

**Mahtomedi Public Schools**  
**Independent School District #832**  
**1520 Mahtomedi Avenue**  
**Mahtomedi, MN 55115**

**Regular Meeting - Board of Education**

**Date:** November 9, 2017

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**Agenda Item #9. C.**

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**TOPIC:** Student Wellness, Sleep and School Start Times

**BACKGROUND:** The School Board has set student wellness as a goal. Part of the work on health and wellness examines student sleep. Therefore, examining school start and end times is part of that discussion.

The board started work on this in August 2016. It has been the subject of discussion at several school board meetings and discussion in the community.

The board has devoted considerable attention to this issue. In addition to school board meetings there have been listening sessions at each of the school sites, two community sessions, parent teacher organization session, Student Leadership Council at the high school and more.

The presentation is a summary of the work done thus far.

**ACTION RECOMMENDED:** Discussion

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**Submitted By:**



**Name**

Superintendent of Schools

**Title**

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**Concurrence By:**



**Dr. Mark Larson**

**Superintendent of Schools**