



UNITED INDEPENDENT SCHOOL DISTRICT INFORMATIONAL ITEM

TOPIC: UISD Employee Wellness Program Overview

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APPROVED FOR TRANSMITTAL TO SCHOOL BOARD: _____

DATE ASSIGNED FOR BOARD CONSIDERATION: June 10, 2025

Informational Item:

- This informational item provides a high-level overview of the activities and initiatives undertaken as part of the Employee Wellness Program during the 2024-2025 school year. The UISD Employee Wellness Program strives to foster a culture of health and wellness for ALL employees. The program focused on promoting holistic well-being among district employees through various categories, including but not limited to physical and mental health. The goal of the program is for employees to embrace, engage, and be empowered to take an active role in their health and wellness.
- The Employee Wellness Team (coordinator, consultant, account manager, and committee) utilizes the summer months for comprehensive program planning for the upcoming school year.