

SCHOOL HEALTH ADVISORY COUNCIL

Aledo ISD
2013-2014

PURPOSE OF THE SHAC

- From TEC 28.004[a]:

The purpose of the School Health Advisory Council (SHAC) is, “...to assist the District in ensuring that local community values are reflected in the District’s health education instruction.”



SHAC MEMBERSHIP

This year the SHAC consisted of 34 members:

- 14 parents
- 11 teachers
- 6 district-wide representatives
- 2 students
- 1 community representative



MEETING DATES

5 SHAC meetings were held this year:

- October 1
- November 5
- January 13
- March 31
- May 5



HIGHLIGHTS FROM SHAC - 2013-2014

Reviewed and amended bylaws:

- To state that Daniel 9th Grade Campus shall have one parent rep (as McAnally was listed)
- To state that SHAC members may serve two year terms rather than will serve two year terms



HIGHLIGHTS FROM SHAC - 2013-2014

Established a subcommittee on *Physical Activity & Fitness* (required from House Bill 1018 from last legislative session):

- Subcommittee met 3 times
- Reviewed and discussed current assessment data regarding physical activity (FitnessGram)
- Planned to compare to new FitnessGram data from 13-14 school year to data from prior years and future years
- Work will continue into next year



HIGHLIGHTS FROM SHAC - 2013-2014

Recommended LifeLines Suicide Prevention program:

- Chosen from several options
- Approved by Board of Trustees on February 17
- Will be implemented in high school credit health courses beginning in 2014-2015 school year



HIGHLIGHTS FROM SHAC - 2013-2014

Recommended Second Step empathy-building curriculum:

- Approved by Board of Trustees on February 17
- Will be implemented at McAnally Intermediate beginning in 2014-2015 school year



HIGHLIGHTS FROM SHAC - 2013-2014

Reviewed updates from Child Nutrition Program:

- USDE standards
- Changes to menu, primarily breakfast menu
- Health inspection requirements



HIGHLIGHTS FROM SHAC - 2013-2014

Brief training and updates from Parker County Child Protective Services Board:

- Awareness of function and efforts of CPS
- Received notice that April is National Child Abuse Prevention Month
- Approved distribution of Child Abuse Prevention materials to campuses during month of April



HIGHLIGHTS FROM SHAC - 2013-2014

Reviewed and discussed changes to graduation requirements, based on House Bill 5:

- Agreed to the belief that keeping Health as a required course for high school graduation was important



HIGHLIGHTS FROM SHAC - 2013-2014

Reviewed and discussed the Shattered Dreams program and the benefits of it:

- Program goals, activities
- Cost vs. benefit
- Measuring success – both short term and long term



HIGHLIGHTS FROM SHAC - 2013-2014

Reviewed Sex Education parent notification letter:

- Made subtle changes to format, none to content
- Approved for use with Scott & White “Worth the Wait” program again in 2014-2015

