

# THE MONTHLY FEED - APRIL 2023

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## NUTRITION SERVICES

Lincoln County School District

School Meals Gardens Food Pantry



## Oregon School Nutrition-2023

The Nutrition Services Management Team traveled to Salem to attend the 2023 Oregon School Nutrition Association conference. This annual conference is a great opportunity for professional development and provides resources for LCSD to connect with specialists and advocacy groups across Oregon, such as the Oregon Farm to School Network. CNP Manager Jamie Nicholson testified on March 23rd in support of HB 5014, asking for continued level funding for Oregon's Farm to School Programs. LCSD has benefitted greatly from this funding as it has allowed us to roll out the district-wide school garden plan. Due to the success LCSD has seen, we have been invited to become part of the USDA's People's Garden and will be featured in the next USDA National Farm to School webinar. We will also be presenting at this month's OSU Farm to School meeting. LCSD is seeing success due to a lot of hard work and strong partnerships, but ongoing support from LCSD Administration has been key to the implementation.

## MEET THE CREW



Meet the Taft Elementary Crew!  
Taft Elementary serves more breakfast and lunch meals than any other kitchen in the District.

## Thank You!

Thank you to the  
Sodexo Stop Hunger Foundation  
for your \$1,000 donation  
to our Food Pantry!



# WHAT'S GROWING ON? -LCSD SCHOOL GARDENS-

## NMS Plant sale

Exciting adventures in plant propagation are happening at Newport Middle School. Students in the STEAM, Future Bound Program, and SLC classes are sharpening their horticulture skills and planting flats full of fun, interesting, and delicious plants for the second annual spring plant sale. In addition to learning valuable skills, the students will be raising support for the ongoing maintenance of their school garden. Be on the lookout for more info to come on the plant sale scheduled for May 11th & 12th.



# FRESH FRUIT AND VEGETABLE PROGRAM (FFVP)



The Fresh Fruit and Vegetable Program (FFVP) is an important tool in our effort to combat childhood obesity. The program has been successful in introducing elementary school children (K-8) to a variety of produce that they otherwise might not have the opportunity to sample. This month's menu includes: Asparagus, Plums, Nectarines, Broccoli and Broccoli Rabe, Cotton Candy Grapes, Purple Cauliflower, and Blackberries.

## DID YOU KNOW?

Broccoli Rabe is a green vegetable, with the leaves, buds, and stems all being edible; the buds somewhat resemble broccoli, but is actually more closely related to a turnip.



**May 5th is  
National Lunch Hero Day!**  
How will you celebrate your school kitchen staff?



Learn more by visiting  
[www.pebt.oregon.gov](http://www.pebt.oregon.gov)

Students eligible for  
P-EBT benefits will receive  
confirmation in the mail.

*No application required!*



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@Lincoln County Oregon School  
Gardens

## 2023 Future Chef Winner



Sadie Foley, a 3rd-grader from Eddyville Charter School won this year's Future Chef! We wish her luck as she moves on to the next level of the competition.

**Future Chefs**  
National Challenge  
by sodexo