

**STUDENT HEALTH ADVISORY COUNCIL
APRIL 9TH 2010
AGENDA**

WELCOME AND THANKS

COUNCIL MEMBER INTRODUCTIONS

WHAT IS A COORDINATED SCHOOL HEALTH PROGRAM? CSHP

EACH CAMPUS IS TO HAVE A COORDINATED SCHOOL HEALTH PROGRAM DESIGNED TO PROMOTE THE OPTIMAL PHYSICAL, EMOTIONAL, SOCIAL, AND EDUCATIONAL DEVELOPMENT OF STUDENTS. THE PROGRAM IS TO BE SUPPORTIVE OF FAMILIES AND IS DETERMINED BY THE COMMUNITY. THE GOAL IS TO ESTABLISH HEALTHY BEHAVIORS THAT LAST A LIFETIME.

EIGHT COMPONENTS ARE LISTED IN THE GUIDE AND ARE TO BE THE FOCUS FOR THE MOST EFFECTIVE WAY TO MEET THE HEALTH NEEDS OF YOUNG PEOPLE.

THE EIGHT COMPONENTS ARE:

- **NUTRITION SERVICES**
- **HEALTH SERVICES**
- **HEALTHY AND SAFE SCHOOL ENVIRONMENT**
- **COUNSELING AND MENTAL HEALTH SERVICES**
- **STAFF WELLNESS PROMOTION**
- **PARENT AND COMMUNITY INVOLVEMENT**
- **PHYSICAL EDUCATION**
- **HEALTH EDUCATION**

WHAT IS A STUDENT HEALTH ADVISORY COUNCIL? SHAC

A SHAC IS A GROUP OF INDIVIDUAL REPRESENTATIVES FROM SEGMENTS OF THE COMMUNITY, GENERALLY APPOINTED BY THE SCHOOL DISTRICT TO SERVE AT THE DISTRICT LEVEL. SHACs PROVIDE RECOMMENDATIONS TO THE DISTRICT SCHOOL BOARD ON CSHP AND OTHER STUDENT HEALTH ISSUES THAT IMPACT THE ENTIRE SCHOOL DISTRICT, NOT JUST INDIVIDUAL SCHOOL CAMPUSES.

THE EIGHT COMPONENTS OF THE CSHP SHOULD BE THE PRIORITY FOCUS AREAS FOR THE SHAC.

TEXAS LAW REQUIRES THAT EVERY SCHOOL DISTRICT HAVE A SHAC THAT MEETS A MINIMUM OF 4 TIMES PER YEAR.

HELPFUL WEB SITE:

www.austinisd.org/schools/shac/

WHAT WE DO AT WYLIE ISD :

**EARLY CHILDHOOD CENTER
ELEMENTARY CAMPUS
INTERMEDIATE CAMPUS
JUNIOR HIGH SCHOOL**

QUESTIONS ?

DISCUSSION

ADJOURN