

# Spookinaapi (Good Health) Project

## Project

- 5-year SAMHSA grant
- (3) Tier socio-cultural-ecological approach
- Target Areas
  - Under-Age Drinking
  - Marijuana use
  - Prescription pain Killers (Opioids)
  - Suicide
  - Family engagement
- Target population
  - Grades 2-12

## Update on Goals

Goal 1. Provide Prevention education, activities and awareness for the schools and community. Spookinaapi team made the initial introduction into the class rooms, met with the administrators to schedule time in the classrooms to introduce prevention strategies

Goal 2. Continue to serve caseload in each building and provide access to Mental Health services.

Spookinaapi team will continue serving their case load and provide Mental Health Services.

Goal 3. Establish a mentoring program for each building and target at-risk students.

The Spookinaapi team will develop a mentoring program in each building to target at-risk students.

## Current Projects:

Each Spookinaapi Specialist developed a google class room for their students to provide prevention services, they also contracted their case load of tier 2 students through email and phone calls. Their activities include simple exercises, games they can do at home and curriculum pages sent to students in their google classroom.

The Spookinaapi coordinator and staff are registering and participating on prevention webinars. The coordinator is continuing entering data in the SPARS data base and submitted the report to the SAMHSA GPO, participating in on-line zoom community meetings and google hang outs with staff. The Coordinator has been helping with Vaccine clinics and contract tracing for the sports. The Spookinaapi staff had the meeting with the epidemiologist and gave input on the assessment survey and monthly logs Spookinaapi coordinator has providing training to the staff on screening process/contract tracing of Covid-19. Each specialist is providing Covid-19 prevention education to the students. The Spookinaapi staff will possibly participate in x-

country skiing event with the tribal prevention programs if Incident Command approves of the event.

### Spookinaapi Specialist

BMS: Jennifer Elhers- Working remotely with the students, doing daily check-ins. Too Good for Drugs Curriculum is being implemented, there were 8 modules that are picked out, each module has 3-4 sessions that include activities, prevention education.

BES: Kimberly Tatsey-McKay- Grades 2<sup>nd</sup> & 3<sup>rd</sup>

Coping strategies are being implemented, daily check-ins with the students. Kim set up a google classroom for her grades, Too Good for Drugs and second step are being implemented, each session will be uploaded in google class room.

Napi: Tessa Wells- working remotely, Tessa set up google class room, she has been doing check-ins with students. Too Good for Drugs modules are being up loaded in google class room.

BHS-Daniella- Working Remotely, checking in with students. Too Good for Drugs are being uploaded in Google Classroom, Insight classes are being provided virtually, prevention education videos are being uploaded in google class room for the students.