

2026 Itinerary Guide

Europe's Mediterranean Coast

What's in this guide?

Sample schedule: A great example of how your tour may run, including estimated travel times and pro traveler tips! All times and durations are subject to change, and the order of activities may be switched or substituted as needed based on availability. Be sure to check your EF Traveler app while on tour, as your Tour Director will make real time updates there!



Guided activity tip



Transport by plane



Transport by coach



Transport by train



Transport by ferry/boat

Tipping information: It's customary to tip your Tour Director, bus driver(s), and local guides as a token of appreciation, and we've done the math for you! Check out the last page for a full breakdown of tipping information.

Additional resources: Links to articles in our online Help Center about your destinations, packing, etc.

Sample schedule

Tips to know before you go:

- ✓ Local currency used on this tour: the euro (Italy, France; Spain on extension).
- ✓ As the world's most popular travel destination, traveling to Europe means busy city centers, long walks, and changing weather.
- ✓ Summer in Europe can be hot and air conditioning is not as common as it is in the US. It is important to stay hydrated.
- ✓ You will need an adapter for your chargers. We recommend buying a universal one, then you will have adapter for every country you visit.
- ✓ Summer in Europe can be hot and air conditioning is not as common as it is in the US. It is important to stay hydrated.
- ✓ EF tries to accommodate all dietary restrictions during included meals, but travelers with strict food requirements are advised to bring suitable snack options. Please note that in some destinations, options may be limited. EF cannot make special meal requests with the airlines; travelers should plan to notify the airline of any restrictions directly a few days before the flight.
- ✓ Water in Europe often sparkles like the Eiffel Tower! You will have to specify that you want still or natural water at most restaurants. Unless you specify you'd like tap water, you will most likely be served bottled water.
- ✓ Safety is our top priority. While Europe is a very safe continent, pickpocketing can still happen in busy areas. Hold your bags close!

Day 1 Fly overnight to Italy



Day 2 Milan • Cinque Terre



Total travel time: about 3-5 hrs

Meet your Tour Director at the airport

Travel to Cinque Terre (3 hrs)

Time on your own for lunch

Head to the hotel for check-in and dinner

Tips to know before you go:

- ✓ Upon arrival, be prepared to wait up to 2 hours for consolidated groups to arrive.
- ✓ Due to hotel location and driving laws, the group will not see Cinque Terre today. Depending on flight arrival times, the group may have some exploration time in Milan.

SAMPLE

Day 3 Cinque Terre



Total travel time: about 3-5 hrs

Travel to La Spezia train station (1.5 hrs)

Visit Cinque Terre towns by train

Time on your own for lunch and to explore Cinque Terre

Return to La Spezia train station

Return to the hotel by bus (1.5 hrs)

Enjoy dinner at the hotel

Tips to know before you go:

- ✓ As time and weather allows, the group may get to enjoy some beach time today! We recommend bringing a swimsuit and towel.

Day 4 Monaco • French Riviera



Total travel time: about 5-7 hrs

Travel to Monaco (4 hrs)

Take a walking tour of Monaco with your Tour Director

Travel to Eze (2.5 hr)

Visit a French perfume factory with an [expert local guide](#)

Enjoy dinner at the hotel



\$2 per person

Tips to know before you go:

- ✓ Due to hotel location and driving laws, the group may not see Nice today.

Day 5 French Riviera



Total travel time: about 2-4 hrs

With St. Paul de Vence: about 3-5 hrs

Travel to Nice (30 min)

Enjoy a walking tour of Nice's Old Town with your Tour Director

Explore Nice on your own **or**

Optional Excursion: St. Paul de Vence

- Travel to St. Paul de Vence (45 min)
- Enjoy a walking tour with an [expert local guide](#)
- Time on your own for lunch
- Return to Nice (45 min)

Enjoy dinner at the hotel



\$2 per person

Day 6 French Riviera • Barcelona



Total travel time: about 9-11 hrs

Travel to Barcelona (10 hrs)

Time on your own for lunch at a service station en route

Enjoy dinner at the hotel

Tips to know before you go:

- ✓ Be prepared for a long travel day – have something to read or listen to on the bus!
- ✓ Due to hotel location and driving laws, the group may not see Barcelona today.

Day 7 Barcelona



Total travel time: about 2-3 hrs



\$2 per person

Tour Barcelona on foot and by bus with an [expert local guide](#) (4 hrs)

Visit Park Güell

Time on your own for lunch

Explore Barcelona on your own **or**

Optional Excursion: Flamenco evening

- Enjoy a traditional Flamenco performance with one beverage included

Enjoy dinner at a local restaurant before returning to the hotel

SAMPLE

Day 8 Barcelona

Snap a panoramic photo of Barcelona atop Montjuic
Continue to tour Barcelona with your Tour Director

Explore Barcelona on your own **or**

Optional Excursion: Montserrat

- Travel to Montserrat (1.5 hrs)
- Visit the monastery with an **expert local guide**
- Time on your own for lunch
- Return to Barcelona (1.5 hrs)

Enjoy dinner at the hotel



Total travel time: about 2-3 hrs
With Montserrat: about 5-6 hrs



\$2 per person

Day 9 Depart for Home



SAMPLE

Extension (2 additional days)

Day 9 Madrid



Total travel time: about 4-6 hrs

Travel to Madrid by train (3 hrs)

Time on your own for lunch

Enjoy a walking tour of the city center with your Tour Director

Explore the Prado Museum on a self-guided visit

Enjoy dinner at the hotel

Day 10 Madrid



Total travel time: about 2-3 hrs
With Toledo: about 5-6 hrs



\$2 per person

Tour Madrid by bus with an **expert local guide**

Explore Madrid de los Austrias during a self-guided Immersive Scavenger Hunt designed exclusively for EF

Time on your own to explore Madrid **or**

Optional excursion: Toledo

- Travel to Toledo (1.5 hrs)
- Tour Toledo with an **expert local guide**
- Visit the Toledo Cathedral
- Visit the Church of Santo Tomé
- Visit the Synagogue of Santa María la Blanca
- Watch a Damasquinado factory demonstration
- Time on your own for lunch and to explore
- Return to Madrid (1.5 hrs)



\$2 per person

Enjoy dinner at the hotel

Day 11 Depart for Home



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Tipping information

Customary Tipping on Tour:

Tour Director	With your group 24/7, providing cultural insight while handling all on-tour logistics.	\$8 per traveler per day in your destination
Daily Bus Drivers	Typically with you from hotel pick-up to drop off.	\$3 per traveler per day with this driver
Transfer Bus Drivers	Typically with you for a shorter ride between two different points, such as an airport or train station. The number of transfer bus drivers can vary depending on the timing of each individual tour.	\$1 per traveler per additional bus ride
Local Guides	With you for certain activities and sightseeing, providing deeper history and local knowledge.	\$2 per traveler per guided activity

Total Recommended Amount:

The amount listed below will cover gratuities for your Tour Director, daily bus drivers, and local guides, with a small buffer for any transfer drivers or additional gratuities. While on tour, your Tour Director can help confirm how many drivers and local guides you will have.

For the 9-day tour: \$110 per traveler <i>On your tour, you can expect:</i> 8 days with your Tour Director 8 days with daily bus drivers 2 local guides 2 excursion guides (if selected)	For the 11-day tour with extension: \$130 per traveler <i>On your tour, you can expect:</i> 10 days with your Tour Director 10 days with daily bus drivers 3 local guides 3 excursion guides (if selected)
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Additional resources

- ✓ eftours.com/tipping
- ✓ eftours.com/destination-guides
- ✓ eftours.com/packinglist
- ✓ eftours.com/baggage

SAMPLE