employment,
 - Quality of life, agency/dignity



INITIAL RESULTS- WHOLE PERSON HEALTH SCORE



Health and Wellbeing Indicators

5-point statistically significant increase in the WPHS Composite Score – with a small/medium effect – indicating overall health is improving

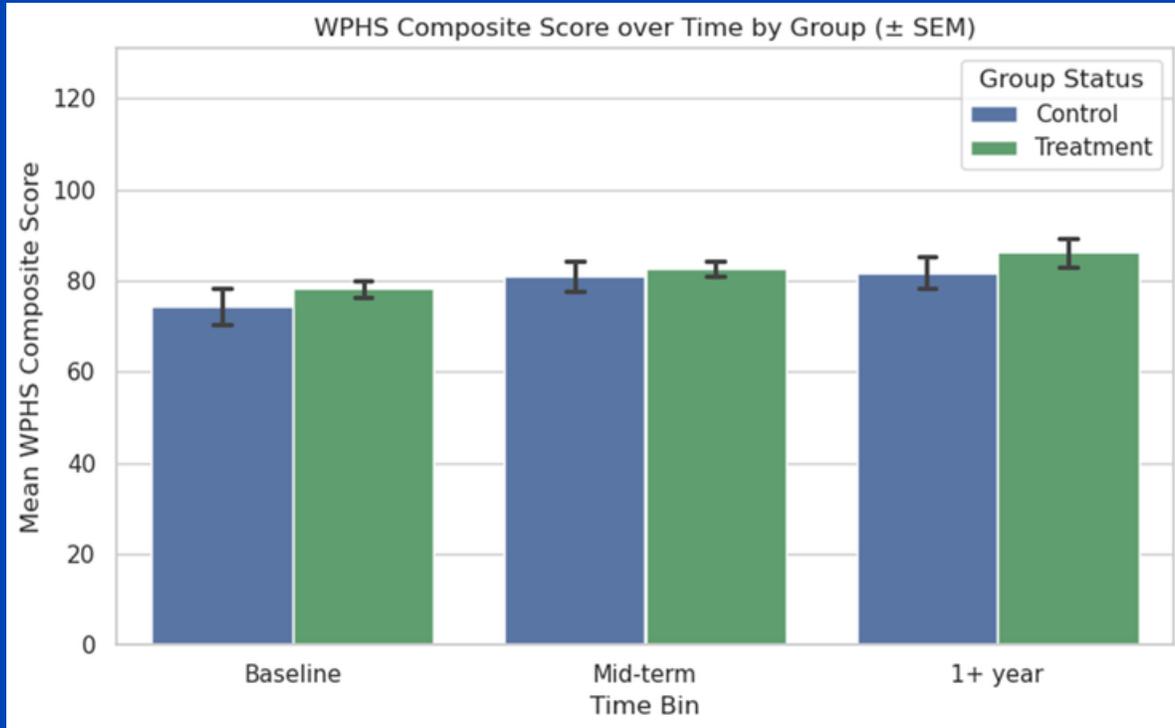
1.8 statistically significant difference in the Socioeconomic Domain score (stability) – with a small effect – indicating small improvement in socioeconomic health

Improvements in **Finances** (security), **Living Situation**, and **Emotional Health**

Further analysis is underway



WPHS COMPOSITE SCORES AMONG PREGNANT PERSONS BY GROUP AND TIME POINT



Group	Time Bin	WPHS Composite	Standard Deviation	Sample(n)
Control	Baseline	72.0	19.9	35
	Mid-term(8 months)	77.7	18.8	30
	1+ year	81.5	17.7	22
Group	Time Bin	WPHS Composite	Standard Deviation	Sample (n)
Treatment	Baseline	76.8	17.2	108
	Mid-term(8 months)	80.7	18.1	110
	1+ year	85.8	15.1	22

Note: Bars represent the average wellness score of all pregnant participants assessed at each time point. Some participants contributed data at more than one time point.

OBSERVED CHANGES FROM FIRST TO MOST RECENT ASSESSMENT AMONG TREATED PREGNANT PARTICIPANTS (PRELIMINARY RESULTS) N=60



Measure	First Assessment (Average)	Most Recent Assessment (Average)	Change	Statistically Significant?	Effect Size (Cohen's d)	Size of Change
Socioeconomic Score	12.61	10.73	-1.88	Yes	0.40	Strong Small Effect
Finances	4.40	3.79	-0.61	Yes	0.39	Strong Small Effect
Living Situation	3.25	2.52	-0.73	Yes	0.37	Strong Small Effect
Exercise	4.44	4.01	-0.43	Yes	0.31	Moderate Small Effect
Anxiety	1.35	1.01	-0.35	Yes	0.27	Modest Small Effect
Outpatient Visits	2.75	2.19	-0.56	Yes	0.27	Modest Small Effect
Employment	1.60	1.22	-0.38	Marginally Significant	0.24	Smallest Small Effect

Based on a sample of 60 participants, results show consistent improvements across key areas. The largest gains were in finances and living situation, highlighting meaningful progress in social stability. While effect sizes are small, improvements across multiple domains – including emotional health and socioeconomic stability – suggest tangible benefits that may enhance well-being at the broader population level.

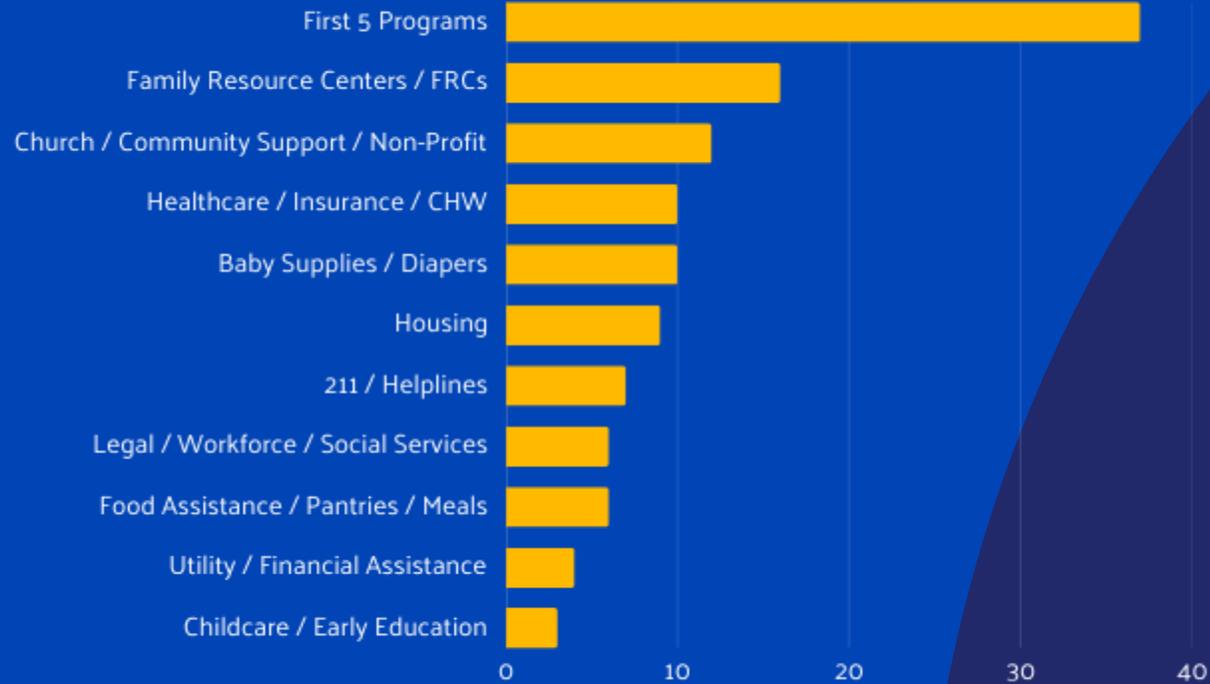
OBSERVED CHANGES FROM FIRST TO MOST RECENT ASSESSMENT AMONG TREATED PREGNANT PARTICIPANTS (PRELIMINARY RESULTS) N=60



Area of Impact	Improvement	Strength of Impact	Significant?	What This Means
Socioeconomic Stability	Improved	Strong small	Yes	Greater overall stability
Finances	Improved	Strong small	Yes	Better financial security
Living Situation	Improved	Strong small	Yes	More stable housing
Exercise	Improved	Moderate small	Yes	Increased healthy behaviors
Anxiety	Reduced	Modest small	Yes	Better emotional health
Outpatient Visits	Reduced	Modest small	Yes	More appropriate healthcare use
Employment	Improved	Small	Marginal	Increased workforce participation

Based on a sample of 60 participants, results show consistent improvements across key areas. The largest gains were in finances and living situation, highlighting meaningful progress in social stability. While effect sizes are small, improvements across multiple domains – including emotional health and socioeconomic stability – suggest tangible benefits that may enhance well-being at the broader population level.

SERVICE BASED OUTCOMES FOR WPHS PARTICIPANTS



INITIAL RESULTS

Focus Groups

- Spending GI on basic needs, saving, paying down debt
- Supporting expanded choices – Giving birth, work, school
- Reduced stress/anxiety during pregnancy and after
- Increased family wellbeing
- Escaped unsafe situations – Housing, relationships,
- Expanded dreams – Future hopes and plans
- Increased economic resilience for future situations



PARTICIPANT FEEDBACK

“The program changed my life. I was able to make ends meet and purchase several items for my baby and not worry about if we would be able to make it to the next month.”

“I would love to thank you guys so much for the help I needed, honestly it took me a long way and now I’m happy to be able to do it in my own, the program really helped me get back on my feet and I will forever appreciate that.”

“Guaranteed income has given my family more stability and peace of mind. It helps cover basic needs like food, transportation, and bills, reducing stress and allowing us to plan ahead instead of reacting to emergencies. This support has improved our overall well-being and helps us focus on long-term goals rather than constant financial pressure.”

“I had my baby at 23 weeks, he just had surgery and is doing good. Your program really helped my family during such a tough time...”



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**THANK
YOU!**

Questions or comments?



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