

Addendum to Annual Report:

Classes conducted between October 1, 2021 and September 30, 2022 and attended by Alpena County residents.

Program Name	Number of Sessions	Start Date	End Date
2021 MCP Webinars - Assessing & Zoning	1	10/21/2021	10/21/2021
RELAX Online Weekly Tue Nov 9,16,23,30 from 1-2:30 RHSE	4	11/9/2021	11/30/2021
Maintaining Health through Self Care Barry County Online Oct Nov Dec	3	10/28/2021	12/2/2021
Mindful Eating11.24	1	11/24/2021	11/24/2021
Guiding Principles for Highly Successful Parenting	5	10/1/2021	10/30/2021
The Parent Talk System	6	10/4/2021	11/8/2021
Regional Meetings for ARPA Local Government Funding - NEMCOG	1	10/14/2021	10/14/2021
Citizen Scholars-College of Arts and Letters	1	10/14/2021	10/14/2021
Conducting Land Division Reviews - Oct	1	10/14/2021	10/14/2021
Diabetes PATH Session Zero(Oct 25)	1	10/25/2021	10/25/2021
MAACO Fall Conference and ERAIL Trailer Training - Benzie County	1	10/26/2021	10/26/2021
4-H'er of the year	1	10/7/2021	10/7/2021
Apple Pumpkin Fun Day	1	10/9/2021	10/9/2021
2021 Alpena County Awards Banquet	1	10/10/2021	10/10/2021
SanbornElementary_OTP_November_Bushey	1	11/12/2021	11/12/2021
SanbornElementary_OTP_November_Manning	1	11/12/2021	11/12/2021
SanbornElementary_OTP_November_Kriniak	1	11/8/2021	11/8/2021
SanbornElementary_OTP_November_Kalisch	1	11/12/2021	11/12/2021

SanbornElementary_OTP_November_Tolan	1	11/12/2021	11/12/2021
SanbornElementary_OTP_November_Syma	1	11/19/2021	11/19/2021
SanbornElementary_OTP_November_Jasso	1	11/19/2021	11/19/2021
Mindful Mondays Lunch and Learn - Teaching Kids Mindful Eating - November 8, 2021	1	11/8/2021	11/8/2021
Mindfulness for Children Extension Extras Parenting Hour	1	12/21/2021	12/21/2021
Gratitude Core- AmeriCorps Celebration Presentation	1	11/18/2021	11/18/2021
Safe Food=Healthy Kids Dec. 8	1	12/8/2021	12/8/2021
A Spectacular Youth Leadership Institute	1	11/6/2021	11/6/2021
11/10/2021 Michigan Cottage Food Law	1	11/10/2021	11/10/2021
Mindfully Feeding Infants & Toddlers12.1	1	12/1/2021	12/1/2021
4-H in the Kitchen: Forgotten Realms Edition	1	11/20/2021	11/20/2021
Northern Michigan Counties Association 12-6-2021	1	12/6/2021	12/6/2021
GLEXPO 2021 (Great Lakes Fruit, Vegetable and Farm Market Expo & Michigan Greenhouse Growers Expo)	4	12/6/2021	12/9/2021
Diabetes PATH--Online	6	11/8/2021	12/13/2021
Integrated Crop and Pest Management Update	1	12/20/2021	12/20/2021
Alpena County Planning Commission - November	1	11/18/2021	11/18/2021
Building a Foundation for Attainable Housing (01/11&13; 01/18&20)	4	1/11/2022	1/20/2022
Positive Discipline, Extension Extras Parenting Hour	1	1/4/2022	1/4/2022
The Resilience Toolbox Extension Extras Parenting Hour	1	1/11/2022	1/11/2022
Wits Workout (Sept 2021-Feb 2022)	6	1/10/2022	2/14/2022
Heroes to Hives 2021 Online Course	1	1/1/2022	1/1/2022
Mindful Morning Coffee Hour 2/3 - 3/3	5	2/3/2022	3/3/2022
ABC's of Early Literacy Extension Extras Parenting Hour	1	1/18/2022	1/18/2022

2022 Michigan Onsite Wastewater Conference	1	1/11/2022	1/11/2022
Laughter Online 1.13.22 at 7-8 PM	1	1/13/2022	1/13/2022
Virtual Skillathon 2022	5	3/5/2022	3/19/2022
Mindful Morning Coffee Hour Jan 2022 from 8-9 Online	4	1/6/2022	1/27/2022
Changing Neg Self Talk MBLLL 1.12.22 from 12-1 online	1	1/12/2022	1/12/2022
Maintaining Health MMBLLL 1.19.22 from 12-1 online	1	1/19/2022	1/19/2022
Begin with a Breath MBLLL 2.2.22 from 12-1 online one time	1	2/2/2022	2/2/2022
Mindful Eating MBLLL 6.1.22 from 12-1 one time online	1	6/1/2022	6/1/2022
1/18/2022 Michigan Cottage Food Law	1	1/18/2022	1/18/2022
Extension Extras Family FAQ's - Vaccination	1	1/20/2022	1/20/2022
January Livestock Club Meeting	1	1/24/2022	1/24/2022
Talking with Kids About Race Extension Extras Parenting Hour	1	1/25/2022	1/25/2022
Learn & Fish SPIN Club	3	2/10/2022	2/20/2022
2022 Zoning Administrator Certificate Program	7	1/9/2022	2/9/2022
Guiding Principles for Highly Successful Parenting January	5	1/6/2022	2/4/2022
The Parent Talk System Jan-Feb	6	1/10/2022	2/14/2022
Importance of Outdoor Play Extension Extras Parenting Hour	1	2/1/2022	2/1/2022
Purpose of Play Extension Extras Parenting Hour	1	2/8/2022	2/8/2022
Together We Can Extension Extras Parenting Hour	1	2/15/2022	2/15/2022
What Children Need to Know to Start School Extension Extras Parenting Hour	1	2/22/2022	2/22/2022
Helping Families Manage Challenging Times - Growing Together conference	1	2/19/2022	2/19/2022
Lake Huron Citizens Fishery Advisory Committee Meeting (Feb 2022)	1	2/1/2022	2/1/2022
Positive Discipline	1	2/11/2022	2/11/2022

Copy of National Diabetes Prevention Program - September 2021	19	9/27/2021	6/14/2022
RELAX Alternatives to Anger PC2.15	1	2/15/2022	2/15/2022
Food Safety Outdoors - Small Game	1	2/15/2022	2/15/2022
MMPA Deford/Clifford/Mayville District Annual Meeting	1	1/17/2022	1/17/2022
Cardboard Box STEM Event	1	2/5/2022	2/5/2022
February Livestock Meeting	1	2/21/2022	2/21/2022
Alpena County 4-H Educational Scholarships	1	2/21/2022	2/21/2022
4-H Love Your Money GooseChase game	1	2/14/2022	2/14/2022
Budgeting for Fiscal Sustainability	1	2/24/2022	2/24/2022
Positive Discipline, Extension Extras Parenting Hour	1	3/1/2022	3/1/2022
Cabin Fever Conversations 2022	3	1/14/2022	3/11/2022
4-H Exploration Days	1	6/22/2022	6/22/2022
LSSI Teacher Training - Seed Saving and the School Garden	1	3/7/2022	3/7/2022
Setting the Stage; Promoting Social Emotional Health in Young Children; Extension Extras	1	3/8/2022	3/8/2022
Michigan Beekeepers' Association 2022 Spring Conference - In-Person	1	3/12/2022	3/12/2022
Cash Composition Contest 2022	1	4/4/2022	4/4/2022
Guiding Principles for Highly Successful Parenting March	5	3/7/2022	4/4/2022
Screen Time for Young Children -Extension Extras Parenting Hour	1	3/15/2022	3/15/2022
Extension Extras Family FAQ's - Kinship Care	1	3/17/2022	3/17/2022
SLEEP 3/3-4/7	6	3/3/2022	4/7/2022
Understanding ACES and Childhood Trauma	1	3/22/2022	3/22/2022
Inquiring Minds Want to Know Extension Extras Parenting Hour	1	3/29/2022	3/29/2022
Great Lakes Conference 2022	1	3/8/2022	3/8/2022
Beginning Farmers DEMaND Series (Webinar Program)	5	1/12/2022	2/9/2022

2022 MI Great Beer State Conference and Trade Show	3	1/12/2022	1/14/2022
Animal Science Career Quest	1	3/19/2022	3/19/2022
01-18-2022 Michigan Cottage Food Law	1	3/21/2022	3/21/2022
March Consumer Horticulture Hotline UP Responder Team	3	3/16/2022	3/30/2022
West Michigan Home and Garden Show- Smart Gardening	4	3/3/2022	3/6/2022
MiSUPER Webinar	1	4/19/2022	4/19/2022
Reducing Challenging Behaviors	1	3/30/2022	3/30/2022
Flowering Bee Lawns Webinar	1	4/19/2022	4/19/2022
4-H Financial Policy Training	1	3/30/2022	3/30/2022
March Reading Month School Book Reading	1	3/22/2022	3/22/2022
RELAX - Alternatives to Anger for Parents and Caregivers Extension Extras	1	4/5/2022	4/5/2022
4-H Fun Day - Plaza Pool	1	2/26/2022	2/26/2022
Fiscally Ready Communities: Financial Best Practices Webinar	1	4/5/2022	4/5/2022
Webinar: Opportunities and pitfalls of managing and feeding cows in automatic milking systems	1	4/6/2022	4/6/2022
2022 Virtual Equine Health Series - 4 webinars	1	2/23/2022	2/23/2022
Mindful Mondays Lunch and Learn ~ Begin with a Breath ~ April 4, 2022	1	4/4/2022	4/4/2022
Introduction to Autism Spectrum Disorder and Neurodiversity extension Extras Parenting Hour	1	4/12/2022	4/12/2022
The Parent Talk System April-May	6	4/11/2022	5/16/2022
Guiding Principles for Highly Successful Parenting April-May	5	4/12/2022	5/10/2022
Virtual Mental Health First Aid Training 4/12/22	1	4/12/2022	4/12/2022
Let's Talk: Parent and Provider Communication Extension Extras Parenting Hour	1	4/26/2022	4/26/2022
Positive Discipline, Extension Extras Parenting Hour	1	5/3/2022	5/3/2022

In-Person Pesticide Core Testing and Review-Mid Michigan CommC	1	3/29/2022	3/29/2022
Beef Quality Assurance	1	3/8/2022	3/8/2022
MSU Tollgate Farm Homegrown Gardening	8	2/12/2022	9/10/2022
MCP Webinar Series - Defensible Decisions (05/19/2022)	1	5/19/2022	5/19/2022
Extension Extras Professional Hour, The Importance of Outdoor Play, 4/22/2022	1	4/22/2022	4/22/2022
May Grow Your Financial Garden GooseChase	1	5/8/2022	5/8/2022
Planning and Zoning for Solar Energy Systems, Webinar Evening	1	5/12/2022	5/12/2022
Planning and Zoning for Solar Energy Systems, Webinar Afternoon	1	6/1/2022	6/1/2022
Planning and Zoning for Solar Energy Systems, Traverse City	1	5/18/2022	5/18/2022
Extension Extras Parenting Hour Young at Art	1	5/10/2022	5/10/2022
Identity Theft	1	5/12/2022	5/12/2022
Get on Board! Effective Meetings and Good Governance	3	5/9/2022	5/23/2022
Positive Discipline	1	5/17/2022	5/17/2022
Embryology in the classroom -Hinks	1	5/16/2022	5/16/2022
Beef Show Clinic	1	5/16/2022	5/16/2022
5-11-22 Cooking for Crowds	1	5/11/2022	5/11/2022
Understanding a Toddler's World Reducing Challenging Behaviors Extension Extras Parenting Hour	1	5/24/2022	5/24/2022
How Children Develop; Extension Extras Parenting Hour	1	6/7/2022	6/7/2022
PRESENTATION: Not MI Species Webinar: Clean it up, drain it out, dry it off: Boating hygiene for the 21st century	1	5/12/2022	5/12/2022
May 2022 lawn and garden hotline contacts	1	5/4/2022	5/4/2022
Breeding Soundness Exams	1	5/6/2022	5/6/2022
Essential Skills for Learning and Life Extension Extras Parenting Hour	1	6/14/2022	6/14/2022
The Parent Talk System May-June webinar	6	5/18/2022	6/22/2022

Dawn Farm Parenting	5	5/24/2022	6/21/2022
Positive Discipline	1	6/17/2022	6/17/2022
Fiscally Ready Communities - Capital Asset Management and Plann	1	6/14/2022	6/14/2022
2022 MSUE Advanced Grazing School	1	2/24/2022	2/24/2022
Learning to Talk; Extension Extras Parenting Hour	1	6/28/2022	6/28/2022
4-H Animal and Veterinary Science Camp	5	6/27/2022	7/1/2022
5/31/2022 ServSafe Montmorency	1	5/31/2022	5/31/2022
Picky Eaters Extension Extras Parenting Hour	1	7/12/2022	7/12/2022
UP & NE Master Citizen Planner Cohort Meeting - February	1	2/3/2022	2/3/2022
2022 Extension Master Gardener College	1	6/13/2022	6/13/2022
UP & NE Master Citizen Planner Cohort Meeting - March	1	3/29/2022	3/29/2022
Bovine TB educational outreach	1	4/27/2022	4/27/2022
July 7-Preserving MI Harvest 1 p.m.	1	7/7/2022	7/7/2022
July 14-Preserving MI Harvest 6 pm	1	7/14/2022	7/14/2022
June 2022 Lawn and Garden Hotline contacts - Macomb	1	6/8/2022	6/8/2022
BWET Kickoff 6-16-2022 Alpena	1	6/16/2022	6/16/2022
July 21-Preserving MI Harvest 6 pm	1	7/21/2022	7/21/2022
August Consumer Horticulture Lawn & Garden Hotline	1	8/3/2022	8/3/2022
July Lawn and Garden Hotline Contacts Ingham County	1	8/1/2022	8/1/2022
Breakfast on the farm	1	9/24/2022	9/24/2022
farmers market kids day	1	9/17/2022	9/17/2022

Thank you Alpena County for your continued support of Michigan State University Extension!

Adam Koivisto

District 14 Director