# THE HOWLER

Garibaldi Grade School | Newsletter



### **June 2024**

We are officially at the end of the school year!

As we wrap up things here at school, please make sure you have your student(s) look for any GGS library books that need to be returned. Also, make sure to have your student(s) look at our lost and found by the office for any missing items (or come by yourself to school to look).

# **Important Upcoming Dates**

June 5, Wednesday, Kindergarten Spring Tea

**June 7,** Friday, Field Day

June 11, Tues, Preschool Last Day, Preschool Promotion 1:30-2pm

June 12, Wednesday, 5th Grade Promotion, 1:15-2:15pm

June 13, Thursday, Last Day (12pm release) K-5

June 13, Thursday, Talent Show (Time TBD)

June 13, Thursday, Parent Group School Carnival, time: 4-7pm

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# **GGS Field Day**

Friday, June 7th - 12-2:15pm

Mrs. Baertlein (our PE teacher) hosts our fun-filled Field Day activities. Students will want to be dressed comfortably for playing and moving around. (If it is raining, field day will be

indoors.)

If you are interested in helping out with Field Day, please make sure to have your volunteer form approved and let the office know to add your name to the list.

### **5th Grade Promotion Ceremony**

On Wednesday, June 12th, we are having an assembly honoring our 5th Graders moving on to Middle School. We will spend time celebrating our 5th Graders as they share their graduation speeches at the ceremony. Come join us from 1:15-2:15pm in the GGS gym. The afternoon will end with a special dance/party just for the 5th grade students!





### Counselor's Corner - Ms. H.

The classroom work is almost done, the textbooks will be closing soon, and it will be time to trade the pencils for popsicles! What a year this has been, and I have enjoyed getting to know your children this year and helping them to learn and grow. During this

last month of school we will be reviewing many of the things we learned this year, and focus on summer safety. I want the 8 Never Never Rules and the 3 Ways to Stay Safe to be fresh in our minds.

I wanted to share with you some information and activities to help children continue to practice their emotional regulation skills over the summer months. Here is a rough sequence of things children need to learn about their emotions. These understandings are the foundations of emotional health. Everybody experiences a range of feelings at different times:

- 1. All feelings/emotions are normal and OK;
- 2. I experience feelings in my body. These relate to my emotional states;
- 3. I can notice tricky feelings like anger, sadness, fear and worry when they start to happen in my body.
- 4. I can name and talk about how I'm feeling;
- 5. Feelings come and go. They don't stay forever;
- 6. Big feelings like anger, sadness, fear and worry can be scary;
- 7. Ignoring difficult feelings away can make them seem bigger;
- 8. Our difficult feelings don't need to be fixed. Sometimes we just need someone to sit with us while we experience them;
- 9. Noticing our feelings, accepting them, naming them, talking about them, or just sitting with them makes them feel less scary
- 10. I can use my tools to help calm my big feelings.
- 11. I'm always a good person, even when I have difficulty managing my big emotions.

I am including a link to an emotions scavenger hunt. This would be a fun way to practice identifying emotions and trying to figure out what "Tools" the person could use to get back to the green zone. If you would like to have a printed copy for the summer, just reach out to me and I can get one printed and sent home for you to use. Mosswood Connections



## **School Carnival hosted by Parent Group**

### Thursday, June 13th from 4-7pm

Celebrate the end of the school year and start of summer at the School Carnival. Come join friends and enjoy fun activities like inflatables, carnival games and food. Remember this is the last day of school and 12pm dismissal.



# Neah-Kah-Nie Middle School Presents...



# Enrichment Program

Neah-Kah-Nie Middle School is excited to offer a FREE 1 week summer enrichment program for our students entering grades 6-8. Students will have the opportunity to participate in a wide variety of activities including: art, athletics, nature exploration, team-building, field trips, and more. Transportation and lunch will be provided at no cost to participants.

Dates: Monday, August 19th - Friday August 23rd.

Times: 8:00 AM - 2:00 PM

Register online using this <u>link</u> or contact the Middle School Office at 503-355-2990. Email <u>angied@nknsd.org</u> if you have any questions. Space is limited, so reserve your spot now.









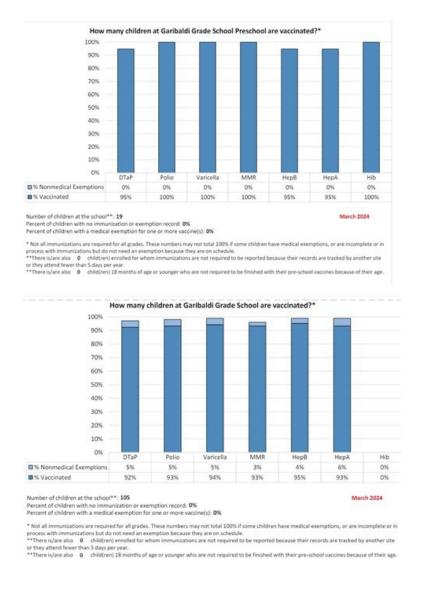
### NKN Student Health & Wellness Center

The NKN Student Health & Wellness Center provides services to all students regardless of the student's ability to pay. Located at the Neah-Kah-Nie High School.

Visit the website for available services and resources: <a href="www.nknhealth.org">www.nknhealth.org</a> or call 503-355-3500. \*Parents have the right to opt out of services.

#### **Student Medication**

If your student has any medication checked into the office please pick up on or before the last day of school - June 13th. We cannot send medication home with the student.



# **NKN School Board Meetings**

### Monday, June 10th, 6:30pm

This is a monthly meeting of our school Board. Meeting takes place at our District Office or through Zoom. You can access this meeting through our district website (<a href="www.nknsd.org">www.nknsd.org</a>) under "School Board" and then "Board Meetings".

# **Neah-Kah-Nie Employment Opportunities**

### Come work for the School District!

We currently have part and full time jobs available within the school district! Full Benefit and Job Descriptions are listed on our website: <a href="https://nknsd.org/departments/human-resources/">https://nknsd.org/departments/human-resources/</a> If you have any questions, contact Kathie Sellars at our District office, 503-355-3506 or <a href="https://nknsd.org">kathies@nknsd.org</a>.

# Are you interested in a flexible work schedule?

Sign up to be a classified or certified substitute at any of our schools. Neah-Kah-Nie School District has contracted with ESS for our substitute services. To become a substitute for the

District please go to ESS.com, click on the Job Seeker tab and type in Neah-Kah-Nie School District to begin the application process. If you have questions about the application process, or becoming a substitute, please contact <a href="mailto:ABrueske@ess.com">ABrueske@ess.com</a> or our Human Resources office at 503-355-3506







### Garibaldi Grade School

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