



## ***NES Newsletter November 2024***

### ***Be Safe...Be Respectful...Be Responsible***

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#### **Important Dates and Reminders**

- November 4th - 8th, Book Fair - See details below under "Library"
- November 4th - 8th - Dental Sealants for all Students that Turned in Permission Forms
- November 6th - Book Fair Family Night 2:45-6:00 P.M., Parent Council Family Event - Cookie Decorating in the cafeteria 4:00-6:00
- November 3rd - Set Clocks Back One Hour
- November 11th - No School - Veteran's Day
- November 12th - School Board Meeting - 6:30 p.m. at the District Office or on Zoom
- November 14th - NES Fall Pajama Storytime Hour - 6:00-7:00 p.m.
- November 20th - Picture Retake Day
- November 23rd - Parent Council Meeting - 1:00 p.m. - NES Playground (See More Info Below)
- November 26th - No School - Grade Day
- November 27th - 29th - No School - Thanksgiving Holiday



**Coming Saturday, December 7th, 2024:**



NES's Seaside Cinema Takeover for Disney's new movie, Moana 2. Look for details and sign up info coming out mid - November.

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**DON'T FORGET TO SET  
YOUR CLOCKS BACK  
ONE HOUR ON  
SUNDAY NOVEMBER 3RD!**

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## NES Fall Pajama Storytime Hour

November 14, 2024

6:00 p.m.-7:00 p.m.

NES staff can't stop talking about the children's books they love! We have decided to share those books with our students and our families! NES staff will be reading aloud some of their very, very favorite children's books in different areas around the school. Come cozy up in your pajamas and settle in to hear these wonderful stories and why the stories mean so much to the staff. Families will receive a program when they arrive so they can choose which stories they would like to hear and experience; we'll even have stories read in Spanish! Everyone will end up in the cafeteria for cocoa and a cookie at the end of the evening then head off home to bed. The sign up forms will be coming home in backpacks next week!

## Hora del cuento del pijama de otoño de NES

14 de noviembre de 2024

18:00-19:00

¡El personal de NES no puede dejar de hablar sobre los libros infantiles que les encantan! ¡Hemos decidido compartir esos libros con nuestros estudiantes y nuestras familias! El personal de NES leerá en voz alta algunos de sus libros infantiles favoritos en diferentes áreas de la escuela. Venga a ponerse cómodo en pijama y acomódese para escuchar estas maravillosas historias y por qué significan tanto para el personal. Las familias recibirán un programa cuando lleguen para que puedan elegir qué historias les gustaría escuchar y experimentar; ¡Incluso tendremos historias leídas en español! Todos terminarán en la cafetería para tomar un chocolate y una galleta al final de la noche y luego se irán a casa a dormir. ¡Los formularios de inscripción llegarán a casa en las mochilas la próxima semana!

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## *Picture Retake Day November 20th*

If your child was absent on Picture Day, they will automatically get their photo taken.

If you are not satisfied with the your child's photo from September, send the packet you ordered with them on retake day. Email the office or their teacher, so we know they need to get their picture taken again.

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# NOVEMBER 2024

## NEHALEM ELEMENTARY SCHOOL

A variety of sandwiches are Available daily as an option For lunch!

Monday	Tuesday	Wednesday	Thursday	Friday
				Pumpkin Bread <b>1</b> Breakfast For Lunch
Waffles <b>4</b> Cheesy Breadsticks w/ Marinara	Breakfast Sandwich <b>5</b> Chicken Soft Tacos	Strawberry Cream Cheese Bagel <b>6</b> Spaghetti	Yogurt & Graham Crackers <b>7</b> Tillamook Cheese Burger	Blueberry Muffin <b>8</b> Soup & Toasted Cheese Sandwich
<b>11</b> VETERANS DAY NO SCHOOL	French Toast <b>12</b> Chicken Quesadilla	Breakfast Bars <b>13</b> Mac & Cheese	Pancake on a Stick <b>14</b> Sloppy Joe's	Breakfast Rounds <b>15</b> Chicken Nuggets
Sausage & English Muffin <b>18</b> Corn Dogs	Cinnamon Bagel <b>19</b> Burritos	Banana Bread <b>20</b> Lasagna	Strawberry Smoothies <b>21</b> Chicken Burger	Cinnamon Rolls <b>22</b> Pepperoni Pizza Sticks
Pancake Sausage Bites <b>25</b> Hamburger Gravy Over Mashed Potatoes	<b>26</b> GRADE DAY NO SCHOOL	<b>27</b> NO SCHOOL	<b>28</b> HAPPY THANKSGIVING	<b>29</b> NO SCHOOL

A variety of fresh fruits and vegetables are available daily on our offering bar. All of our bread items are whole wheat or whole grain. Gluten free options are available. Fat-free and 1% milks are offered daily. Whole grain cereals are an option at breakfast. Menu items are subject to change.  
**"This institute is an equal opportunity provider"**

## Bookfair is November 4th - 8th!



### Library

- Monday K-5 classes will preview the book fair in library class. Tuesday the book fair opens for all recesses\*\* and runs through the lunch recesses on Friday.
- Family Bookfair Night will be on November 6th from 2:35-6:00 p.m. in the Library.

## Parent Council

### Cookie decorating

Join us for cooking decorating fun!! Family Book Night Wednesday 6th in the cafeteria from 4:00-



6:00.

### **Parent Council Meeting Play Date**

Join us Saturday 23rd at 1:00

Bring the kiddos!! We will be having our meeting at the NES playground!! We know meeting during the week night can be stressful. we are looking for more convenient family friendly ways to meet. We hope having "play dates" will create a fun opportunity for the children to play, while the grownups can talk future fundraising ideas. We will also be providing snacks and juice. We look forward to see you there!

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## **Family Resource Center**

**NEHALEM ELEMENTARY SCHOOL**

# **Food Drive**

## **Let's Share & Care**

**Items needed:**  
Cereal, Bread, Pasta, Rice, Healthy Snacks, Flour, Sugar, Canned Goods, etc.....

*For fresh or frozen items wanting to be donated, please call the Nehalem Elementary School to arrange drop off for pick up.*

**October 21st-  
December 18th**

**Drop-off location:**  
Mohler Co-op  
RTI Nehalem  
NCRD Recreation District  
Wild in Manzanita  
Nehalem Food Mart  
Nehalem Elementary

**For more information:**  
Call 503-355-3650

**Or email Heaven at:**  
[heavenh@nknsd.org](mailto:heavenh@nknsd.org)

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### **Ms. Jennifer's School Counseling Office**

Hard to believe it is already November!

In October grades 2-5 learned about Kelso's choices. Students worked on recognizing the size of the problem and worked on using Kelso's strategies for conflict resolution. We focused on using "I statements" in resolving conflicts with peers rather than blaming the other person. K/1 got started with Kelso's choice and will finish in November. We also covered student safety k-5 with our Child







Students have also been enjoying a “Fun Friday” where they get to participate in their favorite activities or games. In November, we plan to focus on throwing and catching skills. We also will do a unit in floor hockey.

**\*Please make sure your child wears or brings tennis shoes every day.\***



**NKN**

**STUDENT HEALTH  
& WELLNESS CENTER**

**AT NEAH-KAH-NIE HIGH SCHOOL**

**HOURS:**

**Tuesdays**

8:30 am – 12:00 pm / 1:00 – 4:30 pm  
(Closed for lunch 12:00 - 1:00 pm)

**Wednesdays**

Counseling appointments only

8:30 am – 12:30 pm / 1:30 – 4:30 pm  
(Closed for lunch 12:30 - 1:30 pm)

**Thursdays**

8:30 am – 12:00 pm / 1:00 – 4:30 pm  
(Closed for lunch 12:00 - 1:00 pm)

**SERVICES AVAILABLE:**

NKN Student Health & Wellness Center offers various medical services, including:

- |                                     |                                      |
|-------------------------------------|--------------------------------------|
| Regular check-ups                   | Dental screenings                    |
| Sports physicals                    | Blood-pressure screenings            |
| Care for illness and injury         | Health education                     |
| Immunizations                       | Counseling                           |
| Routine lab tests                   | Wellness opportunities               |
| Prescription medications            | Referrals for other medical services |
| Age-appropriate reproductive health | (Dental, X-rays, MRIs, Specialty)    |
| Vision screenings                   |                                      |

**Learn more at: [NKNHealth.org](http://NKNHealth.org)**

NKN Student Health & Wellness Center | Telephone: 503-355-3500 | Fax: 844-720-1901





**NKN**  
STUDENT HEALTH  
& WELLNESS CENTER

## EN LA SECUNDARIA NEAH-KAH-NIE

### HORARIOS:

**Martes**

8:30 am – 12:00 pm / 1:00 – 4:30 pm  
(Cerrado para almorzar de 12:00 a 1:00 p. m.)

**Miércoles**

Citas de consejería solamente

8:30 am – 12:30 pm / 1:30 – 4:30 pm  
(Cerrado para almorzar de 12:30 a 1:30 p. m.)

**Jueves**

8:30 am – 12:00 pm / 1:00 – 4:30 pm  
(Cerrado para almorzar de 12:00 a 1:00 pm)

### SERVICIOS DISPONIBLES:

El Centro de Salud y Bienestar para los estudiantes de NKN ofrece varios servicios médicos, inclusive:

Controles regulares	Estudios dentales
Exámenes físicos para deporte	Estudios de presión arterial
Atención de enfermedades y lesiones	Educación de salud
Vacunas	Asesoría
Análisis de laboratorio de rutina	Oportunidades de bienestar
Medicamentos de receta	Remisiones para otros servicios médicos (Dental, radiografías, resonancias magnéticas, especialistas)
Salud reproductiva adecuada a la edad	
Estudios de visión	

Conozca más en: [NKNHealth.org](http://NKNHealth.org)

NKN Student Health & Wellness Center | Teléfono: 503-355-3500 | Fax: 844-720-1901

## NCRD Youth

Bring on the Turkey!! We here at NCRD are ready for the changing leaves and fancy foods that come with Thanksgiving, if you need care over the holiday or after-school please reach out to us. We pick up your students at Nehalem Elementary school at the end of each school day and are open until 5pm. Our cost is \$6 a day per child. This does include a nutritious snack and a host of enrichment activities (outdoor play/walks, gym time, crafts, music, science, etc.) If interested, please reach out to Angie or Kiley at NCRD by phone, email, website, or just stop in. We are not doing drop-ins currently but hope to get back to that someday. We do have full day care when the school is closed, if it is not a national holiday. Those days are \$20 per student. The no school days in November are 26 and 27. To preregister and prepay, contact the Welcome Center. Scholarship applications are available upon request. Scholarships for students are funded through the Friends of NCRD, who support families in need through various fundraisers throughout the year. Please let any youth center staff or the Welcome Center know if this is a need, and we will get you a scholarship application.

### -Youth Sports-

Futsal (indoor soccer) will start November 5 in the NES gym at 4:30 and run Tuesdays and Fridays until Dec. 13. If you are unsure if this is for you, come check it out. If you want to play but haven't registered, you still can, come over to NCRD and register if you have already played a sport this

school year it's even easier, just call the welcome center (or email Kiley) and let them know your child's name, we can invoice you (late fees may apply).

[angiet@ncrdnehallem.org](mailto:angiet@ncrdnehallem.org) [kileyk@ncrdnehallem.org](mailto:kileyk@ncrdnehallem.org)

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## **NCRD Pool**

### **Friday Night Family Swim Fall 2024**

6:00pm - 7:30pm - NO FRIDAY NOVEMBER 28th

Adults please accompany your children to Friday Family Swim. It is not mandatory that adults be in the pool for kiddos to participate unless they're 5 years and under.

\$2 per student \$18 for 10 x swim pass \$6 adult \$50, swim passes purchased @ the pool!

No reservations necessary!

### **Wednesday Water Play is happening after school!**

Water Fun, Games, and Equipment

Available for students' 1st thru 5th grades.

November 6th, 13th, 20th - December 4th, 11th, 18th - No WWP November 27th.

Parents are responsible for delivering and picking up your child at the pool!!

Pool Closed November 28th and 29th for the Thanksgiving holiday!!

***Girls YMCA Basketball Forms are available in the NES Office***



## Girls Grade 3/4 YMCA Basketball

When: November 4th - December 21

Where: Practice NES Tuesday 2:30-4:30

Game location: Tillamook YMCA or Liberty Elementary School

Game days: Thursday evenings & Saturday

Mornings (beginning November 14th)

Coaches : Lisa Pfeifer & Lesley Ancil

Cost: \$75

Sign up

Childs name: \_\_\_\_\_

Parent name: \_\_\_\_\_

Parent Phone#: \_\_\_\_\_

Parent e-mail: \_\_\_\_\_

Emergency contact name: \_\_\_\_\_ Number: \_\_\_\_\_

Please return lower portion of form to school secretary  
make checks payable to NKN Youth Athletics

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## Employment Opportunities at NKN School District

Click on this button to access and apply for open positions.

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**SUPPORT OUR  
SCHOOLS!**

**Become an ESS  
Substitute**



**SCAN  
ME TO  
GET  
STARTED!**



**Amy Cram**

Amy is using Smore to create beautiful newsletters