



Sweetwater

Independent School District

School Health Advisory Council Annual Progress Report to the Board of Trustees May 19, 2025

As Required by [Texas Education Code, Section 28.004](#)

Background

Senate Bill 1, 74th Legislature, Regular Session, 1995, amended Chapter 28 of the Texas Education Code (TEC) by adding [Section 28.004](#). This section requires the establishment of a local school health education advisory council (SHAC). A SHAC is a volunteer advisory council to the school district Board of Trustees. A SHAC is composed of majority parents, community leaders, school personnel, and other representatives, as needed. Under TEC Section 28.004, the SHAC's duties include recommending policies, procedures, curriculum, and strategies for health education appropriate for specific grade levels. SHACs can provide invaluable advice to the district on methods to advance student academic performance by promoting, practicing, and coordinating school health education and services. If utilized, SHAC contributions to coordinated school health programming can lead to a greater positive impact on student health and learning. In addition to providing recommendations to the Board, Section 28.004 requires SHACs to submit a written report to the Board at least once annually. The report must include:

- Any SHAC recommendations not previously submitted to the Board regarding health education curriculum and instruction or related recommendations.
- Any suggested changes to previous SHAC recommendations.
- A detailed explanation of the SHAC's activities since the last annual report.

2024-2025 SHAC Goals

- To create SHAC Bylaws to ensure we are consistent with state law and District policies governing SHAC.
- To review the Wellness Plan by the end of the 2024-2025 academic year.
- To review Bullying surveys by the end of the 2024-2025 academic year.

2024-2025 SHAC Activities and Accomplishments

- During the 2024-2025 academic year, the SHAC had membership elections in accordance with the SHAC Bylaws.
- The SHAC met four times this academic year. The meetings included updates from the district health services coordinator on physical activity, mental health awareness programs, human sexuality curriculum, and supporting the district's wellness policy.



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2024-2025 SHAC Recommendations

All committee members have been invited to return as members for the 2025-2026 school year. The committee reviewed the Sweetwater ISD: Physician’s Standing Order for School Year 2024-2025 school year and felt it was necessary to continue to have narcan on all campuses with trained staff to administer in the event of an emergency.

When reviewing the wellness plan, all nine goals were reviewed with minimal updates.

- Goal 1: recommended to implement surveys in the place of scorecards and benchmarks to increase participation in the federal child nutrition programs within Objective 2.
- Goal 2: No changes recommended. The committee suggested ways in which we can make progress toward the goal.

Members

First and Last Name	Role
Aubra Fahy	SISD Parent
Patrick Fahy	SISD Parent
Samantha Myers	SISD Parent
Kalen Polk	SISD Parent
Mattie Shaffer	Recording Secretary
Misty Torres	SISD Parent
Dustanna Spencer	SISD Parent
Wesley Gill	SISD Parent
Courtney Warren	SISD Parent
Crystal Tipton	Food Service Rep/Co Chair
Krystal Woolard	Chairperson



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Meeting Dates

- October 2, 2024
- December 4, 2024
- February 20, 2025
- April 23, 202

Conclusion

Since the establishment of the SHAC from [Section 28.004, SHACs' responsibilities and their importance in making a positive impact](#) on student health and learning has grown significantly. This document serves to fulfill the legislative requirement that mandates SHACs to submit a written report to the Board at least once annually. We hope that, with this report, the Board and SHAC can continue to work together to support the health and well-being of the students.