



McKay Creek Elementary School

Sherwood Elementary School

Washington Elementary School

Sunridge Middle School

Pendleton High School

Hawthorne High School



6 PENDLETON SCHOOL DISTRICT

Pendleton School District maintained 9 schools in the 2015-2016 school year. Changes to the structure of the school district are planned for the 2016-2017 school year with Lincoln and West Hills will be absorbed by the new schools: Washington and Sherwood. Pendleton School District enrolls over 3200 students annually. The district has school counseling staff available at each school who are focused on academic counseling. Pendleton has a unique partnership with the Confederated Tribes of the Umatilla Indian Reservation (CTUIR) to provide additional supports for Native American students in their district that is available for all Native American students identified that do not have to be enrolled with the CTUIR. Pendleton School District had identified a gap in intervention services for youth needing mental health support at the school sites.

Program Goals and Priorities

Pendleton School District wants to demonstrate increased attendance for the youth who participate in SBMHS.

Pendleton School District wants to demonstrate a decrease in behavioral referrals for youth who participate in SBMHS.

- Group skill building sessions conducted at all elementary and middle schools
- Therapists available for individual appointments as identified by school district personnel especially in the high school.
- Emergent care services for youth who are not maintaining in the classroom.
- Collaboration services for school district educators and counselors
- Training and Information for school district staff on how to support SBMHS in the classrooms
- Connections with the Wellness Hubs
- Assist in addressing the achievement gap for Tribal youth.

District Needs: 3 FTE Mental Health Specialist I (skills, presentations, and outreach)

2 FTE Mental Health Specialist II (district wide assessments/therapy services)

1 FTE Mental Health Specialist II (district wide emergent care needs)

During the 2015-2016 school year SBMHS served 159 youth (5% of the district) with 216 individual skills sessions, 128 youth in group skill building and 246 youth screened for mental health services. From these services, 108 attended elementary schools, 20 attended middle school, and 31 attended high schools.



School District/School	FTE	Monday	Tuesday	Wednesday	Thursday
Pendleton	3.50				
1. PELC (outpatient services)	.50				
2. McKay Elementary (Open, QMHA)	.50		(AM)	(AM)	(AM)
3. Sherwood Elementary (Pamela Fisher, QMHA)	.75		All day	All day	All day
4. Washington Elementary (Carolyn Rhinhart, QMHP)	.50	All day			All day
5. Sunridge Middle (Open, QMHP)	.50		(PM)	(PM)	(PM)
6. Pendleton High (Open, QMHP)	.50	(PM)	(All day)	(Appt. PM)	
7. Hawthorne Alterative (Open, QMHP)	.25		(PM)		(PM)

School District Personnel

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Individual School Services and Needs

Pendleton School District has access to School Psychologist through the support of the IMESD. The School Psychologists are support to the emergent needs of each school (i.e. youth is not maintaining in a classroom). The School Psychologist will be available to meet with the child during the emergent need and determine the appropriate referral sources (community support, SMBHS, crisis response etc).



Pendleton Early Learning Center

SBMHS will provide the following for the 2016-2017 school year

Staff Assignment: .5 FTE group skills trainer allocation (2 full days per week through outpatient services in Pendleton)

Staff Plan

Need Addressed: School district requested emergent care services for youth who are not maintaining in the classroom. Collaboration services for school district educators and counselors

Outpatient therapist will conduct classroom observations; work with school professionals and parents to complete assessments and therapeutic services as deemed medically necessary.

Outpatient therapist will participate in school and community partner meetings each month.

McKay Elementary School

SBMHS will provide the following for the 2016-2017 school year

Staff Assignment: .25 FTE group skills trainer allocation (2 AM shifts per week)

Individual counseling and assessments (by appointment)

Staff Plan

Need Addressed: School district requested group skill-building sessions conducted at all elementary and middle schools. They also requested collaboration services for school district educators and counselors.

Group skill-building topics will be made available by request until the position is filled. The primary service will be directed towards either individual or group therapy. All youth referred will receive a mental health screening and be reviewed for a mental health assessment. Service plans will be drafted for these youth based on the recommendations from the assessment.

Goals for each group will be communicated to the educators and counseling staff.

Group skill-building topics:

Topic	Purpose	Duration	Method
Social/Communication Skills	Decrease behavioral referrals	6-9 Sessions, 1x/week	Group Skills
Friendship/Relationship Skills	Decrease behavioral referrals & increase attendance	6-9 Sessions, 1x/week	Group/Classroom
Self-Regulation/Impulse Control	Decrease behavioral referrals	6-9 Sessions, 1x/week	Group Skills
Anger Management	Decrease behavioral referrals	6-9 Sessions, 1x/week	Group Skills
Attendance/Life Success Skills	Increase attendance	6-9 Sessions, 1x/week	Group/Classroom

Sherwood Elementary School

SBMHS will provide the following for the 2016-2017 school year

Staff Assignment: .75 FTE group skills trainer allocation (3 full days per week)



Individual counseling and assessments (by appointment)

Staff Plan

Need Addressed: School district requested group skill building sessions conducted at all elementary and middle schools, emergent care services for youth who are not maintaining in the classroom, and collaboration services for school district educators and counselors.

Goals for each group will be communicated to the educators and counseling staff

Group skill-building topics:

Topic	Purpose	Duration	Method
Social/Communication Skills	Decrease behavioral referrals	6-9 Sessions, 1x/week	Group Skills
Friendship/Relationship Skills	Decrease behavioral referrals & increase attendance	6-9 Sessions, 1x/week	Group/Classroom
Self-Regulation/Impulse Control	Decrease behavioral referrals	6-9 Sessions, 1x/week	Group Skills
Anger Management	Decrease behavioral referrals	6-9 Sessions, 1x/week	Group Skills
Attendance/Life Success Skills	Increase attendance	6-9 Sessions, 1x/week	Group/Classroom

The focus for this school is to reduce behavioral referrals and increase attendance, the skills listed above will address the needs of the school multiple days per week. SBMHS will offer three full days allocated to Sherwood. Life Success Skills and Friendship/Relationship Skills can be scheduled each day with small group skills that can also be applied to a targeted grade level each quarter with classroom presentations.

Washington Elementary School

Washington has a high population of Native American students, about 35% of the school population, that are bussed in from the Confederated Tribes of the Umatilla Indian Reservation, located approximately 5 miles to the east of Pendleton.

SBMHS will provide the following for the 2016-2017 school year

Staff Assignment: .5 FTE individual and/or group therapy (2 full days per week)

Individual counseling and assessments (by appointment)

Need Addressed: School district requested therapists available for individual appointments as identified by school district personnel, emergent care services for youth who are not maintaining in the classroom, collaboration services for school district educators and counselors, and assisting in addressing the achievement gap for Tribal youth.

Therapy services should be by appointment scheduled in partnership with school staff.

Group skill-building topics will be made available by request. The primary service will be directed towards either individual or group therapy. All youth referred will receive a mental health screening and be reviewed for a mental health assessment. Service plans will be drafted for these youth based on the recommendations from the assessment.

Goals for each group will be communicated to the educators and counseling staff



Group skill-building topics:

Topic	Purpose	Duration	Method
Social/Communication Skills	Decrease behavioral referrals	6-9 Sessions, 1x/week	Group Skills
Friendship/Relationship Skills	Decrease behavioral referrals & increase attendance	6-9 Sessions, 1x/week	Group/Classroom
Self-Regulation/Impulse Control	Decrease behavioral referrals	6-9 Sessions, 1x/week	Group Skills
Anger Management	Decrease behavioral referrals	6-9 Sessions, 1x/week	Group Skills
Attendance/Life Success Skills	Increase attendance	6-9 Sessions, 1x/week	Group/Classroom

Sunridge Middle School

SBMHS will provide the following for the 2016-2017 school year

Staff Assignment: .5 FTE individual and/or group therapy (2 PM shifts and 1 full day per week)

Need Addressed: School district requested therapists available for individual appointments as identified by school district personnel, emergent care services for youth who are not maintaining in the classroom, and collaboration services for school district educators and counselors. Therapy services should be by appointment scheduled in partnership with school staff.

Group skill-building topics will be made available by request. The primary service will be directed towards either individual or group therapy. All youth referred will receive a mental health screening and be reviewed for a mental health assessment. Service plans will be drafted for these youth based on the recommendations from the assessment.

Goals for each group will be communicated to the educators and counseling staff.

Pendleton High School

SBMHS will provide the following for the 2016-2017 school year

Staff Assignment: .5 FTE individual and/or group therapist (2 PM shifts and 1 full days per week)

Staff Plan

Need Addressed: School district requested therapists available for individual appointments as identified by school district personnel, emergent care services for youth who are not maintaining in the classroom, and collaboration services for school district educators and counselors. Therapy services should be by appointment scheduled in partnership with school staff.

Group skill-building topics will be made available by request. The primary service will be directed towards either individual or group therapy. All youth referred will receive a mental health screening and be reviewed for a mental health assessment. Service plans will be drafted for these youth based on the recommendations from the assessment.



Goals for each group will be communicated to the educators and counseling staff.

Hawthorne Alternative High School

SBMHS will provide the following for the 2016-2017 school year

Staff Assignment: .25 FTE individual and/or group therapist (2 PM shifts per week)

Need Addressed: School district requested therapists available for individual appointments as identified by school district personnel, emergent care services for youth who are not maintaining in the classroom, and collaboration services for school district educators and counselors. Therapy services should be by appointment scheduled in partnership with school staff.

Group skill-building topics will be made available by request. The primary service will be directed towards either individual or group therapy. All youth referred will receive a mental health screening and be reviewed for a mental health assessment. Service plans will be drafted for these youth based on the recommendations from the assessment.

Goals for each group will be communicated to the educators and counseling staff.