

2018 Seniors Boys Gymnastics

May 17-20 National High School Team Championships

Travel out on the 17th

Team Workout on the 18th

Finals on the 19th

Travel Back to Odessa on the 20th

Exact times will be available as soon as flights are verified.

See attached Flyer and Requirements

- **Pay Entry Fee for Nationals \$100**
- **Must be accompanied by high school coach**
- **Pay Transportation, Hotel, Meals, and Car Rental**
- **Must be approved by HS Principal, ECISD School Board & Athletic Director (Out-of-state travel)**

NOTE: We will try to depart Arizona on the 18th (bad weather day) if there are available flights and if we can arrive in Tempe before 12pm.

Otherwise we will have to miss 1 instructional day on the 17th.

Please see attached National Competition Flyer.

AAI AAI High School **NATIONAL TEAM** **CHAMPIONSHIP**

The mission of the AAI High School National Team Championship is to celebrate the hard work and dedication our seniors have given to the sport of gymnastics.

at
**Arizona State
University**
ASU

Hosted by **THSGCA**



Prelims
May 18th &
Finals
May 19th,
2018

GYMNAST REQUIREMENTS

- Current High School Senior Gymnast
- USAG Sanctioned Event
- Entry Fee estimated \$100

MEET FORMAT

- Level 9 Rules
- AAI Equipment
- Each state can create own team to compete for team championship

ENTRIES due by April 1, 2018

CONTACT

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www.thsgca.org for more info.

AAI High School National Team Championship

Hosted by THSGCA

The mission of the AAI High School National Team Championship is to celebrate the hard work and dedication our seniors have given to the sport of gymnastics.

May 18th & 19th, 2018

Arizona State University

Contact Travis Coulbourn: coulbournt@gmail.com

Gymnast Requirements

- Current High School Senior gymnast with a USAG number
- Must be accompanied by a coach
- Entry Fee- \$100

Team Requirements

- Must have a minimum of one coach responsible for the team at all times. This will also be the coach to whom information is distributed to
- Coaches must be USAG members
- A team may bring as many coaches as they want

Meet Format

- Modified Capital Cup
- Level 9 Rules
 - 10.0 Max- 6.0 Exercise Presentation, 2.0 Element Groups, 2.0 Difficulty
 - Vault- 6.5 Exercise Presentation+ FIG vault value= 10.0 Max
- 3 scores count toward the team score
 - All Gymnasts may compete all around
- AAI equipment
- A Certified Trainer will be on-site

Attire

- Competitive attire will be the gymnast's club or high school uniform
- States are encouraged to have team warm-ups which may include shorts and tshirt