

## SHAC Annual Report to the Board of Trustees

March 27, 2013

### **SHAC:**

- Required of each school district by law
- Majority of members must be parents not employed by the school district
- Chair or Co-Chair must be a parent (Kathy Hinsley – Chairperson)
- Must be comprised of at least 5 members
- Must meet at least 4 times annually
- Must report to the board of trustees at least once annually
- Members make recommendations to educational leaders and the board regarding the eight components of a coordinated school health program:
  - Health instruction
  - Healthy school environment
  - Health services
  - Physical education
  - School counseling
  - Food services
  - School site health promotion for faculty and staff
  - Parental involvement

### **2013-2014 Accomplishments:**

- Updated District Wellness Plan as required by policy FFA (local).
- Promoted the following health initiatives: Health Matters – Complete Blood Analysis, Flu Immunizations, Scan Specialists, Blood Drive, Breast Cancer Awareness Month Activities, Red Ribbon Week, Child Lures – Sexual Abuse victim awareness program, Bullying programs, Abstinence Program – Living Choices (extended to 8<sup>th</sup>), HS health classes learning CPR, Dating Violence Program.
- Implementation of Safety Audit as per School Health Index “School Health and Safety Policies and Environment”.